

CAMOSUN COLLEGE
School of Health and Human Services
Department of Community, Family & Child Studies
Early Learning and Care Program
ELC 150 - HEALTH, SAFETY AND NUTRITION
On-Line - FALL 2011

INSTRUCTOR: Jeanne Puritch

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OFFICE & HOURS: By appointment

CLASS TIME

& LOCATION: Online, D2L, www.camosun.ca

REQUIRED TEXTS: Healthy Foundations in Early Childhood Settings, 4th edition.
Barbara Pimento and Deborah Kernsted, (2010), Nelson.

COURSE DESCRIPTION:

This course examines the health, safety and nutritional needs of children. Emphasis is placed on the role and responsibilities of the educator in establishing and maintaining safe, nurturing environments for children in cooperation with families. Students learn how to create health, safety and nutrition curriculum and policies.

Learning Outcomes:

- 1. Explain diverse attitudes, knowledge and cultural variations related to health, safety and nutrition.**
Explore personal attitudes, knowledge and cultural variations in regards to regulated standards
- 2. Identify the role of the practitioner in maintaining healthy and safe environments.**
Provide examples of communicating health, safety and nutritional information with respect to the primary role of the family
- 3. Apply principles of health and wellness promotion to personal and professional practice.**

Learning Experiences:

- weekly on-line modules/exercises with some audio/video
- readings from text
- on-line small group and class activities
- links to websites

Assessment:

1. Personal Wellness Plan (5%) and Report (15%)	20%
2. Meal Plan Assignment	25%
3. Policy Assignment	20%
4. Children's Health Curriculum	20%
5. Participation & Summary	<u>15%</u>
Total:	100%

See Assignment Handout for a detailed explanation of assignments, due dates, and marking criteria.

ASSIGNMENT POLICY

1. Written assignments are expected in the Course D2L 'Dropbox' on the due date before midnight.
2. See handout of writing tips and "APA style" for referencing and formatting expectations.
3. To request an extension for an assignment, contact the instructor at least 24 hours ahead of the due date, and
 - Provide an explanation/rationale for requesting an extension
 - Negotiate a revised due date.
4. Request for an extension granted at the instructor's discretion.
5. Submission after the due date will result in a loss of 3% of the assignment marks per day. Assignments will not be accepted after the last day of class at the end of term. Assignments not received in the dropbox by this time will receive a zero.
6. Students must complete work in all areas to be eligible for a final grade for the semester (*all assignments must be completed and submitted to the dropbox in order to receive a final grade*).

NOTE: *It is the responsibility of the student to understand the purpose of the assignments before submitting by the due date. Rewrites are at the discretion of the instructor, and only failed assignments may be re-submitted for a passing mark.*

Academic Integrity

The School of HHS is committed to competence, professionalism and integrity in our students and developing their core skills to succeed throughout their academic programs and in their careers. The purpose of these guidelines is to provide clear expectations of appropriate academic conduct and to establish processes for discipline in appropriate circumstances. It is the student's responsibility to become familiar with the content and the consequences of academic dishonesty.

Camosun College's Plagiarism: Definition and Consequences Policy (E-2.5.1)

<http://camosun.ca/about/policies/education-academic/e-2-student-services-&-support/e-2.5.1.pdf>

PARTICIPATION:

Active engagement with course materials and participation with peers supports your learning and is a major part of competency development in ELC. Professional responsibility and accountability are demonstrated by:

- ✓ Participating thoughtfully and positively with peers in discussions creating a respectful and encouraging learning environment, and contributing to the learning of fellow students.
- ✓ Upholding a standard of confidentiality and trust, just as in a college classroom - being mindful to withhold identifying names when sharing real-life stories involving children, families, co-workers, etc, other than your own.
- ✓ Completing all module activities and readings, and contributing to discussions within posted timelines - Remember to inform group members and instructor of absences (illness, vacation, etc).

EVALUATION:

A+	90-100%	B-	70-72%
A	85-89%	C+	65-69%
A-	80-84%	C	60-64%
B+	77-79%	D	50-59%
B	73-76%	F	0-49%

NOTE: *Students must complete work in all areas to be eligible for a grade. Students who officially withdraw with Student Services by the posted academic withdrawal date will receive a WD in the course and will not jeopardize their Grade Point Average (GPA).*

Last day to withdraw without academic penalty: November 8th, 2011.

**Withdrawal or incompleteness of work after the posted withdrawal date will result in an "F" grade being assigned and going on your official transcript.*

This course must be passed with a C+ (65%) average or higher to receive credit for and continue in the ELC Diploma Program.