



**CAMOSUN COLLEGE**  
**School of Arts & Science**  
**Department of Psychology**

**PSYC-164-D02**  
**Behaviour Management**  
**Winter, 2020**

## **COURSE OUTLINE**

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The course description is available on the web @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

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### **1. Instructor Information**

<b>Instructor</b>	Katrina Ivanov
<b>Office Hours</b>	Tuesday, 10:30 – 12:30; Friday, 10:30 – 12:30; or by appointment
<b>Location</b>	Paul 233
<b>Phone</b>	250-370-3202
<b>E-mail</b>	ivanovk@camosun.bc.ca
<b>Website</b>	online.camosun.bc.ca

### **2. Intended Learning Outcomes**

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

### **3. Recommended Materials**

**Text:** Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required.

**Other:** This course is self-paced by month. All materials for the course will be available to you the first day of class, with 1/3 of the quizzes and assignments due at the end of January, 1/3 at the end of February, and 1/3 at the end of March. You may progress through the material as quickly or slowly as possible, as long as you submit the quizzes and assignments by their due dates. Below is a list of the modules, their numbers and the content and assignments associated with each module.



#### 4. Course Content and Schedule

Mod	Lecture Topics	Chapter(s)	Quizzes and Assignments
<b>JANUARY MODULES, QUIZZES AND ASSIGNMENTS</b>			
1	Introduction to Behaviour and Applied Behaviour Analysis	1	Quiz 1
2	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change	2, 3	Assignment 1
3	Functional Assessment	13	Assignment 2
<b>FEBRUARY MODULES, QUIZZES AND ASSIGNMENTS</b>			
4	Reinforcement, Escape, Avoidance and Sick Social Cycle	4	Quiz 2
5	Punishment, Extinction and Differential Reinforcement	5, 6, 15, 17	Assignment 3
6	Stimulus Control, Prompting and Fading	7, 10	Quiz 3
7	Shaping, Bio-behaviourism and Problem-Solving	9	Assignment 4
<b>MARCH MODULES, QUIZZES AND ASSIGNMENTS</b>			
8	Antecedent Control Procedures and Procrastination	16	Quiz 4
9	Respondent Conditioning and Fear and Anxiety Reduction Procedures	8, 24	Assignment 5
10	Self-Management, Behavioural Contracts and Habit Reversals	20, 21, 23	Quiz 5
11	Cognitive Behaviour Therapy and Mindfulness	25	Quiz 6
12	Addictions		Assignment 6
<b>APRIL MODULES, QUIZZES AND ASSIGNMENTS</b>			
13	Final Paper on Acceptance and Commitment Therapy		Final Paper
SI	Depression, Anxiety, Sleep Issues, Anger and De-escalation Strategies, Lying, Jealousy, Relationships		2 Discussions posted

#### 5. Basis of Student Assessment (Weighting)

- (a) **Assignments:** There will be 6 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour each to complete. The top five scores count for 11% each toward your final grade for a total of 55% from assignments. Due Dates:

Assignments 1 and 2: January 31<sup>st</sup> in drop-box by 11:59 PM (or any time before that date)  
 Assignments 3 and 4: February 28<sup>th</sup> in drop-box by 11:59 PM (or any time before that date)  
 Assignments 5 and 6: March 31<sup>st</sup> in drop-box by 11:59 PM (or any time before that date)

- (b) **Quizzes:** There will be six multiple choice quizzes that are open book, and intended to make sure that you read and understood the content. Each of these will be worth 4% for a total of 24% from quizzes.

**Due Dates for Quizzes:**

Quiz 1: January 8<sup>th</sup> by 11:59 PM (or before that date) – completion of this quiz confirms registration in this course

Quizzes 2 and 3: February 28<sup>th</sup> (or before that date)

Quizzes 4, 5 and 6: March 31<sup>st</sup> (or before that date)

- (c) **Acceptance and Commitment Therapy Application:** Acceptance and Commitment therapy is an exciting tool in behavior analysis. You'll learn its basic tenets and how to apply them to your own goals, and thought and feelings that might be getting in the way of those goals. You'll work through an example from your own life and that write-up will be worth 16% of your final grade.

This module and assignment will be available to you on the first day of class, but won't be due until April 5<sup>th</sup> in drop-box by 11:59 PM or before

- (d) **Special Interest Topics Discussion Posts:** Toward the end of the course, I will be posting little special interest modules on behaviours such as lying, procrastination, addictions, depression/anxiety/bipolar, etc. You'll be asked just to read through 2 of those modules that are of interest, and write a little discussion post about your reaction, resources you might have come across, questions and comments. Each of these will be worth 2.5% for a total of 5%.

These will be posted by February 15<sup>th</sup> and can be posted any time between then and April 5<sup>th</sup>.

## 6. Grading System

Standard Grading System (GPA)

Competency Based Grading System

## 7. Recommended Materials to Assist Students to Succeed Throughout the Course

**Contact me any time, if you are confused about material, expectations or are struggling with content. I'm always happy to help. ☺**

Please familiarize yourself with Camosun's new Student Conduct Policy.

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

## 8. College Supports, Services and Policies



### Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @

<http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

## College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca/>

## College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

### A. GRADING SYSTEMS <http://camosun.ca/about/policies/index.html>

The following two grading systems are used at Camosun College:

#### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

#### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

### B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/index.html> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.