



CAMOSUN COLLEGE
School of Health and Human Services
Community, Family and Child Studies

ELC 150
Health, Safety and Nutrition
Fall 2016

COURSE OUTLINE

This course examines the health, safety and nutritional needs of children. Emphasis is placed on the role and responsibilities of the educator in establishing and maintaining safe, nurturing environments for children in cooperation with families. Students learn how to develop health, safety and nutrition curriculum.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

(a) Instructor	Jeanne Puritch		
(b) Office hours	Mondays 2:00 – 3:00 pm or by appointment		
(c) Location	Wilna Thomas 111b		
(d) Phone	250-370-3100	Alternative:	Provided as necessary
(e) E-mail	PuritchJ@camosun.ca		
(f) Class Hours	Thursdays 2:30 – 5:20 pm in Paul 111		

2. Intended Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. Explain diverse attitudes, knowledge and cultural variations related to health, safety and nutrition.
 - Explore personal attitudes, knowledge and cultural variations in regards to regulated standards.
2. Identify the role of the practitioner in maintaining healthy and safe environments.
 - Provide examples of communicating health, safety and nutritional information with respect to the primary role of the family.
3. Apply principles of health and wellness promotion to personal and professional practice, through policies, procedures and curriculum.

3. Required Materials

- (a) Healthy Foundation in Early Childhood Settings, 5th Edition. Barbara Pimento and Deborah Kernested, 2015, Nelson.
 - ELC 150 Course Pack, 2016.
 - Links, video clips and on-line articles may be listed on D2L as augmented resources for this course.

4. Course Content:

Learning experiences and resources:

- Lectures and classroom discussions
- Small group activities and presentations
- Workshops and speakers
- Readings
- Videos

5. Basis of Student Assessment (Weighting)

(a) Assignments		
o Personal Wellness Project: Part A: Plan 5 %; Part B: Report (20%)		25%
o Children's Health Curriculum Plan		25%
o Policies and Procedures Report		15%
(b) Quiz		20%
(c) Participation		<u>15%</u>
Total		100%

A detailed explanation of assignments, due dates and percentage value of your final grade will be handed out and discussed in class.

Assignment Expectations:

- All assignments are to be submitted electronically as a Word Document file via D2L "dropbox" in designated folder unless otherwise specified.
- File name should include your name (first initial last name).
- Follow APA writing guidelines for all written work. This includes formatting, spelling, grammar, in-text citations, references and clear and concise writing of the topic.
- Note: it is the responsibility of each student to save a copy of all assignments until a grade is received.

Late Policy for Assignments

All assignments are to be submitted on their due date:

- Electronic submissions are to be submitted to D2L before midnight on the designated due date
- Projects that are required to be submitted in hard copy, are to be handed in to the instructor at the beginning of the class the designated due date (students' arriving to class once the class has started are asked to refrain from handing in their assignment until the end of class (a late penalty may apply).
- In-Class Assignments, Workshops and Presentations are to be completed in the classroom on the designated due date. Students missing In-Class Assignments that are worth marks will receive a 'zero' grade for that workshop/assignment. Should the absence be the result of illness or family emergency, it is the responsibility of the student to connect with the instructor and arrange for a make-up assignment in a timely manner.
- Assignments submitted after the due date (not negotiated with the instructor) will lose **3% of the grade per day**.
- **Note:** Flexibility and compassion is given to students experiencing illness, needing extra support, or facing challenges outside of the classroom. Students may negotiate an extension with the instructor prior to the due date. Please contact the instructor **outside of class time** via email or through a meeting/appointment. This should be arranged prior to the due date. Extensions are granted at the discretion of the instructor.

NOTE: Students must complete and submit all assignments to be eligible for a passing grade. Students who officially withdraw by the posted withdrawal date will receive a WD on their transcript without effect on their GPA. Withdrawal or incompletion of work after the posted withdrawal date will result in an "F" grade.

This course must be passed with a minimum 'C+' (65%) average to continue in the ELC Program in the next semester.

Attendance

Due to the short and intense nature of the ELC program, classes are planned as a continuum for building the skills and knowledge required. Classroom experiences and participation are a major part of that competency development; therefore, consistent attendance is expected. Students are required to contact the instructor in advance if they are unable to attend class. Students who miss class are responsible for the material and assignments covered in class. Repeated absence from class can affect a final grade.

6. Grading System

The following two grading systems are used at Camosun College:

- Standard Grading System (GPA)
- Competency Based Grading System

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.
<http://www.camosun.bc.ca/policies/policies.html>

The Department of Community, Family & Child Studies is committed to promoting competence, professionalism and integrity in our students and developing their core skills to succeed throughout their academic programs and in their careers. The purpose of Academic Honesty Guidelines is to provide clear expectations of appropriate academic conduct and to establish processes for discipline in appropriate circumstances. It is the student's responsibility to become familiar with the content and the consequences of academic dishonesty. Before you begin your assignments, review the Academic Policies on the Camosun College website: <http://camosun.ca/learn/becoming/policies.html>