



# CAMOSUN COLLEGE

School of Health and Human Services (HHS)

Department: Continuing Care



[Camosun.ca/hhs-handbook](http://camosun.ca/hhs-handbook)

HCA 150 Healing 1

Winter 2020

## COURSE OUTLINE

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The course description is available on the web:  
<http://camosun.ca/learn/calendar/current/web/hca.html#hca150>

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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### 1. Instructor Information

- (a) **Instructor** Julia Liska
- (b) **Office hours** 1/2 Hour before and after class and by appointment
- (c) **Location** 347
- (d) **Phone** 250-370-4753
- (e) **E-mail** [liskaj@camosun.bc.ca](mailto:liskaj@camosun.bc.ca)
- (f) **Website** [www.camosun.ca](http://www.camosun.ca)

### 2. Course Description & Intended Learning Outcomes

This course introduces students to the normal structure and function of the human body and normal bodily changes associated with aging. Students will explore common challenges to health and healing in relation to each system, person-centered practice as it relates to the common challenges to health and, in particular, the end-of-life care.

Upon completion of the course students will be able to:

- a) display an understanding of the structure and function of the human body and normal changes associated with
- b) aging.
- c) display a sound understanding of common challenges to health and healing.
- d) discuss nutrition as it relates to healing.
- e) describe ways to organize, administer and evaluate person-centred care and service for clients/ residents
- f) experiencing common health challenges.
- g) demonstrate an understanding of the components of person-centered end-of-life care for clients/ residents and families.

### 3. Required Materials

- **Mosby's Canadian Textbook for the Support Worker, 4<sup>th</sup> Canadian Edition**

(2018) by Sorrentino, Remmert & Wilk. Elsevier

#### **4. Course Content and Schedule**

*Please see Semester Calendar for specific dates*

Unit 1 – Impact of Common Challenges on Health, Healing and the Individual

Unit 2 – Loss and Aging

Unit 3 – Medical Terminology/Reporting and Recording

Unit 4 – Introduction to the Human Body

Unit 5 – Integumentary System

Unit 6 – Skeletal System

Unit 7 – Muscular System

Unit 8 – Sensory System: Eyes and Ears

Unit 9 – Pain

Unit 10 – Nutrition and Healing

Unit 11 – Urinary System

Unit 12 – Digestive System

Unit 13 – Circulation and Blood Vessels

Unit 14 – Cardiovascular System

Unit 15 – Respiratory System

Unit 16 – Central Nervous System

Unit 17 – Peripheral and Autonomic Nervous System

Unit 18 – Developmental Health Challenges

Unit 19 – Endocrine System

Unit 20 – Lymphatic and Immune Systems

Unit 21 – Multi-System – Cancer and AIDS

Unit 22 – Loss and Dying & End of Life Care

Unit 23 – Reproductive System

## 5. Basis of Student Assessment (Weighting)

### Evaluation Criteria:

Assignment/Percentage	Details
<b>Exam 1</b> 25%	Will include all content from Units 1-9
<b>Exam 2</b> 25%	Will include all content from Units 10-15
<b>Exam 3</b> 25%	Will include all content from Units 16-23
<b>Written Care Planning Assignment</b> 20%	You will create a detailed written plan of care for one the assigned case study based on the specific disease-related needs.
<b>Developmental Health Challenge Group Assignment</b> 5%	Group activity where you will be assigned one specific chronic, developmental disability or health challenge

**Students must achieve a minimum of 70% to pass HCA 150 Healing 1: Caring for Individuals Experiencing Common Health Challenges**

## 6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

## 7. Recommended Materials to Assist Students to Succeed Throughout the Course

## 8. College Supports, Services and Policies

### Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or  
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

### College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services/>

### College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

### Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

## A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2>

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
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COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal</i> : A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

### WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list.

Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.