

**CAMOSUN COLLEGE** 



School of Health and Human Services (HHS) Department: Continuing Care

> HCA 150 Healing 1 Fall 2020

# **COURSE OUTLINE**

#### The course description is available on the web: http://camosun.ca/learn/calendar/current/web/hca.html#hca150

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <a href="http://camosun.ca/covid19/faq/covid-faqs-students.html">http://camosun.ca/covid19/faq/covid-faqs-students.html</a>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

 $\Omega$  Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

### 1. Instructor Information

- (a) Instructor Christine Westland
- (b) Office hours To be communicated through D2L. Please e-mail to set up appointments as required.
- (c) Location Virtual. BB Collaborate
- (d) Phone Click or tap here to enter text. Alternative Click or tap here to enter text.
- (e) E-mail WestlandC@camosun.bc.ca
- (f) Website www.camosun.ca

### 2. Course Description & Intended Learning Outcomes

This course introduces students to the normal structure and function of the human body and normal bodily changes associated with aging. Students will explore common challenges to health and healing in relation to each system, person-centered practice as it relates to the common challenges to health and, in particular, the end-of-life care.

Upon completion of the course students will be able to:

a) display an understanding of the structure and function of the human body and normal changes associated with

- b) aging.
- c) display a sound understanding of common challenges to health and healing.
- d) discuss nutrition as it relates to healing.
- e) describe ways to organize, administer and evaluate person-centred care and service for clients/ residents
- f) experiencing common health challenges.
- g) demonstrate an understanding of the components of person-centered end-of-life care for clients/ residents and families.

### 3. Required Materials

 Mosby's Canadian Textbook for the Support Worker, 4<sup>th</sup> Canadian Edition (2018) by Sorrentino, Remmert & Wilk. Elsevier

### 4. Course Content and Schedule

### Please see Semester Calendar for specific dates

Unit 1 – Impact of Common Challenges on Health, Healing and the Individual

- Unit 2 Loss and Aging
- Unit 3 Medical Terminology/Reporting and Recording
- Unit 4 Introduction to the Human Body
- Unit 5 Integumentary System
- Unit 6 Skeletal System
- Unit 7 Muscular System
- Unit 8 Sensory System: Eyes and Ears
- Unit 9 Pain
- Unit 10 Nutrition and Healing
- Unit 11 Urinary System
- Unit 12 Digestive System
- Unit 13 Circulation and Blood Vessels
- Unit 14 Cardiovascular System
- Unit 15 Respiratory System
- Unit 16 Central Nervous System
- Unit 17 Peripheral and Autonomic Nervous System
- Unit 18 Developmental Health Challenges
- Unit 19 Endocrine System
- Unit 20 Lymphatic and Immune Systems
- Unit 21 Multi-System Cancer and AIDS
- Unit 22 Loss and Dying & End of Life Care
- Unit 23 Reproductive System

### 5. Basis of Student Assessment (Weighting)

### **Evaluation Criteria:**

| Assignment/Percentage  | Details  |
|--|--|
| Exam 1<br>25%  | Will include all content from Units 1-9  |
| Exam 2<br>25%  | Will include all content from Units 10-15  |
| Exam 3<br>25%  | Will include all content from Units 16-23  |
| Written Care Planning<br>Assignment<br>20%                               | You will create detailed written plans of care for four assigned case studies based on the specific disease-related needs.   |
| Developmental Health<br>Challenge Individual<br>Written Assignment<br>5% | Individual written assignment where you will be assigned six specific<br>chronic, developmental disabilities or health challenges to explore their<br>cause, type of impairments, specific care challenges & care measures plus<br>local community resources |

### Students must achieve a minimum of 70% to pass HCA 150 Healing 1: Caring for Individuals **Experiencing Common Health Challenges**

### WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list.

Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.

### 6. Grading System



Standard Grading System (GPA)

**Competency Based Grading System** 

### 7. Recommended Materials to Assist Students to Succeed Throughout the Course

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### 8. College Supports, Services and Policies

### Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts: <u>http://camosun.ca/about/mental-health/emergency.html</u> or <u>http://camosun.ca/services/sexual-violence/get-support.html#urgent</u>

#### **College Services**

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <a href="http://camosun.ca/services/">http://camosun.ca/services/</a>

#### **College Policies**

Policies are available on the College website at http://camosun.ca/about/policies/

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, <u>Academic Progress</u>, <u>Admission</u>, <u>Course Withdrawals</u>, <u>Student Appeals</u>, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

#### Student Conduct Policy

There is a <u>Student Conduct Policy</u>. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

### A. GRADING SYSTEMS

http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2

The following two grading systems are used at Camosun College:

| Percentage | Grade | Description                             | Grade Point<br>Equivalency |
|------------|-------|---|----------------------------|
| 90-100     | A+    |   | 9                          |
| 85-89      | А     |   | 8                          |
| 80-84      | A-    |   | 7                          |
| 77-79      | B+    |   | 6                          |
| 73-76      | В     |   | 5                          |
| 70-72      | B-    | Minimum grade required for this course. | 4                          |
| 65-69      | C+    |   | 3                          |
| 60-64      | С     |   | 2                          |
| 50-59      | D     |   | 1                          |
| 0-49       | F     |   | 0                          |

#### 1. Standard Grading System (GPA)

#### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

| Grade | Description  |
|-------|--|
| СОМ   | The student has met the goals, criteria, or competencies established for this course practicum or field placement. |

| DST | The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement. |
|-----|---|
| NC  | The student has not met the goals, criteria or competencies established for this course, practicum or field placement.  |

## **B.** Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <a href="http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf">http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf</a> for information on conversion to final grades, and for additional information on student record and transcript notations.

| Temporary<br>Grade | Description  |
|--------------------|--|
| I                  | <i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.   |
| IP                 | <i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.   |
| CW                 | <i>Compulsory Withdrawal</i> : A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement. |

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