



**CAMOSUN COLLEGE**  
**Arts and Sciences**  
**Psychology**

**PSYC 164 Behaviour Management**  
**Fall, 2017**

---

## **COURSE OUTLINE**

---

The course description is online @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

---

---

### **Instructor Information**

<b>Instructor</b>	Katrina Gantly
<b>Office Hours</b>	By appointment
<b>Location</b>	Paul 233
<b>Phone</b>	250-370-3202
<b>E-mail</b>	<a href="mailto:gantly@camosun.bc.ca">gantly@camosun.bc.ca</a>
<b>Website</b>	<a href="http://online.camosun.bc.ca">online.camosun.bc.ca</a>

### **Intended Learning Outcomes**

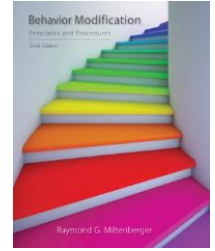
Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

#### **Upon completion of this course the student will be able to:**

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

## Recommended Materials

**Text:** Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required.



**Other:** This course is entirely online and is asynchronous (this means the content for the entire course is available to you and you are free to work through entirely at your own pace). Below is a list of the modules, their numbers and the content and assignments associated with each module.

## Course Content and Schedule

### Schedule:

Module	Lecture Topics	Chapter(s)
1	Introduction to Behaviour and Applied Behaviour Analysis	1
2	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change	2, 3 Assign 1
3	Functional Assessment	13 Assign 2
4	Reinforcement, Escape, Avoidance and Sick Social Cycle	4 Assign 3
5	Punishment, Extinction and Differential Reinforcement	5, 6, 15, 17 Assign 4
6	Stimulus Control, Prompting and Fading	7, 10 Assign 5
7	Shaping, Bio-behaviourism and Problem-Solving	9 Assign 6
8	Antecedent Control Procedures and Procrastination	16 Assign 7
9	Respondent Conditioning and Fear and Anxiety Reduction Procedures	8, 24 Assign 8
10	Self-Management, Behavioural Contracts and Habit Reversals	20, 21, 23 Assign 9
11	Cognitive Behaviour Therapy and Mindfulness	25 Assign 10
12	Addictions	Assign 11
SI Topics	Depression, Anxiety, Sleep Issues, De-escalation Strategies, Lying, Jealousy, Relationships	2 Discussions

## Basis of Student Assessment (Weighting)

**Seminar Assignments:** There will be 11 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour to complete. The top 10 scores count for 9% each toward your final grade for a total of 90% from assignments.

**Special Interest Discussions:** The last section will contain special interest articles on a number of subjects, ranging in topic from mental health to relationships, to sleep issues. You'll be asked to read any two of these that you find personally interesting and to contribute some observations and questions that came up for you while you were reading. These will be submitted to an online group discussion. **Each of these contributions will be worth 5%, for a total of 10% from special interest discussions.** More information on the format of these contributions can be found at the top of that module.

## Grading System

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://www.camosun.bc.ca/policies/policies.html>