

# CAMOSUN COLLEGE Arts and Sciences Psychology

# PSYC 164 Behaviour Management Winter, 2016



# **COURSE OUTLINE**

The course description is online @ http://camosun.ca/learn/calendar/current/web/psyc.html

 $\Omega$  Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

#### Instructor Information

**Instructor** Katrina Gantly

Office Hours Mon 11AM – 1PM; Tues 11AM – 12:30 PM or 2:30 PM – 4PM

**Location** Paul 233 **Phone** 250-370-3202

E-mail gantly@camosun.bc.ca
Website online.camosun.bc.ca

### **Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

### Upon completion of this course the student will be able to:

- 1. Define and diagram procedures used in behaviour analysis.
- 2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
- 3. Describe ethical considerations when choosing to use any behaviour modification procedure.
- 4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
- 5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
- Write an APA style research paper reviewing current research in behaviour analysis.

#### **Recommended Materials**

Text: Behavior Modification Miltenberger Copyright 2016 Publisher Cengage

Edition 6. Text is recommended, not required.

**Other:** Web-notes from my website (listed above). They will be available as PowerPoint

slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the

website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please

make sure that you can get the notes from a friend.

### **Course Content and Schedule**

# Tuesdays from 12:30 - 2:20 PM in Young 325

#### Schedule:

Date	Lecture Topics	Chapter(s)		
Jan 12	Course Outline, Expectations, Intro to ABA	1		
	Discussion of Final Paper			
Jan 19	Observing/Recording Behaviour, Graphing and Measuring Behaviour Change <b>Assignment 1</b> Assigned – Due January 22 <sup>nd</sup> in drop-box by midnight	2, 3		
Jan 26	Functional Assessment	13		
	<b>Assignment 2</b> Assigned – Due January 29 <sup>th</sup> in drop-box by midnight			
Feb 02	Reinforcement, Extinction/Avoidance	4, 5		
	Punishment, Differential Reinforcement and Sick Social Cycle	6, 15, 17		
Feb 09	<b>Assignment 3</b> Assigned – Due February 12 <sup>th</sup> in drop-box by midnight			
Feb 16	Stimulus Control, Prompting and Fading	7, 10		
	Assignment 4 Assigned – Due February 19th in drop-box by midnight			
Feb 23	Shaping, Chaining, Biobehaviourism and Problem-Solving	9, 11		
	Assignment 5 Assigned – Due February 26th in drop-box by midnight			
Mar 01	Antecedent Control Procedures	16		
	<b>Assignment 6</b> Assigned – Due March 4 <sup>th</sup> in drop-box by midnight			
Mar 08	Respondent Conditioning and Fear and Anxiety Reduction Procedures	8, 24		
	Assignment 7 Assigned – Due March 11 <sup>th</sup> in drop-box by midnight			
	Self-Management, Behavioural Contracts and Habit Reversals	20, 21, 23		
Mar 15	<b>Assignment 8</b> Assigned – Due March 18 <sup>th</sup> in drop-box by midnight			
	Cognitive Behaviour Therapy and Mindfulness	25		
Mar 22	Assignment 9 Assigned – Due March 25 <sup>th</sup> in drop-box by midnight			
Mar 29	Jealousy and Lying			
	Final Paper is Due March 29 <sup>th</sup> in drop-box by midnight			
Apr 05	Depression and Anxiety			
Apr 12	Special Topics: Chosen by Class			

#### **Basis of Student Assessment (Weighting)**

**Seminar Assignments**: There will be 9 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, etc.). They take approximately 1 hour to complete. The top 8 scores count for 9% each toward your final grade for a total of 72% from assignments.

**Research Paper:** I will give you a separate detailed hand-out concerning the paper during the first week of class. It will be worth 28% of your grade.

### **Grading System**

# **Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

#### **LEARNING SUPPORT AND SERVICES FOR STUDENTS**

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <a href="http://www.camosun.bc.ca">http://www.camosun.bc.ca</a>

#### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

http://www.camosun.bc.ca/policies/policies.html