



**CAMOSUN COLLEGE**  
**Arts and Sciences**  
**Psychology**

**PSYC 164 Behaviour Management**  
**Winter, 2017**



## **COURSE OUTLINE**

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The course description is online @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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### **Instructor Information**

<b>Instructor</b>	Katrina Gantly
<b>Office Hours</b>	By Appointment
<b>Location</b>	Paul 233
<b>Phone</b>	250-370-3202
<b>E-mail</b>	<a href="mailto:gantly@camosun.bc.ca">gantly@camosun.bc.ca</a>
<b>Website</b>	<a href="http://online.camosun.bc.ca">online.camosun.bc.ca</a>

### **Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

#### **Upon completion of this course the student will be able to:**

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

## Recommended Materials

**Text:** Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required (see “hello” document)



**Other:** Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/PowerPoint...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend.

## Course Content and Schedule

### Schedule:

Date	Lecture Topics	Chapter(s)
Jan 9	Course Outline, Expectations, Intro to ABA	1
Jan 16	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change <b>Assignment 1</b> Assigned – Due Jan 20 in drop-box by midnight	2, 3
Jan 23	Functional Assessment <b>Assignment 2</b> Assigned – Due Jan 27 in drop-box by midnight	13
Jan 30	Reinforcement, Extinction/Avoidance and Behavioural Contracts <b>Assignment 3</b> Assigned – Due Feb 3 in drop-box by midnight	4, 5, 21
Feb 6	Punishment, Differential Reinforcement and Sick Social Cycle <b>Assignment 4</b> Assigned – Due Feb 10 in drop-box by midnight	6, 15, 17
Feb 13	<b>COLLEGE CLOSED FOR FAMILY DAY AND READING BREAK</b>	
Feb 20	Stimulus Control, Prompting and Fading <b>Assignment 5</b> Assigned – Due Feb 24 in drop-box by midnight	7, 10
Feb 27	Shaping, Chaining, Biobehaviourism and Problem-Solving <b>Assignment 6</b> Assigned – Due Mar 3 in drop-box by midnight	9, 11
Mar 6	Antecedent Control Procedures and Habit Reversals <b>Assignment 7</b> Assigned – Due Mar 10 in drop-box by midnight	16, 23
Mar 13	Respondent Conditioning and Fear and Anxiety Reduction Procedures <b>Assignment 8</b> Assigned – Due Mar 17 in drop-box by midnight	8, 24
Mar 20	Cognitive Behaviour Therapy and Mindfulness <b>Assignment 9</b> Assigned – Due Mar 24 in drop-box by midnight	25
Mar 27	Addictions <b>Assignment 10</b> Assigned – Due Mar 31 in drop-box by midnight	
Apr 3	Procrastination, Depression and Anxiety <b>Assignment 11</b> Assigned – Due Apr 7 in drop-box by midnight	
Apr 10	Special Topics: Chosen by Class	

## Basis of Student Assessment (Weighting)

**Assignments:** There will be 11 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, etc.). They take approximately 1 hour to complete, and you will have five days to complete them at home. **The top 10 scores count for 10% each toward your final grade for a total of 100% from assignments.**

\*\*\*In order to make time more manageable for you, I've broken the research paper into three assignments, so it isn't separate. This way, rather than a big paper at the end of the course, you've done the same work and met the same learning outcome in a series of assignments.

## Grading System

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://www.camosun.bc.ca/policies/policies.html>

