



CAMOSUN COLLEGE
School of Arts & Science
Department of Psychology

PSYC-164-B01
Behaviour Management
Winter, 2020

COURSE OUTLINE

The course description is available on the web @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

Instructor	Katrina Ivanov
Office Hours	Tuesdays 10:30 – 12:30; Fridays 10:30 – 12:20
Location	Paul 233
Phone	250-370-3202
E-mail	ivanovk@camosun.bc.ca
Website	online.camosun.bc.ca

2. Intended Learning Outcomes

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

3. Recommended Materials

Text: Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required.

Other: Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend



4. Course Content and Schedule

Friday, 12:30 – 2:20 in Fisher 306 (Lectures)
Online: 1 hour at home per week

Date	Lecture Topics	Chapter(s)	Quizzes and Assignments
Jan 10	Course Outline, Expectations, Intro to ABA	1	Quiz 1
Jan 17	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change	2, 3	Assignment 1
Jan 24	Functional Assessment	13	Assignment 2
Jan 31	Reinforcement, Escape/Avoidance and Sick Social Cycle	4, 5, 21	Quiz 2
Feb 7	Punishment, Extinction and Differential Reinforcement	6, 15, 17	Assignment 3
Feb 14	NO CLASS (READING BREAK)		
Feb 21	Stimulus Control, Prompting and Fading	7, 10	Quiz 3
Feb 28	Shaping, Bio-behaviourism and Problem-Solving	9, 11	Assignment 4
Mar 06	Antecedent Control Procedures, Procrastination and Habit Reversal	16, 23	Assignment 5
Mar 13	Respondent Conditioning and Fear and Anxiety Reduction Procedures	8, 24	Assignment 6
Mar 20	Cognitive Behaviour Therapy	25	Quiz 4
Mar 27	Acceptance and Commitment Therapy and Mindfulness	25	Application
Apr 03	Addictions/Depression and Anxiety		
Apr 10	NO CLASS (GOOD FRIDAY)		2 X Discussions

5. Basis of Student Assessment (Weighting)

(a) **Assignments:** There will be 6 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour each to complete. The top five scores count for 12% each toward your final grade for a total of 60% from assignments.

Due Dates:

Assignments are due in drop-box the Thursday following the week they are assigned. They should be submitted by 11:59 PM. In other words, you have a week to complete the assignments.

(b) **Quizzes:** There will be four multiple choice quizzes that are open book, and intended to make sure that you understood the content. Each of these will be worth 5% for a total of 20% from quizzes.

Due Dates for Quizzes: all quizzes should be completed by the following Thursday by 11:59 PM.

(c) **Acceptance and Commitment Therapy Application:** Acceptance and Commitment therapy is an exciting tool in behavior analysis. You'll learn its basic tenets and how to apply them to your own

goals, and thought and feelings that might be getting in the way of those goals. You'll work through an example from your own life and that write-up will be worth 15% of your final grade.

This module and application will be due April 2nd, 2020 in drop-box by 11:59 PM.

(d) **Special Interest Topics Discussion Posts:** Toward the end of the course, I will be posting little special interest modules on behaviours such as lying, procrastination, addictions, depression/anxiety/bipolar, etc. You'll be asked to read through two of those modules, and write a little discussion post about your reaction, resources you might have come across, questions and comments. Each of these will be worth 2.5% for a total of 5%.

These will be due by April 9th, 2020 in the discussion forum by 11:59 PM.

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

Contact me any time, if you are confused about material, expectations or are struggling with content. I'm always happy to help. ☺

Please familiarize yourself with Camosun's new Student Conduct Policy.

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

8. College Supports, Services and Policies



Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca/>

College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

A. GRADING SYSTEMS <http://camosun.ca/about/policies/index.html>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/index.html> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.