



HLTH 112
Holistic Health & Healing
Spring 2012

COURSE OUTLINE

The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/hlth.html#HLTH112>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

(a) Instructor	Tina Dunkley
(b) Office hours	_____
(c) Location	Paul 227
(d) Phone	250-370-3486 Alternative: _____
(e) E-mail	Dunkley@camosun.ca

2. Course Description

This course is an introduction to the philosophy and practices of holistic health and healing. This knowledge can be used as an adjunct to professional practice and as a basis for self-care. This course is theoretical and experientially based. It does not prepare participants to practice as holistic health practitioners.

3. Intended Learning Outcomes

Students will learn about the philosophy and beliefs about health and healing that form the basis of a holistic health perspective. This knowledge will increase their understanding of the underlying principles of selected holistic health practices. Following this course, students will be able to use these practices in promoting and maintaining their own health and well-being. It does not prepare students to practice as holistic health practitioners.

4. Required Materials

Texts:

Fontaine, K. L. (2011). Healing practices: Alternative therapies for nursing. Upper Saddle River, N.J.: Prentice Hall.

Selected readings

- Audio-visual resources
- Internet resources
- Guest speakers
- Community resources

5. Course Content and Schedule

Course content will be organized around the following concepts:

1. Health as wholeness
2. Traditional healing Systems
3. Holistic Health and Healing Practices
4. Self-care

6. Basis of Student Assessment (Weighting)

- (a) Research paper 45%
- (b) Healing Modalities summary 40%
- (c) Learning Summary 15%

7. Grading System

(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)

(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)

- Standard Grading System (GPA)
- Competency Based Grading System

8. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.
<http://www.camosun.bc.ca/policies/policies.html>

A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.