



CAMOSUN COLLEGE
School of Health and Human Services
Department of Community, Family & Child Studies

ELC 150
Health, Safety and Nutrition
Fall 2016

COURSE OUTLINE

This course examines the health, safety and nutritional needs of children. Emphasis is placed on the role and responsibilities of the educator in establishing and maintaining safe, nurturing environments for children in cooperation with families. Students learn how to develop health, safety and nutrition curriculum.

* *Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

1. Instructor Information

Instructor:	Anastasia Butcher
Office Location:	WT 218 (Lansdowne campus)
Office Hours:	By appointment (please email to arrange a meeting)
Phone:	250-370-3315
Email:	butchera@camosun.ca

2. Intended Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. Explain diverse attitudes, knowledge and cultural variations related to health, safety and nutrition.
 - Explore personal attitudes, knowledge and cultural variations in regards to regulated standards.
2. Identify the role of the practitioner in maintaining healthy and safe environments
 - Provide examples of communicating health, safety and nutritional information with respect to the primary role of the family.
3. Apply principles of health and wellness promotion to personal and professional practice.

3. Required Materials

Healthy Foundations in Early Childhood Settings, 5th Edition. Barbara Pimento and Deborah Kernested, 2015, Nelson.

4. Course Content

- weekly online modules/exercises with some audio/video
- readings from text
- online individual, small group and class activities

1. Basis of Student Assessment (Weighting)

1. Personal Wellness Plan (10%) and Report (20%)	30%
2. Meal Planning Assignment	25%
3. Policies and Procedures Assignment	25%
4. Participation & Summary	<u>20%</u>
Total:	100%

Assignment Overview Handout will be posted on D2L with a detailed explanation of assignments, due dates and marking criteria

ASSIGNMENT POLICY

- Please submit written assignments in the Course D2L 'Dropbox' on the due date.
- Submission of assignments after their due date will result in a loss of 3% of the assignment marks per day
- **Extensions:** A request for an extension for any assignment is granted at the instructor's discretion. To request an extension for an assignment, please contact me **at least 24 hours prior** to the due date, and provide an explanation/rationale for requesting an extension. If granted, a revised due date will be negotiated.
- You will need to complete all assignments to be eligible for a final grade for the semester.
- Assignments will not be accepted after the last day of class at the end of term unless an extension has been granted prior to the due date. Assignments not received in the dropbox by this time will receive a zero.
- Last day to withdraw from courses without a failing grade is **November 8th**. If you withdraw by the posted withdrawal date, you will not be penalized. Withdrawal or incompleteness of work after the posted withdrawal date will result in an 'F' grade being assigned.

NOTE: *It is the responsibility of the student to understand the purpose of the assignments before submitting by the due date. Should students receive a mark of less than 50% on an assignment, they may request to rewrite and resubmit the assignment. Permission to resubmit an assignment is at the discretion of the instructor, rewritten assignments can receive a maximum grade of C+ (65%).*

PARTICIPATION

Active engagement with course materials and participation with peers supports your learning and is a major part of competency development in ELC. Professional responsibility and accountability are demonstrated by:

- Participating thoughtfully and positively with peers in discussions creating a respectful and encouraging learning environment, and contributing to the learning of fellow students.
- Upholding a standard of confidentiality and trust, just as in a college classroom on campus, *i.e.* being mindful to withhold identifying names when sharing real-life stories involving children, families, co-workers, *etc.*
- Completing all module activities and readings, and contributing to discussions within posted timelines. **Remember to inform group members and instructor of absences.*

Grading System

The following two grading systems are used at Camosun College:

Standard Grading System (GPA)

Competency Based Grading System

A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.
<http://www.camosun.bc.ca/policies/policies.html>