

School of Arts & Science PSYCHOLOGY DEPARTMENT PSYC 120-002

Personal Growth and Development Winter, 2017

COURSE OUTLINE

The course description is online @ http://camosun.ca/learn/calendar/current/web/psyc.html

Ω Please note: the College electronically stores this outline for five (5) years only. It is strongly recommended you keep a copy of this outline with your academic records. You will need this outline for any future application/s for transfer credit/s to other colleges/universities.

1. Instructor Information

(a)	Instructor:	Bill Wong, PhD		
		Mon (10:30-11:20), Thu (10:30-11:20)		
(b)	Office Hours:	-If these do not work for you, contact me and we can		
		schedule an alternate & mutually agreeable time.		
(c)	Office:	Fisher 342B		
(d)	Phone:	250-370-3465	Alternative Phone:	n/a
(e)	Email:	wongw@camosun.ca - always use this e-mail © & NOT the D2L one		
(f)	D2L Website:	http://online.camosun.ca		
(g)	Class Time &	Tue (10:30-12:20 in F100)		
	Location	Wed (10:30-11:20 in F338)		

2. Intended Learning Outcomes

Upon completion of this course the student will be able to:

- 1. Explain how and why theories of human growth and personality are developed.
- 2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
- 3. Examine critically the strengths, weaknesses and applicability of theories.
- 4. Explain how personality theories apply to one's own life.

3. Required Materials

Frager, F. & Fadiman, J. (2013). Personality and personal growth. (Camosun Custom

7th ed.) Boston, MA: Pearson. ISBN: 1-269-29890-9

4. Course Content and Schedule

• See page 4 for all the details

5. Basis of Student Assessment (Weighting)

Task	Important notes	Value
Case studies	Three (3) in-class case analysis activities will be given throughout the	15%
	course (dates listed on p. 4 of this syllabus).	
	Each case analysis is worth up to 5%	
	You must be in attendance to participate – sorry, <u>no make-up</u>	
	opportunities without appropriate documentation	
	Instructions will be provided beforehand	
Quizzes/	Various activities that may include a quiz or analysis	13%
Activities	Due dates listed on p. 4	
Exam 1	February 7, 2017	24%
Exam 2	March 14, 2017	24%
Exam 3	College will schedule this between April 18-26	24%
TOTAL		100%

6. Grading System

(No changes are to be made to this section unless the Approved Course Description has been forwarded through the Education Council of Camosun College for approval.)

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	In progress: A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 rd course attempt or at the point of course completion.)
CW	Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

About your grade

- A. If you are not satisfied with a grade I have given, you have the right to ask me to regrade the work. Work that I review <u>may receive the same grade</u>, a lower grade, or a higher grade.
- B. I reserve the right to ask you to resubmit work, or to show me extra material related to it.

C. Unfortunately, I will NOT be offering extra assignments or exams (beyond what is listed on p. 4) to improve your final grade.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services, or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services, and the College web site in the Policy Section.

8. Important information

College Policies	Camosun has policies on grading, academic offences, resolution procedures, and consequent sanctions. Please familiarize yourself with these policies (see 2016-2017 College calendar).
Attendance, assignments (e.g., papers) and exams	Attendance is important because it keeps you in contact with the course materials and any changes that may occur throughout the semester. A missed exam or assignment will result in a mark of zero. Unfortunately, make-up exams will not be offered unless there is a serious medical or compassionate reason that you would like considered. Contact the instructor before the test or due date. Time management issues and competing priorities are NOT sufficient reasons. Documentation to support your claim is always required (e.g., physician's note explaining why you could not attend the exam). A reduction in assignment/exam grade may also apply, depending on the situation.

STUDENT RESPONSIBILITIES

I expect students to follow certain standards of conduct:

- 1. All students are expected to follow the College's Student Conduct Policy
- 2. There will be <u>no</u> make-up opportunities without a doctor's note (or equivalent). It is up to you to follow up and make arrangements to catch up on missed assignments/exams.
- Exams must be written as scheduled. Make-up tests will only be allowed with proper documentation. You must contact the instructor <u>prior</u> to the test. The instructor will determine the alternate exam date and time.
- Assignments that are copied (identical or plagiarized) between students will be given 0% for ALL students with identical work.
- 5. Work must be used for this course only.
- 6. It is college policy that "If an instructor remains convinced that there has been a violation [such as plagiarism or cheating], he or she may assign a grade of F for the work involved, or for the course."

9. Class Schedule

Week	Date	Reading (before class)	Topic (note: exams and writing activities based on text AND class material)	Important dates
1	Jan 10	Intro (pp. 2-7)	 Course overview – ice breaker & questions Introduction: Personality and growth Evaluation framework 	
	Jan 11	Chap 1	S. Freud	
2	Jan 17		Defense mechanisms	
	Jan 18		Freud (continued)	Freud Quiz = 2%
3	Jan 24	Chap 3	Finish Freud and start A. Adler	
	Jan 25		Case study analysis #1 – Freud	Case study #1 = 5%
4	Jan 31		Adler	
	Feb 1		Case study analysis #2 - Adler	Case study #2 = 5%
5	Feb 7		Exam 1 – Based on: Intro, chapters 1 & 3, + class material	Exam 1 = 24%
	Feb 8	Chap 4	 A study guide will be posted on D2L beforehand K. Horney 	
6	Feb 14	Chap 4	Reading break – no class held	
	Feb 15		Reading break – no class held	
7	Feb 21		Horney (conclude)	K. Horney Quiz = 2%
•	Feb 22	Chap 5	• E. Erikson	,
8	Feb 28	1	• Erikson	Erikson Activity = 1%
	Mar 1	Chap 7	Skinner & J. B. Watson	
9	Mar 7		Skinner	
	Mar 8		Skinner (conclude)	Skinner quiz = 2%
10	Mar 14		 Exam 2 – Chapters 4, 5, & 7,+ class material A study guide will be posted on D2L beforehand 	Exam 2 = 24%
	Mar 15	Chap 8	Cognitive psychology – A. Bandura, etc.Practice P-B-E model	
11	Mar 21		Bandura, Beck, and Ellis	
	Mar 22		 Case study analysis #3 – Cognitive 	Case study #3 = 5%
12	Mar 28		Cognitive psychology (conclude)	
	Mar 29	Chap 9	C. Rogers	
13	Apr 4		Finish Rogers	Personal reflections = 2%
	Apr 5	Chap 10	Intro to A. Maslow	
14	Apr 11		 Maslow, putting it all together for growth and course summary 	
	Apr 12		Final reflection activity – done in class	Activity = 4%
 Exam 3 (24%) on chapters 8, 9, & 10 and selected class material: To be scheduled between April 18-26, 2017 by the College 				

^{*}I reserve the right to make changes to this course outline.