

	<p style="text-align: center;"><b>School of Health &amp; Human Services</b></p> <p style="text-align: center;"><b>Continuing Care Department</b> Health Care Assistant Program</p> <p style="text-align: center;">Fall 2018</p> <p style="text-align: center;"><b>HCA 154 Healing 2: Caring for Individuals Experiencing Cognitive or Mental Challenges (60 hours)</b></p>
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### COURSE OUTLINE

Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

**Course Description:**

This course assists students to explore concepts and caregiving approaches that will allow them to work effectively with individuals experiencing cognitive or mental challenges. The emphasis is on supporting clients with dementia, recognizing behaviours and identifying person-centered intervention strategies.

**Pre-requisites:** Admission to the Health Care Assistant Program

**Co-requisites:** Enrollment in the Health Care Assistant Program

**Instructor Information:**

(a)	<b>Instructor:</b>	Heather Frame
(b)	<b>Office Hours:</b>	Mon, Tues & Thurs 1130 – 1230 & 2:20 – 3:30 Wed 2:20 – 3:30 Fri 12:00 – 3:30 + by appointment
(c)	<b>Location:</b>	WT 208
(d)	<b>Phone:</b>	250 – 370 – 3238
(e)	<b>Email:</b>	FrameH@camosun.bc.ca

**Intended Learning Outcomes:**

Upon successful completion of this course, the learner will:

1. Describe ways to organize, administer and evaluate person-centred care and assistance for clients/residents experiencing cognitive health challenges (dementia).
2. Describe ways to organize, administer and evaluate person-centred care and assistance for clients/residents experiencing mental health challenges (other than dementia).
3. Demonstrate an understanding of effective approaches to disruptive or abusive behaviours.

**Required Materials:**

- **Mosby's Canadian Textbook for the Support Worker**, 4<sup>th</sup> Canadian Edition (2018) by Sorrentino, Remmert & Wilk. Elsevier

**Course Content and Schedule:**

*Please see Semester Calendar for specific dates*

Unit 1 – Cognitive Challenges in Older Adulthood

Unit 2 – Role Play/Approaches to Care

Unit 3 – Violence Prevention/Self Defence

Unit 4 – Abuse

Unit 5 – Family Caregiver Support

Unit 6 – Mental Health Challenges

**Evaluation Criteria:**

<b>Assignment/Percentage</b>	<b>Details</b>
<b>Exam 1 25%</b>	Will include all content from Unit 1
<b>Exam 2 10%</b>	Will include all content from Units 2-5
<b>Exam 3 20%</b>	Will include all content from Unit 6
<b>Assignment 1 – Speaking to Clients with Dementia 10%</b>	You will have the opportunity to apply principles and practices learned in this course to modify or adapt your communications with clients who are challenged with dementia
<b>Assignment 2 – Role Play Scenario 5%</b>	Group activity where you will role play a scenario your group creates around a client experiencing dementia.
<b>Assignment 3 – Behavioural Case Studies 12%</b>	Using three case studies identify problem behaviours that are being exhibited. Using Maslow’s Hierarchy of needs identify two basic needs that the client is unable to meet.
<b>Assignment 4 – In-Class Exam – Approaches to Care 10%</b>	Individual written assignment focusing on effective approaches to disruptive or abusive behaviours, administering person centred care utilising the applications of DIPPS and/or Maslow’s Hierarchy.
<b>Assignment 5 – Common Mental Health Challenge Assignment 8%</b>	In small groups research a common mental health challenge.

**Students must achieve a minimum of 70% to pass HCA 154 Healing 2: Caring for Individuals Experiencing Cognitive or Mental Challenges**

## Grading System

Additional information regarding grading policies at Camosun College can be found at <http://www.camosun.bc.ca/policies/policies.php>

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

### **TEST AND EXAMINATION PROCEDURES**

There are policies regarding written test and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Manual for Test and Examination Procedures at <http://camosun.ca/learn/school/health-human-services/student-info/index.html>

### **WRITTEN ASSIGNMENTS**

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list.

Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.