

COURSE SYLLABUS



COURSE TITLE: PSYC-164: Behavior Management

CLASS SECTION: D03

TERM: Winter, 2023

COURSE CREDITS: 3

DELIVERY METHOD(S): Fully online

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Katrina Ivanov

EMAIL: ivanovk@camosun.bc.ca

OFFICE: Paul 233

HOURS: Mondays (in Paul 233) 11:30 AM – 1:30 PM; Tuesdays – Thursdays (online) 6:00 PM – 7:00 PM (or by appointment)

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bed-wetting, tantrums, noncompliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

PREREQUISITE(S):

One of:

- C in English 12
- C in Camosun Alternative

CO-REQUISITE(S):

See Pre-requisites

EXCLUSION(S):

Not Applicable

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Textbook (recommended, not required) : : Behaviour Modification: Principles and Procedures by Raymond G. Miltenberger (2016) 6th edition (Cengage). ISBN: 9781305109391



All other material is provided online

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

| WEEK or DATE RANGE | ACTIVITY or TOPIC | OTHER NOTES |
|--------------------|---|--|
| 1 | <ul style="list-style-type: none">• Module 1: Introduction to Behaviour and Applied Behaviour Analysis• Resilience• Procrastination• Student Conduct and Integrity | <ul style="list-style-type: none">• Submit Introduction Discussion (due by January 13th, 11:59 PM in Discussions)• Submit Procrastination, Resilience and Student Conduct Discussion (due Jan. 29th by 11:59 PM in discussion) |

| WEEK or DATE RANGE | ACTIVITY or TOPIC | OTHER NOTES |
|--------------------|--|--|
| 2 | <ul style="list-style-type: none"> Module 2: Observing, Recording and Graphing Behaviour | <ul style="list-style-type: none"> Assignment 1 (due Jan. 29th by 11:59 PM in drop-box) |
| 3 | <ul style="list-style-type: none"> Module 3: Developing a Functional Assessment | <ul style="list-style-type: none"> Assignment 2 (due Jan. 29th by 11:59 PM in drop-box) |
| 4 | <ul style="list-style-type: none"> Module 4: Positive Reinforcement, Escape, Avoidance and Sick Social Cycle | |
| 5 | <ul style="list-style-type: none"> Module 5: Punishment, Extinction and Differential Reinforcement | <ul style="list-style-type: none"> Assignment 3 (due Feb. 28th by 11:59 PM in drop-box) |
| 6 | <ul style="list-style-type: none"> Module 6: Stimulus Control, Prompting and Fading | <ul style="list-style-type: none"> Assignment 4 ((due Feb. 28th by 11:59 PM in drop-box) |
| 7 | <ul style="list-style-type: none"> Module 7: Shaping, Bio-behaviourism and Problem-solving | <ul style="list-style-type: none"> Assignment 5 (due Feb. 28th by 11:59 PM in drop-box) |
| 8 | <ul style="list-style-type: none"> Module 8: Antecedent Control Procedures and Procrastination | <ul style="list-style-type: none"> Assignment 6 (due Feb. 28th by 11:59 PM in drop-box) |
| 9 | <ul style="list-style-type: none"> Module 9: Respondent Conditioning and Fear and Anxiety Reduction Procedures | <ul style="list-style-type: none"> Assignment 7 (Due Mar. 29th by 11:59 PM in drop-box) |
| 10 | <ul style="list-style-type: none"> Module 10: Self-Management, Habit Reversals, Behavioural Contracts | |
| 11 | <ul style="list-style-type: none"> Module 11: Cognitive Behaviour Therapy, Acceptance and Commitment Therapy and Mindfulness | <ul style="list-style-type: none"> Independent Assignment (Due Mar. 29th by 11:59 PM in drop-box) |
| 12 | <ul style="list-style-type: none"> Module 12: Addictions | <ul style="list-style-type: none"> Assignment 8 (Due Apr. 8th by 11:59 PM in drop-box) |
| 13 | Special Interest Topics: Depression, Anxiety, Bipolar Disorder, Anger and De-escalation, Relationships, Gaming, Ecotherapy, PTSD and psychedelic therapy | <ul style="list-style-type: none"> Special Interest Topic 1 in Discussions (Due Apr. 12th by 11:59 PM in drop-box) |
| 14 | Cont'd | <ul style="list-style-type: none"> Special Interest Topic 2 in Discussions (Due Apr. 12th by 11:59 PM in drop-box) |

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

| DESCRIPTION | WEIGHTING |
|---|-----------|
| Discussion Post about Procrastination, Resilience and Academic Integrity – details online | 2% |
| Assignments: There will be 8 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour to complete. Worth 10% Each | 80% |
| Independent Assignment: This will ask you to analyze your own behaviour, goals and plans through the lens of Acceptance and Commitment Therapy. Details will be provided online. Worth 15% of your final grade | 13% |
| Special Interest Topics: The last section will contain special interest articles on a number of subjects, ranging in topic from mental health to relationships, to sleep issues. You'll be asked to read any two of these that you find personally interesting and to contribute some observations and questions that came up for you while you were reading, as well as information on one additional research source that covers this topic. These will be submitted to an online group discussion. Each of these contributions will be worth 2.5%, for a total of 5% from special interest discussions. More information on the format of these contributions will be found in the discussion forum called "Discussion 2 and 3" | 5% |
| TOTAL | 100% |

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

Please see the **Welcome Letter** for information about guidelines and expectations.

SCHOOL OR DEPARTMENTAL INFORMATION

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College

property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

| | |
|-------------------------------------|---|
| Academic Advising | http://camosun.ca/advising |
| Accessible Learning | http://camosun.ca/accessible-learning |
| Counselling | http://camosun.ca/counselling |
| Career Services | http://camosun.ca/coop |
| Financial Aid and Awards | http://camosun.ca/financialaid |
| Help Centres (Math/English/Science) | http://camosun.ca/help-centres |
| Indigenous Student Support | http://camosun.ca/indigenous |
| International Student Support | http://camosun.ca/international/ |
| Learning Skills | http://camosun.ca/learningskills |
| Library | http://camosun.ca/services/library/ |
| Office of Student Support | http://camosun.ca/oss |
| Ombudsperson | http://camosun.ca/ombuds |
| Registration | http://camosun.ca/registration |
| Technology Support | http://camosun.ca/its |
| Writing Centre | http://camosun.ca/writing-centre |

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the

appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the

"Attendance" section under "Registration Policies and Procedures"

(<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The

Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.