

# CAMOSUN COLLEGE Arts and Sciences Psychology

# PSYC 164 D01 Behaviour Management Winter, 2016



# **COURSE OUTLINE**

The course description is online @ http://camosun.ca/learn/calendar/current/web/psyc.html

 $\Omega$  Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

#### Instructor Information

**Instructor** Katrina Gantly

Office Hours online
Location Paul 233
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# **Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

# Upon completion of this course the student will be able to:

- 1. Define and diagram procedures used in behaviour analysis.
- 2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
- 3. Describe ethical considerations when choosing to use any behaviour modification procedure.
- 4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
- 5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
- Write an APA style research paper reviewing current research in behaviour analysis.

## **Recommended Materials**

Text: Behavior Modification Miltenberger Copyright 2016 Publisher Cengage

Edition 6. Text is recommended, not required.

Other: All other content is online under the "Contents" tab.

# **Course Content and Schedule**

This course is entirely online and is asynchronous (this means the content for the entire course is available to you and you are free to work through entirely at your own pace). Below is a list of the modules, their numbers and the content and assignments associated with each module.

#### Schedule:

Module	Lecture Topics	Chapter(s)
1	Intro to ABA and Discussion of Final Paper	1
2	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change Assignment 1	2, 3
3	Functional Assessment Assignment 2	13
4	Reinforcement, Extinction/Avoidance	4, 5
5	Punishment, Differential Reinforcement and Sick Social Cycle  Assignment 3	6, 15, 17
6	Stimulus Control, Prompting and Fading Assignment 4	7, 10
7	Shaping, Chaining, Biobehaviourism and Problem-Solving Assignment 5	9, 11
8	Antecedent Control Procedures Assignment 6	16
9	Respondent Conditioning and Fear and Anxiety Reduction Procedures Assignment 7	8, 24
10	Self-Management, Behavioural Contracts and Habit Reversals  Assignment 8	20, 21, 23
11	Cognitive Behaviour Therapy and Mindfulness Assignment 9	25
12	Jealousy and Lying	
13	Depression and Anxiety	
14	Special Topics: Chosen by Class  Final Paper and All Outstanding Assignments due in drop-box by midnight,  April 18 <sup>th</sup> .	

# **Basis of Student Assessment (Weighting)**

Seminar Assignments: There will be 9 of these in total asking you to apply behavioural concepts to a

case study (observations in field, case files, etc.). They take approximately 1 hour to complete. The top 8 scores count for 9% each toward your final grade for a total of 72% from assignments.

**Research Paper:** You will be introduced to the research paper the first week of class. It will be worth 28% of your grade.

#### **Grading System**

## Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

# 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

#### **LEARNING SUPPORT AND SERVICES FOR STUDENTS**

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <a href="http://www.camosun.bc.ca">http://www.camosun.bc.ca</a>

#### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

http://www.camosun.bc.ca/policies/policies.html