



**CAMOSUN COLLEGE**  
**School of Arts & Science**  
**Department of Psychology**

**PSYC-164-B01**  
**Behaviour Management**  
**Winter, 2019**

## COURSE OUTLINE

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The course description is available on the web @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

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### Instructor Information

<b>Instructor</b>	Katrina Ivanov
<b>Office Hours</b>	By appointment
<b>Location</b>	Paul 233
<b>Phone</b>	250-370-3202
<b>E-mail</b>	ivanovk@camosun.bc.ca
<b>Website</b>	online.camosun.bc.ca

### Intended Learning Outcomes

(If any changes are made to this part, then the Approved Course Description must also be changed and sent through the approval process.)

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

### Recommended Materials

**Text:** Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required.

**Other:** Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice



examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend

## Course Content and Schedule

**Mondays 11:30 AM – 1:20 PM Fisher 302**

### Schedule:

Date	Lecture Topics	Chapter(s)
Jan 07	Course Outline, Expectations, Intro to ABA	1
Jan 14	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change <b>Assignment 1</b> Assigned	2, 3
Jan 21	Functional Assessment <b>Assignment 2</b> Assigned	13
Jan 28	Reinforcement, Escape/Avoidance and Sick Social Cycle <b>Assignment 3</b> Assigned	4, 5, 21
Feb 04	Punishment, Extinction and Differential Reinforcement <b>Assignment 4</b> Assigned	6, 15, 17
Feb 11	Stimulus Control, Prompting and Fading <b>Assignment 5</b> Assigned	7, 10
Feb 18	COLLEGE CLOSED FOR FAMILY DAY AND READING BREAK	
Feb 25	Shaping, Bio-behaviourism and Problem-Solving <b>Assignment 6</b> Assigned	9, 11
Mar 04	Antecedent Control Procedures, Procrastination and Habit Reversals <b>Assignment 7</b> Assigned	16, 23
Mar 11	Respondent Conditioning and Fear and Anxiety Reduction Procedures <b>Assignment 8</b> Assigned	8, 24
Mar 18	Cognitive Behaviour Therapy, Acceptance and Commitment Therapy and Mindfulness <b>Assignment 9</b> Assigned	25
Mar 25	Addictions <b>Assignment 10</b> Assigned	
Apr 01	Depression and Anxiety <b>Assignment 11</b> Assigned	
Apr 08	Special Interest Topics	

## Basis of Student Assessment (Weighting)

### Assignments:

There will be 11 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, etc.). They take approximately 1 hour to complete, and you will have the week to complete them at home. The top 10 scores count for 10% each toward your final grade for a total of 100% from assignments.

\*\*\*In order to make time more manageable for you, I've broken the research paper into three assignments, so it isn't separate. This way, rather than a big paper at the end of the course, you've done the same work and met the same learning outcome in a series of assignments.

## Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

## 8. College Supports, Services and Policies



### Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

### College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca/>

### College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

### A. GRADING SYSTEMS <http://camosun.ca/about/policies/index.html>

The following two grading systems are used at Camosun College:

#### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

#### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/index.html> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.