

HEALTH CARE ASSISTANT PROGRAM
COURSE CONTENT

HCA 110: CONCEPTS FOR PRACTICE

COURSE DESCRIPTION

This course provides students with the opportunity to develop a theoretical framework for practice. Students will be introduced to the philosophical values and theoretical understandings that provide a foundation for competent practice as a HCA. The course focuses on concepts of caring and person-centred care; basic human needs and human development; family, culture and diversity as they relate to health and healing. Students will also be introduced to a problem-solving model that will be critical to their practice.

COURSE HOURS: 70

LEARNING OUTCOMES

1. Display an understanding of person-centred care that recognizes and respects the uniqueness of each individual:
2. Discuss basic human needs and common characteristics of human development as these concepts relate to person-centred care:
3. Use an informed problem-solving approach to provide care and service:
4. Contribute to the safety and protection of self and others within a variety of work environments:
5. Display an understanding of the role of family, culture, diversity and life experience in aging, health and healing:

COURSE CONTENT

Characteristics of Caring and person-centred practice
Basic Human Needs
Human Development
Family in Health and Healing
Multiculturalism and Diversity
Reporting and Recording
Critical Thinking and Problem-Solving
Protection and Safety in Health and Healing
Incident Reporting and Debriefing
Occupational Health and Safety

EVALUATION STRATEGIES

1. Quiz #1 (30%)

This quiz will focus on content from Unit 1: *Characteristics of Caring and Person-Centred Practice*; and Unit 2: *Basic Human Needs*; and Unit 3: *Human Development*; and Unit 4: *Family in Health and Healing*. Quiz questions may include a variety of different formats such as case studies, short answer, true/false, matching and / or multiple choice. You will have one hour to complete the quiz.

2. Quiz #2 (35%)

This quiz will focus on content from Unit 6: *Reporting & Recording*; Unit 7: *Critical Thinking and Problem-Solving*; Unit 8: *Protection and Safety*; Unit 9: *Incident/Debrief*; and Unit 10: *Occupational Health & Safety*. Quiz questions may include a variety of different formats such as case studies, short answer, true/false, matching and /or multiple choice. You will have one hour to complete the quiz.

3. Family and Cultural Assignment (10%)

In this assignment, you will research a cultural group and identify 5 factors that influence caring behaviour and individualized care. You will identify how respect is shown within that culture, how health care decisions are made in the family, what special/unique rituals occur when providing personal care, nutrition, religious practices and belief systems regarding illness and death.

4. Case Study/Care Planning Assignment (10%)

In an in class assignment your groups will create a virtual person (resident/client and family). This person will have 5 different medical concerns/issues. Your group will develop a written scenario that will provide sufficient information to develop a care plan for this virtual person.

5. Problem-Solving In-Class Project (Open Book) (15%)

You will be given a complex scenario and asked to answer questions that involve using the problem-solving process in a work-related situation. You must identify the main problems in the scenario and explain how you could improve and maintain safety for the client.

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| <p>NOTE: As with all courses in the Health Care Assistant program, you are required to achieve a minimum grade of 70% (B-) in HCA 110 Health and Healing: Concepts for Practice in order to successfully pass the course.</p> |
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