



**CAMOSUN COLLEGE**  
**Arts and Sciences**  
**Psychology**

**PSYC 164 Behaviour Management**  
**Winter, 2017**



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## **COURSE OUTLINE**

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The course description is online @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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### **Instructor Information**

<b>Instructor</b>	Katrina Gantly
<b>Office Hours</b>	By appointment
<b>Location</b>	Paul 233
<b>Phone</b>	250-370-3202
<b>E-mail</b>	<a href="mailto:gantly@camosun.bc.ca">gantly@camosun.bc.ca</a>
<b>Website</b>	<a href="http://online.camosun.bc.ca">online.camosun.bc.ca</a>

### **Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

#### **Upon completion of this course the student will be able to:**

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

## Recommended Materials

**Text:** Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required (please see welcome message)



**Other:** All other content is found online, under the “contents” tab.

## Course Content and Schedule

This course is entirely online and is asynchronous (this means the content for the entire course is available to you and you are free to work through the modules at your own pace). Below is a list of the modules, their numbers and the content and assignments associated with each module. Note, assignments take about 50 minutes to complete. To stay on pace, you should try to complete about one module per week.

### Schedule:

Date	Lecture Topics	Chapter(s)
Module 1	Intro to ABA <b>Contribute to Discussion: Which behaviours would I like to learn more about?</b>	1
Module 2	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change <b>Assignment 1</b>	2, 3
Module 3	Functional Assessment <b>Assignment 2</b>	13
Module 4	Reinforcement, Extinction/Avoidance <b>Assignment 3</b>	4, 5
Module 5	Punishment, Differential Reinforcement and Sick Social Cycle <b>Assignment 4</b>	6, 15, 17
Module 6	Stimulus Control, Prompting and Fading <b>Assignment 5</b>	7, 10
Module 7	Shaping, Chaining, Biobehaviourism and Problem-Solving <b>Assignment 6</b>	9, 11
Module 8	Antecedent Control Procedures <b>Assignment 7</b>	16
Module 9	Respondent Conditioning and Fear and Anxiety Reduction Procedures <b>Assignment 8</b>	8, 24
Module 10	Self-Management, Behavioural Contracts and Habit Reversals <b>Assignment 9</b>	20, 21, 23
Module 11	Cognitive Behaviour Therapy and Mindfulness <b>Assignment 10</b>	25
Module 12	Addictions, Depression, Lying <b>Assignment 11</b>	

## Basis of Student Assessment (Weighting)

**Assignments:** There will be 11 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, etc.). They take approximately 50 minutes to complete. **The top 10 scores count for 10% each toward your final grade for a total of 100% from assignments.**

\*\*\*In order to make time more manageable for you, I've broken the research paper into three assignments, so it isn't separate. This way, rather than a big paper at the end of the course, you've done the same work and met the same learning outcome in a series of assignments.

## Grading System

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in

each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://www.camosun.bc.ca/policies/policies.html>