



CAMOSUN COLLEGE
School of Arts & Science
Biology Department

BIOL 144: Physiology for Sport Education

WINTER 2017 COURSE OUTLINE

CALENDAR DESCRIPTION

Physiological processes are studied in a laboratory setting at the chemical, cellular and organ system level. Laboratory skills are emphasized with a focus on data collection, data presentation and data analysis in the context of scientific method. Students in this course will apply critical thinking in the context of physiological homeostasis, particularly as it relates to exercise and health. This course is designed for students in the Exercise and Wellness diploma program and the Athletic and Exercise Therapy degree program.

PREREQUISITES

Grade of C+ or better in English 12; Grade 11 level science, Math 11, Biology 143

1. Instructor Information

Instructor: Douglas Panton
Office hrs: M:9:30-10:30, Tu:1:30-2:30, W:12:30-2:30 & TH:9:30-10:30
Location: Tech 219
Phone: (250) 370-4406
E-mail: pantond@camosun.bc.ca

2. Required Materials

Sherwood and Ward. (2016) *Human Physiology from cells to systems*, Nelson Education Ltd. Toronto

Lab Manual: *Biology 144: Physiology Labs for Sport Education*,
(labs are printed from the course website)

3. Course Particulars

Class hours: 3 hrs lecture / week and 3 hrs lab / week
Credits : 4 credits

4. Intended Learning Outcomes

- *describe the concept of homeostasis and explain how it operates in the major physiological systems of the human body.*
- *demonstrate an understanding of the functioning of the major physiological systems of the human body at the cellular and systemic levels.*
- *explain the interactions between the major physiological systems of the body particularly as these interactions pertain to exercise and health*
- *correctly apply anatomical vocabulary both written and oral in a physiological context.*
- *learn basic laboratory skills and apply these skills in the collection of physiological data (measuring, pipetting, handling of chemicals, data collection, data presentation, lab safety)*
- *utilize critical thinking to apply physiological concepts to specific problem solving situations in the context of scientific method*

5. Basis of Student Assessment

Midterm 1	10%
Midterm 2	10%
Assignments and lab reports	35%
Lab exam	15%
final exam	30%

6. Grading System

The following percentage conversion to letter grade will be used:

A+ = 90 - 100%	B = 73 - 76%	D = 50 - 59%
A = 85 - 89%	B- = 70 - 72%	F = 0 - 49%
A- = 80 - 84%	C+ = 65 - 69%	
B+ = 77 - 79%	C = 60 - 64%	

7. Learning support and services for students

Learning Skills offers assistance to learners in a variety of ways.

<http://www.camosun.bc.ca/learning-skills/>

8. Student Responsibilities

1. *Students are expected to hand in any required assignments on time. Assignments are due at the **beginning** of the class period on the due date. Assignments not handed in at the beginning of class will be considered late, for which there is a 10% penalty/day.*
2. *Attendance correlates highly with academic success. If unable to attend a lecture or lab session, the student is responsible for arranging with a classmate to obtain information such as notes, handouts and announcements.*
3. *Examinations must be written as scheduled except in the case of illness or emergency. The student must notify the instructor **in advance** of the examination. Documentation acceptable to your instructor is required to schedule a make-up exam. **Vacation, work or travel plans do not constitute an emergency and exams will not be rescheduled***
4. *Any evaluation of work for in-class assignments or lab assignments, reports and/or participation will not be given if a student is not present in class or lab.*
5. *Quizzes will be written at the beginning of class; if you are late for class you may not be allowed to write the quiz*
6. *Students are expected to work independently on assignments unless the evaluation is based on group effort. Please see **ACADEMIC MISCONDUCT**.*

There is an **Academic Conduct Policy**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section, and in the **Camosun calendar**

7. Concerning spelling

Mastering the usage of anatomical and physiological terminology will be important to you for several reasons. Correct usage (pronunciation and spelling) will

- foster self confidence
- help to earn the respect of your professional colleagues
- reduce the chances of practical mistakes which may cause harm or embarrassment. (consider the difference between the terms **peroneal** and **perineal** or **ileum** and **ilium**)

You will be expected to use acceptable pronunciation and correct spelling for presentations, assignments and exams. **Penalties for spelling errors will be applied.** If writing is illegible, no marks will be given.

COURSE SCHEDULE - WINTER 2010

The following schedule is a tentative outline of lectures and laboratories. It is subject to change as the need arises. Changes will be announced in class.

WEEK/DATE	LECTURE TOPIC	LAB
Jan. 9-13	Intro to Chemistry	Lab 1: Intro to Laboratory Science
Jan 16-20	Intro to Cellular physiology	Lab 2: Intro to Chemical Concepts
Jan. 23-27 Jan. 23	Digestive Physiology Fee Deadline	Lab 3: Digestion of Organic Molecules
Jan 4- Feb. 3	Metabolism	Lab 4: Cellular Respiration and Glucose Monitoring
Feb. 6-10	MIDTERM 1 Neural Physiology	Lab 5: Reflexes and cranial nerve tests
Feb.13-17	Family day & Reading Break	(NO LABS)
Feb 20-24	Neural Physiology	(NO LABS)
Feb. 27- Mar. 3	Muscle Physiology	Lab 6: Sensory perception (Ch 7 overview)

Mar 6-10	Cardiovascular Physiology	Lab 7: Muscle Physiology
Mar 13-17 Mar. 13	Hematology Last day to withdraw	Lab 8: Cardiovascular Physiology
Mar 20-24	MIDTERM 2 Immunology / Defense Systems	Lab 9: Hematology and Immunology
Mar 27-31	Respiratory Physiology	Lab 10: Respiratory Physiology
Apr. 3-7	Renal Physiology	Lab 11: Urinalysis
14. Apr. 10-14 April 14	Renal Physiology & Reproductive Physiology Good Friday	LAB EXAM
Apr. 17 Apr 18-26	Easter Monday FINAL EXAM (scheduled by registrar)	