

# **COURSE OUTLINE**

The course description is online @ http://camosun.ca/learn/calendar/current/web/psyc.html

 $\Omega$  Please note: the College electronically stores this outline for five (5) years only. It is **strongly recommended** you keep a copy of this outline with your academic records. You will need this outline for any future application/s for transfer credit/s to other colleges/universities.

#### 1. Instructor Information

(a)	Instructor:	Jessica Rourke		
(b)	Office Hours:	TH 10:30am – 12:00pm		
(C)	Location:	F352		
(d)	Phone:	250-370-3217	Alternative Phone: N/A	
(e)	Email:	rourkej@camosun.bc.ca		
(f)	Website:	D2L		

I enjoy all aspects of social psychology, however, my main area of research is forgiveness. I obtained my degrees in Social-Personality Psychology and in addition to teaching at Camosun, I teach at UVic and work at Restorative Justice Victoria.

#### Contacting Me: Please come to my office hours, or contact me at my Camosun account

(rourkej@camosun.bc.ca). <u>Do not contact me through D2L</u>. If you email me, please include "Psyc 120" in the subject line of your e-mail and make sure you put your full name at the end of your message. Please allow 2 business days for a reply. If I have not replied within that time frame, re-send your message and let me know it is the second time you are sending it. Please do not contact me to find out when assignments or exams will be graded. As soon as the grades are ready I will post them on the course website.

#### 2. Intended Learning Outcomes

My hope is that by the end of this course you will be able to:

- 1. Explain how and why theories of human growth and personality are developed.
- 2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
- 3. Examine critically the strengths, weaknesses and applicability of theories.
- 4. Explain how personality theories apply to one's own life.

#### 3. Required Materials

Please read the assigned textbook chapters so that you can properly participate in class. **You will be tested on material from both the lectures and the textbook**. The textbook is available at the Camosun book store: Frager, R. & Fadiman, J. (2014). *Personality and Personal Growth (7<sup>th</sup> edition/custom edition)*. Boston MA: Pearson.

#### 4. Course Content and Schedule

Thursday 12 - 2pm F 100; Friday 12 - 3pm F 212 (A = 12:00; B = 1:00; C = 2:00) Classes will combine lectures, readings, discussion, and activities to assist in your learning of the course material. Your participation in class activities is essential to meeting class objectives, so please come to class prepared!

\*Please note: This course is an exploration of theories and of oneself. All participants are expected to maintain confidentiality about personal information learned about other students.

## WEEKLY TOPICS AND READINGS AND ASSIGNMENTS

WEEK	LECTURE TOPIC	TEXTBOOK READINGS
JAN 12, 13	Introduction to the course + Freud	Introduction chapter + Ch 1: Freud and Psychoanalysis
JAN 19, 20	Freud + Jung	Ch 2: Jung and Analytical Psychology JAN 20: Mini assignment 1 (Freud) due
JAN 26, 27	Jung + Adler	Ch 3: Adler and Individual Psychology JAN 27: Mini assignment 2 (Jung) due
FEB 02, 03	Adler + Review + Test 1	No readings FEB 03: Test 1 ( <b>Intro – ch 3</b> )
FEB 09, 10	Horney	Ch 4: Horney and Humanistic Psychoanalysis
FEB 16, 17	READING BREAK	NO CLASS
FEB 23, 24	Erikson	Ch 5: Erikson and the Life Cycle FEB 24: Mini assignment 3 (Horney) due
MAR 02, 03	James	Ch 6: James and the Psychology of Consciousness MAR 03: Mini assignment 4 (Erikson) due
MAR 09, 10	Skinner	Ch 7: Skinner and Radical Behaviorism MAR 10: Soundtrack of My Life/Dream Analysis Assignment due
MAR 16, 17	Bandura & Beck + Review + Test 2	No readings MAR 16: Mini assignment 5 (Skinner) due Test 2, MAR 17 ( <b>ch 4 – ch 7</b> )
MAR 23, 24	Bandura & Beck + Rogers	Ch 8: Bandura and Social Cognitive Psychology; Beck and Cognitive Therapy
MAR 30, 31	Rogers + Maslow	Ch 9: Rogers and the Person-Centred Perspective MAR 30: Mini assignment 6 (Beck) due
APR 06, 07	Maslow + Review	Ch 10: Maslow and Transpersonal Psychology APR 07: Mini assignment 7 (Maslow) due
APR 13	Test 3	No readings Test 3, APR 13 ( <b>ch 8 – 10</b> )

### 5. Basis of Student Assessment (Weighting)

Mini assignments: Throughout the course there will be 7 mini assignments	28%	Assignment information can be found in the "Assignments" folder on D2L. Please see weekly schedule for due dates. Each assignment is worth 4%
Sound Track of my Life/Dream Analysis Assignment	8%	This is your larger assignment, due MAR 10. Assignment information can be found in the "Assignments" folder on D2L
Participation: This will include in-class seminar activities and discussions	5%	Please come to class ready to contribute in a way that promotes discussion and demonstrates enthusiasm and preparedness
Tests	Test 1: 22% Test 2: 22% Test 3: 15%	There will be 3 tests consisting mostly of multiple choice and short answer questions. Tests are non-cumulative. Please see weekly schedule for test dates

\*Although an unlikely event, I reserve the right to modify this course outline (e.g., change the due date of an assignment). Any changes will be announced to you in advance (both in class and posted on D2L).

If you are disappointed with a grade, it is your responsibility to arrange to meet with me to review the marking <u>at the time the material is graded</u>, not at the end of the term when the final grade is awarded. *I will not review a grade/assignment any later than 1 week after the grade was first posted*.

**Extensions:** Should you need an extension, please feel free to come and speak to me about it BEFORE the due date. If you are having trouble getting started on an assignment, do not hesitate to make use of my office hours. I would love to help you!

In determining your final letter grade in the course, anything .5 and above will be rounded up to the next percentage score; anything .4 and below will be rounded down to the previous percentage score. For example, 74.4% will be rounded to 74%, whereas 74.5% will be rounded to 75%.

## 6. Grading System

#### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

### **Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. ( <i>For these courses a final grade will be assigned to either the 3</i> <sup>rd</sup> course attempt or at the point of course completion.)
cw	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

## LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services, or the College web site at <u>camosun.ca</u>.

## STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services, and the College web site in the Policy Section.