



CAMOSUN COLLEGE
School of Arts & Science
Department of Psychology

PSYC-164-D02
Behaviour Management
Fall, 2019

COURSE OUTLINE

The course description is available on the web @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

Instructor	Katrina Ivanov
Office Hours	By appointment
Location	Paul 233
Phone	250-370-3202
E-mail	ivanovk@camosun.bc.ca
Website	online.camosun.bc.ca

2. Intended Learning Outcomes

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

3. Recommended Materials

Text: Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required.

Other: This course is entirely online and is monthly asynchronous (this means the content for each month is available to you on the first of the month and you are free to work through that month's content at your own pace). Below is a list of the modules, their numbers and the content and assignments associated with each module.



4. Course Content and Schedule

Mod	Lecture Topics	Chapter(s)	Quizzes and Assignments
	SEPTEMBER MODULES, QUIZZES AND ASSIGNMENTS	POSTED SEP 05	
1	Introduction to Behaviour and Applied Behaviour Analysis	1	Quiz 1
2	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change	2, 3	
3	Functional Assessment	13	Quiz 2 Assignment 1
	OCTOBER MODULES, QUIZZES AND ASSIGNMENTS	POSTED OCT 01	
4	Reinforcement, Escape, Avoidance and Sick Social Cycle	4	
5	Punishment, Extinction and Differential Reinforcement	5, 6, 15, 17	Quiz 3 Assignment 2
6	Stimulus Control, Prompting and Fading	7, 10	
7	Shaping, Bio-behaviourism and Problem-Solving	9	Quiz 4 Assignment 3
	NOVEMBER MODULES, QUIZZES AND ASSIGNMENTS	POSTED NOV 03	
8	Antecedent Control Procedures and Procrastination	16	Assignment 4
9	Respondent Conditioning and Fear and Anxiety Reduction Procedures	8, 24	Quiz 5
10	Self-Management, Behavioural Contracts and Habit Reversals	20, 21, 23	
11	Cognitive Behaviour Therapy and Mindfulness	25	Assignment 5
12	Addictions	Assign 11	
	DECEMBER MODULES, QUIZZES AND ASSIGNMENTS	POSTED DEC 01	
13	Final Paper on Acceptance and Commitment Therapy		Final Paper
SI	Depression, Anxiety, Sleep Issues, Anger and De-escalation Strategies, Lying, Jealousy, Relationships		2 Discussions posted

5. Basis of Student Assessment (Weighting)

- (a) **Assignments:** There will be 5 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour each to complete. The top four scores count for 15% each toward your final grade for a total of 60% from assignments. Due Dates:

Assignment 1: September 30th in drop-box by 11:59 PM (or any time before that date)
 Assignments 2 and 3: October 31st in drop-box by 11:59 PM (or any time before that date)
 Assignments 4 and 5: November 30th in drop-box by 11:59 PM (or any time before that date)

- (b) **Quizzes:** There will be five multiple choice quizzes that are open book, and intended to make sure that you read and understood the content. Each of these will be worth 4% for a total of 20% from quizzes.

Due Dates for Quizzes:

Quizzes 1 and 2: September 30th (or before that date)

Quizzes 3 and 4: October 31st (or before that date)

Quiz 5: November 30th (or before that date)

- (c) **Acceptance and Commitment Therapy Application:** Acceptance and Commitment therapy is an exciting tool in behavior analysis. You'll learn its basic tenets and how to apply them to your own goals, and thought and feelings that might be getting in the way of those goals. You'll work through an example from your own life and that write-up will be worth 15% of your final grade.

This module and assignment will be available to you October 1st, but won't be due until December 7th, in drop-box by 11:59 PM

- (d) **Special Interest Topics Discussion Posts:** Toward the end of the course, I will be posting little special interest modules on behaviours such as lying, procrastination, addictions, depression/anxiety/bipolar, etc. You'll be asked just to read through 2 of those modules that are of interest, and write a little discussion post about your reaction, resources you might have come across, questions and comments. Each of these will be worth 2.5% for a total of 5%.

These will be posted by November 1st and can be posted any time between then and December 7th.

6. Grading System

Standard Grading System (GPA)

Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

Contact me any time, if you are confused about material, expectations or are struggling with content. I'm always happy to help. ☺

Please familiarize yourself with Camosun's new Student Conduct Policy.

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

8. College Supports, Services and Policies



Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @

<http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca/>

College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

A. GRADING SYSTEMS <http://camosun.ca/about/policies/index.html>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at

<http://camosun.ca/about/policies/index.html> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.