

# CAMOSUN COLLEGE School of Arts & Science Department of Biology

# BIOL-144-001/X01 Physiology for Sport Education Winter, 2018

# **COURSE OUTLINE**

The course description is online @ http://camosun.ca/learn/calendar/current/web/biol.html

 $\Omega$  Please note: This outline will <u>not</u> be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

### 1. Instructor Information

 (a)
 Instructor
 Douglas Panton

 (b)
 Office hours
 TBA

 (c)
 Location
 Tech 230

 (d)
 Phone
 250
 370
 Alternative:

 (e)
 E-mail
 pantond@camosun.bc.ca
 Alternative:

 (f)
 Website
 N/A

### 2. Intended Learning Outcomes

Upon completion of this course the student will be able to:

- 1. Describe the concept of homeostasis and explain how it operates in the major physiological systems of the human body.
- 2. Describe the functioning of the major physiological systems of the human body at the cellular and systemic levels.
- 3. Explain the interactions between the major physiological systems of the body particularly as these interactions pertain to exercise and health.
- 4. Apply anatomical vocabulary in a physiological context.
- 5. Apply basic laboratory skills in the collection of physiological data (e.g., measuring, pipetting, handling of chemicals, data collection, data presentation, lab safety).
- 6. Utilize critical thinking to apply physiological concepts to specific problem-solving situations in the context of scientific method.

### 3. Required Materials

- (a) Texts: Sherwood, Kell and Ward. (2013) Human Physiology Nelson Education Ltd.
- (b) Other: Biology 144 Winter 2018, Laboratory manual

### 4. Course Content and Schedule

Class hours: 3 hrs. lecture / week and 3 hrs. lab / week

# 5. Basis of Student Assessment (Weighting)

Assignments Quizzes & Exams

Midterm 1	12.5%
Midterm 2	12.5%
Assignments	20%
lab reports	10%
Lab exam	15%
final exam	30%

### 6. Grading System

Standard Grading System (GPA)

Competency Based Grading System

# 7. College Supports, Services and Policies

#### Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <u>http://camosun.ca/about/mental-health/emergency.html</u> or <u>http://camosun.ca/services/sexual-violence/get-support.html#urgent</u>

#### **College Services**

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <a href="http://camosun.ca/">http://camosun.ca/</a>

#### **College Policies**

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <a href="http://camosun.ca/about/policies/">http://camosun.ca/about/policies/</a>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

### A. GRADING SYSTEMS http://camosun.ca/about/policies/index.html

The following two grading systems are used at Camosun College:

#### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	А		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
СОМ	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

# **B.** Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <a href="http://camosun.ca/about/policies/index.html">http://camosun.ca/about/policies/index.html</a> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal</i> : A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

#### COURSE SCHEDULE Biol. 144 - WINTER 2018

The following schedule is a <u>tentative</u> outline of lectures and laboratories. It is subject to change as the need arises. Changes will be announced in class.

WEEK/DATE	LECTURE TOPIC	LAB
Jan. 8-12	Intro to Chemistry	Lab 1: Intro to Laboratory Science
Jan 15-19	Intro to Cellular physiology	Lab 2: Intro to Chemical Concepts
Jan. 22-26 Jan. 22	Digestive Physiology Fee Deadline	Lab 3: Digestion of Organic Molecules
Jan 29- Feb. 2	Metabolism	Lab 4: Cellular Respiration and Glucose Monitoring
Feb. 5-9	" MIDTERM 1" Neural Physiology	Lab 5: Reflexes and cranial nerve tests
Feb.12-16	Family day & Reading Break	(NO LABS)
Feb 19-23	Neural Physiology	Lab 6: Sensory perception
Feb. 26- Mar. 2	Muscle Physiology	Lab 7: Muscle Physiology

Mar 5-9	Cardiovascular Physiology	Lab 8: Cardiovascular Physiology
Mar 12-16 <b>Mar. 14</b>	Hematology "Last day to withdraw"	Lab 9: Hematology and Immunology
Mar 19-23	" MIDTERM 2" Immunology / Defense Systems	Lab 10: Respiratory Physiology
Mar 26-30 <b>Mar. 30</b>	Respiratory Physiology Good Friday (no classes)	(No Labs)
April 2 Apr. 2-6	Easter Monday (no classes) Renal Physiology	Lab 11: Urinalysis
Apr. 9-13	Renal Physiology & Reproductive Physiology LAST WEEK OF CLASSES	LAB EXAM
Apr 16-24	FINAL EXAM PERIOD (exam scheduled by registrar)	