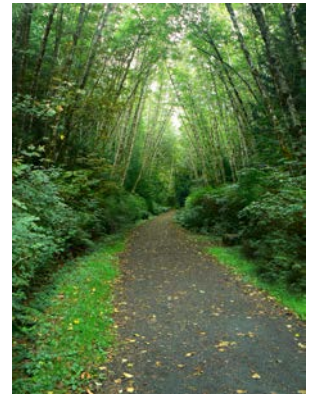




CAMOSUN COLLEGE
Arts and Sciences
Psychology

PSYC 164 Behaviour Management
Fall, 2016



COURSE OUTLINE

The course description is online @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

Instructor Information

| | |
|---------------------|--|
| Instructor | Katrina Gantly |
| Office Hours | By Appointment |
| Location | Paul 233 |
| Phone | 250-370-3202 |
| E-mail | gantly@camosun.bc.ca |
| Website | online.camosun.bc.ca |

Intended Learning Outcomes

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

Upon completion of this course the student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

Recommended Materials

Text: Behavior Modification *Miltenberger* Copyright 2016 Publisher Cengage Edition 6. Text is recommended, not required (see “hello” document)



Other: Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend.

Course Content and Schedule

Schedule:

| Date | Lecture Topics | Chapter(s) |
|---------|--|------------|
| Sept 9 | Course Outline, Expectations, Intro to ABA Discussion of Final Paper | 1 |
| Sept 16 | Observing/Recording Behaviour, Graphing and Measuring Behaviour Change Assignment 1 Assigned – Due Sept 21 in drop-box by midnight | 2, 3 |
| Sept 23 | Functional Assessment Assignment 2 Assigned – Due Sept 28 in drop-box by midnight | 13 |
| Sept 30 | Reinforcement, Extinction/Avoidance and Behavioural Contracts Assignment 3 Assigned – Due Oct 5 in drop-box by midnight | 4, 5, 21 |
| Oct 07 | Punishment, Differential Reinforcement and Sick Social Cycle Assignment 4 Assigned – Due Oct 12 in drop-box by midnight | 6, 15, 17 |
| Oct 14 | Stimulus Control, Prompting and Fading Assignment 5 Assigned – Due Oct 19 in drop-box by midnight | 7, 10 |
| Oct 21 | Shaping, Chaining, Biobehaviourism and Problem-Solving Assignment 6 Assigned – Due Oct 26 in drop-box by midnight | 9, 11 |
| Oct 28 | Antecedent Control Procedures and Habit Reversals Assignment 7 Assigned – Due Nov 2 in drop-box by midnight | 16, 23 |
| Nov 4 | Respondent Conditioning and Fear and Anxiety Reduction Procedures Assignment 8 Assigned – Due Nov 9 in drop-box by midnight | 8, 24 |
| Nov 11 | COLLEGE CLOSED FOR REMEMBRANCE DAY | |
| Nov 18 | Cognitive Behaviour Therapy and Mindfulness Assignment 9 Assigned – Due Nov 23 in drop-box by midnight | 25 |
| Nov 25 | Addictions Assignment 10 Assigned – Due Nov 30 in drop-box by midnight | |
| Dec 2 | Procrastination, Depression and Anxiety Assignment 11 Assigned – Due Dec 7 in drop-box by midnight | |
| Dec 9 | Special Topics: Chosen by Class | |

Basis of Student Assessment (Weighting)

Assignments: There will be 11 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, etc.). They take approximately 1 hour to complete, and you will have a week to complete them at home. **The top 10 scores count for 10% each toward your final grade for a total of 100% from assignments.**

***In order to make time more manageable for you, I've broken the research paper into three assignments, so it isn't separate. You will have the opportunity to do a literature review of current behavioural research, practice and write a short experiential piece on mindfulness and apply the procedures to your own behaviour. This way, rather than a big separate paper at the end of the course, you've done the same work and met the same learning outcome in a series of assignments.

Grading System

Standard Grading System (GPA)

| Percentage | Grade | Description | Grade Point Equivalency |
|------------|-------|--------------------------------------|-------------------------|
| 90-100 | A+ | | 9 |
| 85-89 | A | | 8 |
| 80-84 | A- | | 7 |
| 77-79 | B+ | | 6 |
| 73-76 | B | | 5 |
| 70-72 | B- | | 4 |
| 65-69 | C+ | | 3 |
| 60-64 | C | | 2 |
| 50-59 | D | | 1 |
| 0-49 | F | Minimum level has not been achieved. | 0 |

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in

each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://www.camosun.bc.ca/policies/policies.html>