

### **CAMOSUN COLLEGE**



School of Health and Human Services (HHS)

Department: Community, Family & Child Studies

# CFCS 121 Lifespan Development 2 Winter 2019

### COURSE OUTLINE

The course description is available on the web: http://camosun.ca/learn/calendar/current/web/cfcs.html#cfcs121

 $\Omega$  Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

### 1. Instructor Information

(a) Instructor Michelle Jaworsky

**(b) Office hours** Mondays 3:30-4:30 or by appointment

(c) Location WT 221

(d) Phone 250-370-3314 Alternative: Click or tap here to enter text.

(e) E-mail jaworskym@camosun.bc.ca(f) Website Click or tap here to enter text.

## 2. Course Description & Intended Learning Outcomes

Building on knowledge from Lifespan Development 1, this course takes the student beyond the developmental experience of childhood to explore theories and perspectives from adolescence to late adulthood. Using a life course perspective, students will continue to examine how relationships, common life transitions and cultural- historical factors influence the evolution of individual lives. Students will explore variations within multiple domains of development as a foundation for practice.

Upon successful completion of this course a student will be able to:

- a) demonstrate an understanding of the major developmental phases from adolescence to late adulthood, through the lens of developmental domains.
- b) describe the reciprocal nature of ecological systems and their impact on youth and adult development
- c) describe variations in development within and among youth and adults.
- d) analyze changing perspectives in human development.

### 3. Required Materials

Bee H., Boyd. D., & Johnson P. (2018). *Lifespan development: Sixth Edition*. Don Mills: Pearson Canada.

# 4. Course Content and Schedule

The following schedule is subject to change depending upon availability of resources and class needs:

DATE	TOPIC	PREPARATION
Jan 7 <sup>th</sup>	Introduction	
Jan 14 <sup>th</sup>	Adolescence: Physical & Cognitive Read Chapter 11	
Jan 21 <sup>st</sup>	Adolescence: Social & Personality	Read Chapter 12
Jan 28 <sup>th</sup>	Sharing the Learning: Adolescence	Adolescent Systems Profile <b>Due Jan 27</b> <sup>th*</sup>
Feb 4 <sup>th</sup>	Early Adulthood: Physical & Cognitive	Read Chapter 13
Feb 11 <sup>th</sup>	Early Adulthood: Social & Personality	Read Chapter 14
Feb 18 <sup>th</sup>	Sharing the Learning: Early Adulthood READING BREAK: NO CLASSES	Early Adulthood Systems Profile <b>Due</b> Feb 17 <sup>th</sup> *
Feb 25 <sup>th</sup>	Middle Adulthood: Physical & Cognitive	Read Chapter 15
Mar 4 <sup>th</sup>	Middle Adulthood: Social & Personality	Read Chapter 16
Mar 11 <sup>th</sup>	Sharing the Learning: Middle Adulthood	Middle Adulthood Systems Profile <b>Due</b> Mar 10 <sup>th</sup> *
Mar 18 <sup>th</sup>	Late Adulthood: Physical & Cognitive	Read Chapter 17
Mar 25 <sup>th</sup>	Late Adulthood: Social & Personality	Read Chapter 18
Apr 1 <sup>st</sup>	Sharing the Learning: Late Adulthood	Late Adulthood Systems Profile <b>Due</b> Mar 31 <sup>st*</sup>
Apr 8 <sup>th</sup>	Death & Dying	Read Chapter 19

<sup>\*</sup>Assignments are to be submitted electronically by midnight on designated due dates.

# 5. Basis of Student Assessment (Weighting)

ASSIGNMENTS	Value
Adolescent Systems Profile*	22%
Early Adult Systems Profile*	22%
Middle Adult Systems Profile*	22%
Late Adult Systems Profile*	22%
In-Class & Pre-Class Activities	12%

<sup>\*</sup>All systems profiles must be submitted before the last day of class in order to pass the course. Marks will be deducted (3% per day) for late assignments if prior arrangements have not been made with the instructor. Any requests for an extension must be negotiated with the instructor BEFORE the due date.

