

## School of Health & Human Services

## **Continuing Care Department**

Health Care Assistant Program

Fall 2018

HCA 150 Healing 1: Caring for Individuals Experiencing Common Health Challenges (115 hours)

### **COURSE OUTLINE**

Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

# **Course Description:**

This course introduces students to the normal structure and function of the human body and normal bodily changes associated with aging. Students will explore common challenges to health and healing in relation to each body system. Students will also be encouraged to explore person-centered practice as it relates to the common challenges to health and, in particular, to end-of-life care.

**Pre-requisites:** Admission to the Health Care Assistant Program

**Co-requisites:** Enrollment in the Health Care Assistant Program

### **Instructor Information:**

(a)	Instructor:	Heather Frame
(b)	Office Hours:	Mon, Tues & Thurs 1130 – 1230 & 2:20 – 3:30 Wed 2:20 – 3:30 Fri 12:00 – 3:30 + by appointment
(c)	Location:	WT 208
(d)	Phone:	250 – 370 - 3238
(e)	Email:	FrameH@camosun.bc.ca

## **Intended Learning Outcomes:**

Upon successful completion of this course, the learner will:

- 1. Display an understanding of the structure and function of the human body and normal changes associated with aging.
- 2. Display a sound understanding of common challenges to health and healing.
- 3. Discuss nutrition as it relates to healing.
- 4. Describe ways to organize, administer and evaluate person-centered care and service for clients/residents experiencing common health challenges.
- 5. Demonstrate an understanding of the components of person-centered end-of-life care for clients/residents and families

# **Required Materials:**

 Mosby's Canadian Textbook for the Support Worker, 4<sup>th</sup> Canadian Edition (2018) by Sorrentino, Remmert & Wilk. Elsevier

### **Course Content and Schedule:**

Please see Semester Calendar for specific dates

Unit 1 – Impact of Common Challenges on Health, Healing and the Individual

Unit 2 – Loss and Aging

Unit 3 – Medical Terminology/Reporting and Recording

Unit 4 – Introduction to the Human Body

Unit 5 – Integumentary System

Unit 6 – Skeletal System

Unit 7 – Muscular System

Unit 8 – Sensory System: Eyes and Ears

Unit 9 – Pain

Unit 10 - Nutrition and Healing

Unit 11 – Urinary System

Unit 12 – Digestive System

Unit 13 – Circulation and Blood Vessels

Unit 14 – Cardiovascular System

Unit 15 – Respiratory System

Unit 16 – Central Nervous System

Unit 17 – Peripheral and Autonomic Nervous System

Unit 18 – Developmental Health Challenges

Unit 19 – Endocrine System

Unit 20 – Lymphatic and Immune Systems

Unit 21 – Multi-System – Cancer and AIDS

Unit 22 – Loss and Dying & End of Life Care

Unit 23 – Reproductive System

# **Evaluation Criteria:**

Assignment/Percentage	Details	
Exam 1 25%	Will include all content from Units 1-9	
Exam 2 25%	Will include all content from Units 10-15	
Exam 3 25%	Will include all content from Units 16-23	
Written Care Planning Assignment 20%	You will create a detailed written plan of care for one the assigned case study based on the specific disease-related needs.	
Developmental Health Challenge Group Assignment 5%	Group activity where you will be assigned one specific chronic, developmental disability or health challenge	

Students must achieve a minimum of 70% to pass HCA 150 Healing 1: Caring for Individuals Experiencing Common Health Challenges

### **Grading System**

Additional information regarding grading policies at Camosun College can be found at <a href="http://www.camosun.bc.ca/policies/policies.php">http://www.camosun.bc.ca/policies/policies.php</a>

## **Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

# **LEARNING SUPPORT AND SERVICES FOR STUDENTS**

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at

http://www.camosun.bc.ca

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

http://camosun.ca/about/policies/education-academic/e-2-studentservices-and-support/e-2.5.pdf

### **TEST AND EXAMINATION PROCEDURES**

There are policies regarding written test and examination procedures including late arrivals and missed tests.

Please see the Health and Human Services Student Manual for Test and Examination Procedures at <a href="http://camosun.ca/learn/school/health-human-services/student-info/index.html">http://camosun.ca/learn/school/health-human-services/student-info/index.html</a>

### **WRITTEN ASSIGNMENTS**

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times

New Roman font, with a title page and a reference list.

Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.