COURSE SYLLABUS

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun’s [Territorial Acknowledgement](http://camosun.ca/about/indigenization/acknowledgement/index.html).

COURSE TITLE: PSYC-154: Interpersonal Skills

CLASS SECTION: RH08 – Reynolds Secondary School

TERM: Fall 2022

COURSE CREDITS: 3

DELIVERY METHOD(S): Face-to-face lecture with supplemental materials on D2L

Monday, Wednesday, and some Fridays 8:40-9:55am

For COVID-19 information please visit https://legacy.camosun.ca/covid19/index.html

*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

# INSTRUCTOR DETAILS

NAME: Dr. Maxine Crawford

EMAIL: crawfordm@camosun.ca

PHONE: (778) 678-6520

HOURS: Available before and after class and by appointment.

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

# CALENDAR DESCRIPTION

This course uses an experiential approach to develop self-awareness and increased understanding of others. Both communication theory and practical skills will be covered while working towards the goal of achieving successful and creative interpersonal relationships.

PREREQUISITE(S):

One of:
• C in English 12
• C in Camosun Alternative

CO-REQUISITE(S):

See Pre-requisites

EXCLUSION(S):

Not Applicable

# COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

1. Identify key concepts describing interpersonal communication.
2. Describe basic principles and theories of communication.
3. Analyze personal life events using course vocabulary, concepts and theory.
4. Demonstrate active listening in sample interviews and observations.
5. Work collaboratively through the application of active listening skills and conflict resolution skills.
6. Describe, evaluate and demonstrate the components of empathy.
7. Differentiate between a person’s (self or other) thoughts, feelings, and behaviours.

# REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Adler, R. B., Rosenfeld, L. B., Proctor II, R. F., and Winder, C. (2016). *Interplay: The Process of Interpersonal Communication* (4th Canadian ed.).

There is a 5th edition (2020) e-book that can be purchased through the Camosun bookstore.

Supplemental information will be posted on D2L.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

| WEEK | READINGS | TOPIC | DELIVERABLES |
| --- | --- | --- | --- |
| September 5th  | Chapter 1 | Course introduction & D2L login |  |
| September 12th | Chapter 1 | Interpersonal Process  |  |
| September 19th  | Chapter 2 | Communication and the Self  |  |
| September 26th  | Chapter 3 | Perceiving Others  | Assignment #1 |
| October 3rd  | Chapter 4 | Emotions  |  |
| October 10th  | Chapter 5 | Listening  | **Exam #1** |
| October 17th  | Chapter 5 | Listening |  |
| October 24th  | Chapter 6 | Language | Assignment #2 |
| October 31st  | Chapter 7 | Non-Verbal Communication | **Exam #2** |
| November 7th  | Chapter 8 | Interpersonal Relationships |  |
| November 14th  | Chapter 9 | Communication Climate |  |
| November 21st | Chapter 9 | Communication Climate |  |
| November 28th  | Chapter 10 | Managing Conflict | Assignment #3 |
| December 6th  | Chapter 10 | Managing Conflict | **Exam #3** |

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

# EVALUATION OF LEARNING

| DESCRIPTION | WEIGHTING |
| --- | --- |
| Participation:Class attendance and active participation is expected.  | 5% |
| Assignments:Three assignments that require you to critically apply concepts from the textbook and lectures. The first two assignments are worth 13% each, and the third assignment is worth 15%.  | 41% |
| Exams:Three exams that cover all lecture materials, textbook, and assigned readings and videos. Each exam is worth 18%.  | 54% |
| TOTAL | 100% |

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| --- |
| If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> |

# COURSE GUIDELINES & EXPECTATIONS

The Course Schedule above lists the specific dates for when assignments and exams are due. There are no make-up assignments or exams for this course. Assignments will be accepted for up to one week past the due date and will receive a 5% deduction for each day late. Missed exams will result in a zero for the exam. Exceptions may be granted at the discretion of the instructor for demonstrated cases of hardship or extenuating circumstances.

Important Dates:
Drop date with 80% tuition refund is September 12th, 2022.

Drop date without academic penalty is December 10th, 2022.

# STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

# SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

|  |  |
| --- | --- |
| Academic Advising | <http://camosun.ca/advising> |
| Accessible Learning | <http://camosun.ca/accessible-learning> |
| Counselling | <http://camosun.ca/counselling> |
| Career Services | <http://camosun.ca/coop> |
| Financial Aid and Awards | <http://camosun.ca/financialaid> |
| Help Centres (Math/English/Science) | <http://camosun.ca/help-centres> |
| Indigenous Student Support | <http://camosun.ca/indigenous> |
| International Student Support | <http://camosun.ca/international/> |
| Learning Skills | <http://camosun.ca/learningskills> |
| Library | <http://camosun.ca/services/library/> |
| Office of Student Support | <http://camosun.ca/oss> |
| Ombudsperson | <http://camosun.ca/ombuds> |
| Registration | <http://camosun.ca/registration> |
| Technology Support | <http://camosun.ca/its> |
| Writing Centre | <http://camosun.ca/writing-centre> |

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

# COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/services/accessible-learning/contact-us.html) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students’ academic progress and what steps can be taken if a student is at risk of not meeting the College’s academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

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| **Changes to this syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes. |