



CAMOSUN COLLEGE
School of Health & Human Services
Community, Family & Child Studies Department
Early Learning & Care Program
ELC 150 - Health and Wellness for ELC

Fall 2018

COURSE OUTLINE

The calendar description is available on the web:
<http://camosun.ca/learn/calendar/current/web/elc.html#ELC150>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

Course Description

Students will explore the role of the educator in creating healthy, sustainable programs and community. The vital connection between learning, holistic health and the environment is emphasized. Cultural, social and familial expectations related to health, safety, nutrition and wellness are discussed within the context of self, the child care setting, and the community. Indigenous world views and approaches are included as well as the impact of on-going colonization and the skills of reconciliation.

1. Instructor Information

(a) Instructor	Stephanie Hayes
(b) Office hours	By appointment
(c) Location	WT 220
(d) Phone	250 370 3237
(e) E-mail	hayess@camosun.bc.ca
(f) Website	N/A

2. Intended Learning Outcomes

Upon completion of this course, students will be able to:

- a) explain diverse attitudes, knowledge and cultural approaches related to holistic health and wellness.
- b) describe the role and responsibility of the educator in supporting and creating, with family, healthy environments for children.
- c) apply indigenous principles of holistic health and environmental sustainability and the impact of ongoing colonization, including the skills of reconciliation to personal and professional practice.
- d) create strength-based and meaningful policy and procedures that are respectful of the diversity of children and families.

3. Required Materials

Healthy Foundations in Early Childhood Settings, 5th Edition. Barbara Pimento and Deborah Kernersted, 2015, Nelson.

4. Course Content and Schedule

Weekly course content and a detailed schedule will be handed out in class.

5. Basis of Student Assessment (Weighting)

Personal Wellness Plan -Part A (10%) and Part B (20%)	30%
Meal Planning Assignment	25%
Policy and Procedures Assignment	25%
Respectful Presence and Participation	<u>20%</u>
Total:	100%

A detailed description of assignments and the due dates will be handed out and discussed in class.

Assignment Policy

- Please submit your assignments on the due date.
- Submission of assignments after their due date will result in a loss of 3% of the assignment marks per day
- **Extensions:** A request for an extension for any assignment is granted at the instructor's discretion. To request an extension for an assignment, please contact me **at least 24 hours prior** to the due date, and provide an explanation/rationale for requesting an extension. If granted, a revised due date will be negotiated.
- You will need to complete all assignments to be eligible for a final grade for the semester.
- Assignments will not be accepted after the last day of class at the end of term unless an extension has been granted prior to the due date.
- Last day to withdraw from courses without a failing grade is **November 7th**. If you withdraw by the posted withdrawal date, you will not be penalized. Withdrawal or incompleteness of work after the posted withdrawal date will result in an 'F' grade being assigned.

NOTE: It is the responsibility of the student to understand the purpose of the assignments before submitting by the due date. Should students receive a mark of less than 50% on an assignment, they may request to rewrite and resubmit the assignment. Permission to resubmit an assignment is at the discretion of the instructor, rewritten assignments can receive a maximum grade of C+ (65%).

NOTE: Students must complete all assignments to be eligible for a grade.

ELC Program requires a C+ (65%) in all courses.

Attendance

Due to the short and intense nature of the ELC program, classes are planned as a continuum for building the skill and knowledge required. Classroom experiences and participation are a major part of that competency development; therefore, **consistent attendance is expected.**

Students are required to contact the instructor in advance if they are unable to attend class. Students who miss class are responsible for the material and assignments covered in class. Repeated absence from class can affect a final grade.

6. Grading System

- X Standard Grading System (GPA)
Competency Based Grading System

GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://www.camosun.bc.ca/policies/policies.html>