



ELC 150
Health, Safety and Nutrition
Fall 2012

COURSE OUTLINE

Description This course examines the health, safety and nutritional needs of children within their families and communities. Emphasis is placed on the role and responsibilities of the educator in establishing and maintaining safe, nurturing environments for children in cooperation with families. Students learn how to create effective health, safety and nutrition curriculum policies.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

(a) Instructor	Enid Elliot
(b) Office hours	Monday 3-5; Tuesday 4:30-5:30 or by arrangement
(c) Location	WT 218
(d) Phone	250-370-3216 Alternative: 250-386-9326
(e) E-mail	elliote@camosun.ca

2. Intended Learning Outcomes

- 1. Explain diverse attitudes, knowledge and cultural variations related to health, safety and nutrition.**
Explore personal attitudes, knowledge and cultural variations in regards to regulated standards.
- 2. Identify the role of the practitioner in maintaining healthy and safe environments.**
Provide examples of communicating health, safety and nutritional information with respect to the primary role of the family.
- 3. Apply principles of health and wellness promotion to personal and professional practice, through policies, procedures and curriculum.**

3. Required Materials

- (a) Texts;
Healthy Foundations In Early Childhood Settings, 4th edition. Barbara Pimento and Deborah Kernested, 2010, Nelson.

4. Course Content and Schedule

LEARNING EXPERIENCES/RESOURCES

- Lectures and classroom discussions
- Small group activities and presentations
- Workshops and speakers
- Readings
- Videos

5. Basis of Student Assessment (Weighting)

(a) Assignments, Quizzes, Exams

* Reading—leading discussions and weekly reactions	20%
* Personal wellness plan and feedback	25%
* Books and activities for wellness	15%
* Policies and procedures assignment	25%
* Participation	<u>15%</u>
	100%

A detailed explanation of assignments, due dates and percentage value of your final grade will be handed out and discussed in class.

NOTE: All assignments are **due at the beginning of the class on the dates** specified **unless arrangements are made with the instructor at least 24 hours in advance.** Late assignments may result in a loss of marks at the discretion of the instructor.

Students who are absent for a class quiz must make arrangements with the instructor for a make-up quiz within **1 week** of missing the test. Failure to make up the missed quiz or assignment results in a '0' mark.

ATTENDANCE

Due to the short and intense nature of the ELC program, classes are planned as a continuum for building the skill and knowledge required. Classroom experiences and participation are a major part of that competency development; therefore, consistent attendance is expected. Students are required to contact the instructor in advance if they are unable to attend class. Students who miss class are responsible for the material and assignments covered in class. Repeated absence from class can affect a final grade.

More than three missed classes could result in an F grade. Students who miss three classes will be required to meet with the classroom instructor.

EVALUATION

NOTE: *Students must complete all assignments to be eligible for a grade. Students who withdraw by the posted withdrawal date will be not penalized.*

Withdrawal or incompleting of work after the posted withdrawal date will result in an "F" grade being assigned.

This course must be passed with a 'C+' (65%) average to continue in the ELC Program.

6. Grading System

(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)

(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)

Standard Grading System (GPA)

Competency Based Grading System

GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://www.camosun.bc.ca/policies/policies.html>

The Department of Community, Family & Child Studies is committed to promoting competence, professionalism and integrity in our students and developing their core skills to succeed throughout their academic programs and in their careers. The purpose of Academic Honesty Guidelines is to provide clear expectations of appropriate academic conduct and to establish processes for discipline in appropriate circumstances. It is the student's responsibility to become familiar with the content and the consequences of academic dishonesty. Before you begin your assignments, review the Academic Policies on the Camosun College website: <http://camosun.ca/learn/becoming/policies.html>

ACADEMIC INTEGRITY

The School of HHS is committed to competence, professionalism and integrity in our students and developing their core skills to succeed throughout their academic programs and in their careers. The purpose of these guidelines is to provide clear expectations of appropriate academic conduct and to establish processes for discipline in appropriate circumstances. It is the student's responsibility to become familiar with the content and the consequences of academic dishonesty.

Camosun College's Plagiarism: Definition and Consequences Policy (E-2.5.1)

<http://camosun.ca/about/policies/education-academic/e-2-student-services-&-support/e-2.5.1.pdf>