# Camosun.ca/hhs-handboo

#### **CAMOSUN COLLEGE**



#### School of Health and Human Services (HHS)

Department: Community, Family & Child Studies Education Assistant and Community Support

#### CSEA/EACS 120 Health and Wellness Fall 2020

#### **COURSE OUTLINE**

The course description is available on the web: http://camosun.ca/learn/calendar/current/web/csea.html#csea120

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <a href="http://camosun.ca/covid19/faq/covid-fags-students.html">http://camosun.ca/covid19/faq/covid-fags-students.html</a>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

 $\Omega$  Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

#### 1. Instructor Information

(a) Instructor Bridget Stirling(b) Office hours By appointment(c) Location By appointment

(d) Phone 7786789406 Alternative

(e) E-mail stirlingb@camosun.bc.ca

#### 2. Course Description & Intended Learning Outcomes

Students will develop the foundational skills and knowledge needed to support the health and wellness of people with disabilities and themselves. Students learn through theory and practice to provide safe, effective, and respectful personal assistance including lifts and transfers, personal hygiene, nutrition, bathing, and positioning.

Upon successful completion of this course, you will be able to:

- a. provide safe, effective, and respectful person-directed care with children, youth, and adults with disabilities
- b. use appropriate resources and strategies to support the health and wellness of children, youth, and adults with disabilities, as well as yourself
- provide personal supports that meet the needs of individuals with specific health conditions
- d. describe the process of aging and the effect of aging on health and wellness

#### 3. Required Materials

#### Textbooks/Resources:

- Sorrentino, Sheila, et al, <u>Mosby's Canadian Textbook for the Support Worker</u>, (4th Cdn. Ed.) Published by Elsevier Canada, Toronto, ON, 2018
- CSEA/EACS 120 Seizure Management Self Learning Module (on D2L)
- Access to a computer is required to submit assignments, and important to further your acquisition of knowledge and resources.

#### 4. Course Content and Schedule

- a. The schedule is subject to change based on availability of learning resources and class pace of learning.
- b. Additional readings/resources will be provided intermittently throughout the course through D2L. All readings, videos, and assigned learning activities must be completed <u>before</u> classes and labs.

Week	Dates	Topics/Readings
1	September 9	Role of the Support Worker (Chapter 1)
		Orientation
2	September 16 & 19	Infection control
3	September 18 & 20	Infection control
4	September 23	Infection control COVID-19
5	October 7	Vital signs
6	October 14	Basic and oral hygiene
7	October 21 & 24	Urinary and bowel elimination
8	October 28	Oral medications and suppositories
		Body mechanics
9	November 4 and 7	Nutrition
		Body mechanics
10	November 11 and	Remembrance day
	14	
11	November 18	Through the lifespan
		Specific chronic diseases
		Skin care
12	November 25	Review
13	November 27 & 29	• Exam
		-classwork and open lab practice
14	December 2 and 5	Make-up checks
		Skills Videos

#### **Class Times and Locations**

Wednesdays online

Select Saturdays CHW 446/447

#### 5. Basis of Student Assessment (Weighting)

#### **Assignments and Evaluation of Learning**

•	Safety and Infection Control	25%
•	Final Exam	35%
•	Lab Skills or skills videos practice	10%
•	Quizzes and in-class work	30%
•	Skills assessment	Pass/Fail

- a. All assignments are to be submitted to D2L as Word documents.
- b. Late assignments will lose 5% of the total possible grade per day, unless otherwise pre-arranged in writing with instructor.
- c. All coursework must be completed to fulfill the requirements of this course.
- d. The passing grade for CSEA/EACS 120 is 60% or "C".

## In an attempt to help students who are unable to come to lab for any reason, we will accept either an observed skill in the lab as evidence of skill practice, or a video demonstrating the skill.

• Each skill is graded using a letter grade, there are 25 skills for a possible total of 1% of your total grade.

#### **Lab Skills Assessment**

In addition to practicing the skill, students will be assessed for their ability to complete a scenario, using the skills in a safe and caring way

Students will be evaluated on the following:

Application of theory to practice
Medical asepsis/standard and special precautions
Body mechanics
Safety of the client
Adheres to principles of DIPPS
Communicates clearly
Organization and efficiency

The skills assessment is pass or fail

#### **Final Exam**

35% of your final grade will be determined by a final written exam. Content will include coursework from both classroom and lab experiences. The format of the exam will be a combination of short answer and case study questions.

#### 6. Grading System

X	Standard Grading System (GPA)
П	Competency Based Grading System

### 7. Recommended Materials to Assist Students to Succeed Throughout the Course

A medical dictionary of your choice may be helpful and is optional.

#### 8. College Supports, Services and Policies

#### Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts: <a href="http://camosun.ca/about/mental-health/emergency.html">http://camosun.ca/about/mental-health/emergency.html</a> or <a href="http://camosun.ca/services/sexual-violence/get-support.html#urgent">http://camosun.ca/services/sexual-violence/get-support.html#urgent</a>

#### **College Services**

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <a href="http://camosun.ca/services/">http://camosun.ca/services/</a>

#### **College Policies**

Policies are available on the College website at <a href="http://camosun.ca/about/policies/">http://camosun.ca/about/policies/</a>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, <u>Academic Progress</u>, <u>Admission</u>, <u>Course Withdrawals</u>, <u>Student Appeals</u>, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

#### **Student Conduct Policy**

There is a <u>Student Conduct Policy</u>. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

#### **GRADING SYSTEMS**

http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2

The following two grading systems are used at Camosun College:

#### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

#### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description	
СОМ	The student has met the goals, criteria, or competencies established for this course practicum or field placement.	
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.	
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.	

#### **Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <a href="http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4">http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4</a> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	In progress: A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.