### **Systems Profiles**

Value: 22% each x 4

Length: Approximately 1400 – 1700 words each

Life cycle issues are best understood in terms of how they happen in people's lives – your own and others. You will be creating an overview of systems involved at various stages of development. Using personal knowledge (either from your own life story or from someone you know), you will be applying the information presented in the text and in class to specific real-life examples. Review each chapter to consider developmental milestones and the impact of different systems on development. You will be writing four papers, one for each of the following life stages:

- Adolescence (approximately age 13 19)
   Based on chapters 11 & 12; Erikson's Identity versus Role Confusion
- Early Adulthood (approximately age 20 39)
   Based on chapters 13 & 14; Erikson's Intimacy versus Isolation
- Middle Adulthood (approximately age 40 64)
   Based on chapters 15 & 16; Erikson's Generativity versus Stagnation
- 4. Late Adulthood (approximately age 65 Death)
  Based on chapters 17 & 18; Erikson's Integrity versus Despair

Each of the four assignments should be approximately 1400 - 1700 words, in APA formatting, and structured to cover the following points. Please include a title page and reference page, and use headings to help structure your paper:

- 1. Give a brief introduction to your paper (approximately 50 100 words).
- 2. Provide a summary of key points from the reading. Possible questions to answer: What stands out for you as most significant from these two chapters? Why are these points noteworthy? How is this life stage the same or different than the one before it? Do you have any critical analysis of these chapters?
- 3. Please refer to Bronfenbrenner's theory and choose a person that you know who from this life stage (approximately 700 800 words).
  - a. Individual Context: Describe this person's general biological/ physical/ cognitive/ temperamental qualities at this stage. In what way do you think these factors influenced this person's experience during this phase? How does this fit with developmental theory from our text?
  - b. **Micro/mesosystem:** Describe the people that had the most influence on this person during this phase. Why and how were they influential? How do you think this individual had an impact on the people around them? How does this fit with developmental theory from our text?
  - c. **Exosystem:** Describe the kinds of structural factors that had an influence on this person during this phase. What sorts of organizations/ services/ institutions/community structures/ programs/ policies/ laws etc. influenced this person? How and why were they significant? How did societal structures help to support this person? How did societal structures neglect to support this person? Did this person impact their environment at all?
  - d. Macrosystem: Describe the broader cultural and societal norms, values and beliefs that were an influence on this person's life and development during this time (could be dominant and/or sub-cultural expectations). In what way were these significant? How did societal beliefs/values/norms help to enhance the quality of life for this person? How did it detract from the quality of life?
  - e. **Chronosystem:** Describe any family, environmental, generational or historically significant events that occurred at some point in this person's life and may have had an ongoing impact on them during these years.
  - 4. Summarize this paper and reflect on your overall learning about development from doing this assignment (approximately 100 150 words).

### Pre- and In-Class Activities

This is an interactive course that uses a variety of teaching/learning strategies, lectures, discussion, and co-operative learning. Classes are planned as a continuum for building the skill and knowledge required to meet the competencies for CFCS Graduates. Please arrive at class on time and be prepared to participate in discussions and activities. Evaluation for pre- and in-class activities includes:

- Pre-class preparation, including reading assignment materials
- Arriving at class on time, and consistent attendance
- Constructive and appropriate comments in class
- Participation in in-class assignments and exercises
- Active and appropriate participation in class discussions and group work
- Active and respectful listening
- Respectful and considerate behavior toward others

Students are required to contact the instructor in advance if they are unable to attend classes. If you are not able to attend class, note that you can complete a makeup to demonstrate the learning outcomes associated with the content missed.

### **Makeup Assignment for Missed Classes:**

You can choose to do this assignment if you want to avoid missing in-class activity marks. You need to have a minimum five-minute discussion (in person or on the phone) with at least two students in your class to learn their perspective of the important aspects of the session missed. Ensure you identify which students you have spoken to by using their name in your write up. Complete and submit a 500 word write up which talks about the key elements that were missed in the class, along with your own reflections on the subject.

To count towards your pre- and in-class assignment mark all missed class assignments must be submitted by midnight the day before the following class after the absence. Please submit electronically in the designated Dropbox folder on D2L.

# 6. Grading System

X	Standard Grading System (GPA)
	Competency Based Grading System

# 7. Recommended Materials to Assist Students to Succeed Throughout the Course

Click or tap here to enter text.

### 8. College Supports, Services and Policies

#### Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts: <a href="http://camosun.ca/about/mental-health/emergency.html">http://camosun.ca/about/mental-health/emergency.html</a> or <a href="http://camosun.ca/services/sexual-violence/get-support.html#urgent">http://camosun.ca/services/sexual-violence/get-support.html#urgent</a>

#### **College Services**

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and

writing centre. For more information on each of these services, visit Student Services at <a href="http://camosun.ca/services/">http://camosun.ca/services/</a>

### **College Policies**

Policies are available on the College website at http://camosun.ca/about/policies/

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, <u>Academic Progress</u>, <u>Admission</u>, <u>Course Withdrawals</u>, <u>Student Appeals</u>, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

### **Student Conduct Policy**

There is a <u>Student Conduct Policy</u>. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

### A. GRADING SYSTEMS

http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
СОМ	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

# **B.** Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <a href="http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4">http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4</a> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	In progress: A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.