

# CAMOSUN COLLEGE School of Arts & Science Department of Psychology

PSYC-171-D03 Human Development: Lifespan Winter 2021

## **COURSE OUTLINE**

The course description is available on the web @ http://camosun.ca/learn/calendar/current/web/psyc.html

 $\Omega$  Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

#### 1. Instructor Information

| Instructor   | Arloene Burak, M.Sc.         |
|--------------|------------------------------|
| Time         | Monday 8:30 – 9:50           |
| Location     | Online                       |
| Office Hours | By appointment (Collaborate) |
| Email        | BurakA@camosun.bc.ca         |

## 2. Intended Learning Outcomes

Upon completion of this course a student will be able to:

- 1. Summarize the main theories relating to the study of lifespan development.
- 2. Describe the physical, cognitive and social changes that occur across the lifespan.
- 3. Explain the impact of culture and diversity on development across the lifespan.
- 4. Apply developmental theory and research techniques to an individual case study of human development.

## 3. Required Materials

| Text  | Santrock, J.W., Mondloch, C.J., & Mackenzie-Thompson, A. (2020).  Essentials of Life-Span Development (First Canadian Edition). McGraw |
|-------|--|
|       | Hill.  |
| Other | This course is supported by D2L.   |

## **Course Description and Objectives**

This course provides an examination of foundational theory on lifespan development from conception to late adulthood. Students will become familiar with the major theoretical approaches and findings from research to the study of physical, cognitive, and social development. The format of the course will consist of online lectures and discussions.

#### **Course Website**

The Psyc 171 Website will be accessible through the Camosun d2l system. This site includes an online copy of the course outline, lecture notes, assignments, and other course information (<a href="http://online.camosun.ca/">http://online.camosun.ca/</a>)

# 4. Course Content and Schedule

# Psychology 171 - Winter 2021 Course Schedule

| Week of              | Lecture Topics                       | Quiz & Assignment Due Dates (10 pm)                           |  |
|----------------------|--------------------------------------|---|--|
| Jan 11 <sup>th</sup> | Introduction                         |   |  |
|                      | Reading: Chapter 1                   |   |  |
| Jan 18 <sup>th</sup> | Biological Beginnings                | <b>Quiz #1</b> (Ch 1 & 2) due: January 24 <sup>th</sup>       |  |
|                      | Reading: Chapter 2                   |   |  |
| Jan 25 <sup>th</sup> | Infancy (Physical & Cognitive)       |   |  |
|                      | Reading: Chapter 3                   |   |  |
|                      | Organize Presentations               |   |  |
| Feb 1st              | Infancy (Socioemotional)             | <b>Quiz #2</b> (Ch 3 & 4) <i>due: Feb 7</i> <sup>th</sup>     |  |
|                      | Reading: Chapter 4                   |   |  |
| Feb 8 <sup>th</sup>  | Early Childhood (Physical/Cognitive) |   |  |
|                      | Reading: Chapter 5                   |   |  |
| Feb 15 <sup>th</sup> | Reading Break: No Class              |   |  |
| Feb22 <sup>nd</sup>  | Early Childhood (Socioemotional)     | <b>Quiz #3</b> (Ch 5 & 6) <i>due: Feb 28</i> <sup>th</sup>    |  |
|                      | Reading: Chapter 6                   |   |  |
| Mar 1 <sup>st</sup>  | Adolescence (Physical & Cognitive)   |   |  |
|                      | Reading: Chapter 7                   |   |  |
| Mar 8 <sup>th</sup>  | Adolescence (Socioemotional)         | <b>Quiz #4</b> (Ch 7 & 8) <i>due: March 14</i> <sup>th</sup>  |  |
|                      | Reading: Chapter 8                   |   |  |
| Mar 15 <sup>th</sup> | Early Adulthood (Physical/Cognitive) | Option B: Essay due: March 15 <sup>th</sup>                   |  |
|                      | Reading: Chapter 9                   |   |  |
| Mar 22 <sup>nd</sup> | Early Adulthood (Socioemotional)     | <b>Quiz #5</b> (Ch 9 & 10) <i>due: March 28</i> <sup>th</sup> |  |
|                      | Reading: Chapter 10                  |   |  |
| Mar 29 <sup>th</sup> | Middle Adulthood (Physical/ Cogn)    | Option C: Life Review Assignment due:                         |  |
|                      | Reading: Chapter 11                  | March 29 <sup>th</sup>  |  |
| Apr 3 <sup>rd</sup>  | Statutory Holiday – No class         |   |  |
| Apr 12 <sup>th</sup> | Late Adulthood and Dying             | Reflection Journal due: April 12 <sup>th</sup>                |  |
|                      | Readings: Chapters 12 & 13           | Quiz #6 (Ch 11, 12, & 13): April 18 <sup>th</sup>             |  |

<sup>\*\*</sup>Note: This schedule is tentative and any changes will be discussed in class.

# 5. Basis of Student Assessment (Weighting)

| Quiz #1                                   | 10% |    |
|---|-----|----|
| Quiz #2                                   | 10% |    |
| Quiz #3                                   | 10% |    |
| Quiz #4                                   | 10% |    |
| Quiz #5                                   | 10% |    |
| Quiz #6                                   | 10% |    |
| In Class Discussions or Discussion Boards |     | 5% |
| Reflection Journal                        | 15% |    |

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20%

100%

## Quizzes (60% course grade):

There will be six quizzes in this course. The first quiz will cover Chapters 1 & 2 (worth 10%), the second quiz will cover Chapters 3 & 4 (worth 10%). The third quiz will cover Chapters 5 & 6 (worth 10%), the fourth quiz will cover Chapters 7 & 8 (worth 10%). The fifth quiz will cover Chapters 9 & 10 (worth 10%) and the last quiz will cover Chapter 11, 12, & 13 (worth 10%). All quizzes are based on information from the lectures and textbook. These quizzes will consist of multiple choice, True/False questions, and short answer questions. Of the 6 quizzes, the lowest grade will be dropped. Students are required to complete all 6 quizzes.

