

## ELC 150: HEALTH, SAFETY AND NUTRITION

<b>INSTRUCTOR:</b>	Toni Hoyland
<b>PHONE &amp; email:</b>	250-370-3237, hoylandt@camosun.bc.ca
<b>OFFICE HOURS:</b>	T: 11:30 – 12:30; W: 12:30 – 1:30; Th: 11:30 – 12:30; or by appointment
<b>CLASS TIME:</b>	Monday – 1:30 – 4:20
<b>CLASS ROOM:</b>	Paul 111
<b>REQUIRED TEXTS:</b>	<u>Healthy Foundations In Early Childhood Settings</u> , 4 <sup>th</sup> edition. Barbara Pimento and Deborah Kernested, 2010, Nelson.  Course Pack for ELC 150

---

### COURSE DESCRIPTION

This course examines the health, safety and nutritional needs of children. Emphasis is placed on the role and responsibilities of the educator in establishing and maintaining safe, nurturing environments for children in cooperation with families. Students learn how to create health, safety and nutrition curriculum policies.

### LEARNING OUTCOMES

- 1. Explain diverse attitudes, knowledge and cultural variations related to health, safety and nutrition.**  
Explore personal attitudes, knowledge and cultural variations in regards to regulated standards.
- 2. Identify the role of the practitioner in maintaining healthy and safe environments.**  
Provide examples of communicating health, safety and nutritional information with respect to the primary role of the family.
- 3. Apply principles of health and wellness promotion to personal and professional practice, through policies, procedures and curriculum.**

### LEARNING EXPERIENCES/RESOURCES

- Lectures and classroom discussions
- Small group activities and presentations
- Workshops and speakers
- Readings
- videos

**ASSIGNMENTS/ASSESSMENT**

* Two quizzes	20%
* Personal wellness plan	20%
* Children’s health curriculum plan	20%
* Policies and procedures assignment	20%
* Meal Planning for Child Care	<u>20%</u>
	100%

A detailed explanation of assignments, due dates and percentage value of your final grade will be handed out and discussed in class.

**NOTE:** All assignments are **due at the beginning of the class on the dates** specified **unless arrangements are made with the instructor at least 24 hours in advance.** Late assignments may result in a loss of marks at the discretion of the instructor.

Students who are absent for a class quiz must make arrangements with the instructor for a make-up quiz within **1 week** of missing the test. Failure to make up the missed quiz or assignment results in a ‘0’ mark.

**ATTENDANCE**

Due to the short and intense nature of the ELC program, classes are planned as a continuum for building the skill and knowledge required. Classroom experiences and participation are a major part of that competency development; therefore, consistent attendance is expected. Students are required to contact the instructor in advance if they are unable to attend class. Students who miss class are responsible for the material and assignments covered in class. Repeated absence from class can affect a final grade.

More than three missed classes could result in an F grade. Students who miss three classes will be required to meet with the classroom instructor.

**EVALUATION**

A+	90 - 100%	B+	77 - 79%	C+	65 - 69%	D	50 - 59%
A	85 - 89%	B	73 - 76%	C	60 - 64%	F	0 - 49%
A-	80 - 84%	B-	70 - 72%				

**NOTE:** *Students must complete all assignments to be eligible for a grade. Students who withdraw by the posted withdrawal date will be not penalized.*

***Withdrawal or incompleteness of work after the posted withdrawal date will result in an “F” grade being assigned.***

***This course must be passed with a ‘C+’ (65%) average to continue in the ELC Program.***

**LEARNING SUPPORTS & SERVICES FOR STUDENTS**

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

**STUDENT CONDUCT POLICY**

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section. <http://www.camosun.bc.ca/policies/E-2.5.pdf>

**ACADEMIC INTEGRITY**

The School of HHS is committed to competence, professionalism and integrity in our students and developing their core skills to succeed throughout their academic programs and in their careers. The purpose of these guidelines is to provide clear expectations of appropriate academic conduct and to establish processes for discipline in appropriate circumstances. It is the student's responsibility to become familiar with the content and the consequences of academic dishonesty.

Camosun College's Plagiarism: Definition and Consequences Policy (E-2.5.1)

<http://camosun.ca/about/policies/education-academic/e-2-student-services-&-support/e-2.5.1.pdf>