



**CAMOSUN COLLEGE**  
**School of Arts & Science**  
**Department of Psychology**

**PSYC-164-D01**  
**Behaviour Management**  
**Fall 2020**

## **COURSE OUTLINE**

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The course description is available on the web @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

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### **1. Instructor Information**

- (a) **Instructor** Katrina Ivanov
- (b) **Office hours** By Appointment
- (c) **Location** Paul 233
- (d) **Phone** 250-370-3202
- (e) **E-mail** ivanovk@camosun.bc.ca
- (f) **Website** Online.camosun.ca

### **2. Intended Learning Outcomes**

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

### **3. Required Materials**

- (a) Texts: Behavior Modification Miltenberger Copyright 2016 Publisher Cengage, Edition 6. Text is recommended, not required.
- (b) This course is entirely online and is asynchronous (this means the content for the entire course is available to you and you are free to work through entirely at your own pace). Below is a list of the modules, their numbers and the content and assignments associated with each module.

#### 4. Course Content and Schedule

Module	Content	Chapters and Assignments
1	Introduction to Behaviour and Applied Behaviour Analysis Procrastination Student Conduct	Ch. 1 <b>Discussion 1</b>
2	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change	Ch. 2 and 3 <b>Assignment 1</b>
3	Functional Assessment	Ch. 13 <b>Assignment 2</b>
4	Reinforcement, Escape, Avoidance and Sick Social Cycle	Ch. 4 <b>Assignment 3</b>
5	Punishment, Extinction and Differential Reinforcement	Ch. 5/6/15/17 <b>Assignment 4</b>
6	Stimulus Control, Prompting and Fading	Ch. 7/10 <b>Assignment 5</b>
7	Shaping, Bio-behaviourism and Problem-Solving	Ch. 9 <b>Assignment 6</b>
8	Antecedent Control Procedures and Procrastination	Ch. 16 <b>Assignment 7</b>
9	Respondent Conditioning and Fear and Anxiety Reduction Procedures	Ch. 8/24 <b>Assignment 8</b>
10	Self-Management, Behavioural Contracts and Habit Reversals	Ch. 20/21/23 <b>Assignment 9</b>
11	Cognitive Behaviour Therapy, Acceptance and Commitment Therapy and Mindfulness	Ch. 25 <b>Assignment 10</b>
12	Addictions	<b>Assignment 11</b>
SI	Depression, Anxiety, Sleep Issues, Anger and De-escalation Strategies, Lying, Jealousy, Relationships and Gaming	<b>Discussion 2</b> <b>Discussion 3</b>

#### 5. Basis of Student Assessment (Weighting)

**Module Assignments:** There will be 11 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour to complete. The top 10 scores count for 9% each toward your final grade for a total of 90% from assignments.

##### Discussions:

**Discussion 1:** This must be completed prior to any assignments. You'll be asked to review a TED talk discussing procrastination with and without deadlines, and you'll be asked to read a document about what it means to practice academic honesty. Details about what to cover in your discussion will be posted in the discussion forum called "Discussion 1" (worth 2% of your final grade)

**Discussion 2 and 3:** Special Interest Discussions: The last section will contain special interest articles on a number of subjects, ranging in topic from mental health to relationships, to sleep issues. You'll be asked to read any two of these that you find personally interesting and to contribute some observations and questions that came up for you while you were reading, as well as information on one additional research source that covers this topic. These will be submitted to an online group discussion. Each of these contributions will be worth 4%, for a total of 8% from special interest discussions. More information on the format of these contributions will be found in the discussion forum called "Discussion 2 and 3"

**Please Note: All material must be submitted by 11:59 PM December, 14<sup>th</sup> in order to count toward your final grade. Because this course is self-paced, there will be no exceptions.**

## 6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

## 7. Recommended Materials to Assist Students to Succeed Throughout the Course

Please don't hesitate to ask questions. I'm here to support you in your learning and happy to help in any way I can.

## 8. College Supports, Services and Policies



### Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

### College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca/>

### College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

## A. GRADING SYSTEMS <http://camosun.ca/about/policies/index.html>

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4

65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

## 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/index.html> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.