MAKE-UP TESTS WILL ONLY BE ALLOWED WITH PROPER DOCUMENTATION. YOU MUST CONTACT THE INSTRUCTOR, AND PROVIDE DOCUMENTATION, WITHIN 7 DAYS OF THE MISSED TEST DATE TO BE ELIGIBLE FOR THE MAKE-UP TEST.

## In Class Discussions or Discussion Boards (5% of course grade):

An important part of learning involves exploration of material through class discussion. Although not all students may feel comfortable contributing in a larger group setting, there will also be opportunities for student to feel more comfortable in smaller group discussions. It is important that students have read the assigned chapters before class and feel prepared to share their thoughts on the material.

Participation will be evaluated on the quality of meaningful contributions in class. Students are expected to either attend class online or respond to the online discussion board at least 80% of the time to receive full marks. The quality, not quantity, of students' contributions is essential for participation. Quality contributions might look like offering thoughtful comments on issues and theory, asking questions that move the discussion forwards, as well as building on the comments of others.

## Reflection Journal (15% of course grade):

Students will keep a journal with one journal entry per week, in response to the topics covered in the class, TO A MINIMUM OF 10 ENTRIES. Entries should be at least 100 words, double-spaced and typed, including a title page (APA format). Reflection journals are an opportunity to describe one's reactions to the topics, critique one or two points, and explore further research and media content. Specific reflection questions will be offered in class and students will be invited to reflect on and integrate the concepts with their personal experience. The journal will be due on the last day of class on **April 12**<sup>th</sup>.

#### **Group Presentation or Written Assignment** (20% of course grade):

Students will **choose one** of the following options.

- 1. **Group Project:** Students will have the opportunity to work in teams of 2 to 3 students and make a presentation on a topic related to course content. Presentation details will be discussed in class and guidelines will be provided. Groups will be arranged by January 25<sup>th</sup> and begin after Reading Break. Topics will need to be approved by the Instructor.
- Written Assignment: Students will complete 1 short essay on a contemporary issue in lifespan development (6-8 pages double-spaced). A detailed description of the assignment options and instructions will be provided on the course site. The assignment will be due in class on March 15<sup>th</sup>.
- 3. Life Review Assignment: Students will have the opportunity to interview an important person in their life who is elderly (age 65+). In response to COVID-19, guidelines from the Provincial Health Officer need to be followed to ensure the safety and well-being of participants. A more detailed description of this assignment will be provided on the course site. The assignment will be due on March 29<sup>th</sup>.

LATE WORK WILL ONLY BE ACCEPTED IN EXTREME CASES. ANY APPROVED LATE ASSIGNMENTS WILL RECEIVE A 10% PENALTY PER DAY AND WILL NOT BE ACCEPTED IF MORE THAN 7 DAYS LATE. PLEASE SCHEDULE YOUR TIME TO MEET ALL DUE DATES.

| u. Grauniy System | 6. | Grad | gnik | System |
|-------------------|----|------|------|--------|
|-------------------|----|------|------|--------|

| X | Standard Grading System (GPA)   |
|---|---------------------------------|
|   | Competency Based Grading System |

# 7. Recommended Materials to Assist Students to Succeed Throughout the Course

## 8. College Supports, Services and Policies



#### Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <a href="http://camosun.ca/about/mental-health/emergency.html">http://camosun.ca/about/mental-health/emergency.html</a> or <a href="http://camosun.ca/services/sexual-violence/get-support.html#urgent">http://camosun.ca/services/sexual-violence/get-support.html#urgent</a>

## **College Services**

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <a href="http://camosun.ca/">http://camosun.ca/</a>

#### **College Policies**

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <a href="http://camosun.ca/about/policies/">http://camosun.ca/about/policies/</a>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence, Student Ancillary Fees, Academic Integrity, Grade Review & Appeals, Student Misconduct and Academic Accommodations for Students with Disabilities and Student Penalties and Fines.

## A. GRADING SYSTEMS <a href="http://camosun.ca/about/policies/index.html">http://camosun.ca/about/policies/index.html</a>

The following two grading systems are used at Camosun College:

#### 1. Standard Grading System (GPA)

| Percentage | Grade | Description | Grade Point<br>Equivalency |
|------------|-------|-------------|----------------------------|
| 90-100     | A+    |             | 9                          |
| 85-89      | Α     |             | 8                          |

| 80-84 | A- |                                      | 7 |
|-------|----|--------------------------------------|---|
| 77-79 | B+ |                                      | 6 |
| 73-76 | В  |                                      | 5 |
| 70-72 | B- |                                      | 4 |
| 65-69 | C+ |                                      | 3 |
| 60-64 | С  |                                      | 2 |
| 50-59 | D  |                                      | 1 |
| 0-49  | F  | Minimum level has not been achieved. | 0 |

## 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

| Grade | Description   |
|-------|---|
| СОМ   | The student has met the goals, criteria, or competencies established for this course, practicum or field placement.   |
| DST   | The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement. |
| NC    | The student has not met the goals, criteria or competencies established for this course, practicum or field placement.  |

# **B.** Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <a href="http://camosun.ca/about/policies/index.html">http://camosun.ca/about/policies/index.html</a> for information on conversion to final grades, and for additional information on student record and transcript notations.

| Temporary<br>Grade | Description  |
|--------------------|--|
| I                  | Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.   |
| IP                 | In progress: A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.   |
| CW                 | Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement. |