

School of Arts & Science PSYCHOLOGY DEPARTMENT PSYC 120-002

Personal Growth and Development Winter, 2016

COURSE OUTLINE

The course description is online @ http://camosun.ca/learn/calendar/current/web/psyc.html

Ω Please note: the College electronically stores this outline for five (5) years only. It is strongly recommended you keep a copy of this outline with your academic records. You will need this outline for any future application/s for transfer credit/s to other colleges/universities.

1. Instructor Information

(a)	Instructor:	Bill Wong, PhD	
		Wed (11:00-11:50), Thu (11:00-11:50)	
(b)	Office Hours:	-If these do not work for you, contact me and we can	
		schedule an alternate & mutually agreeable time.	
(c)	Office:	Fisher 342B	
(d)	Phone:	250-370-3465 Alternative Phone: n/a	
(e)	Email:	wongw@camosun.ca – always use this e-mail © & NOT the D2L one	
(f)	D2L Website:	http://online.camosun.ca	
(g)	Class Time & Location	Tue (9:30-10:50)	
		Thu (9:30-10:50)	
		Y219 '	

2. Intended Learning Outcomes

Upon completion of this course the student will be able to:

- 1. Explain how and why theories of human growth and personality are developed.
- 2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
- 3. Examine critically the strengths, weaknesses and applicability of theories.
- 4. Explain how personality theories apply to one's own life.

3. Required Materials

Frager, F. & Fadiman, J. (2013). Personality and personal growth. (Camosun Custom

7th ed.) Boston, MA: Pearson. ISBN: 1-269-29890-9

4. Course Content and Schedule

See page 4 for all the details

5. Basis of Student Assessment (Weighting)

Task	Important notes	Value
Case studies	 Four (4) in-class writing activities will be given throughout the course (dates listed on p. 4 of this syllabus) In-class activities are worth up to 5% each You must be in attendance to participate – sorry, no make-up opportunities without appropriate documentation Instructions will be provided beforehand 	20%
Quizzes/ Activities	 Various activities done IN CLASS that may include a quiz or analysis Dates listed on p. 4 	7%
Exam 1	 Based on: class material, introduction, chaps 1 & 3 Questions requiring definitions & short answers. Few M/C questions. A study guide will be posted on D2L beforehand February 9, 2016 	27%
Exam 2	 Based on: class material, chapters 4, 5, & 7 March 15, 2016 A study guide will be posted on D2L beforehand 	27%
Exam 3	 Based on class material, chaps 8, 9, & 10 No study guide provided, all up to you! April 14, 2016 	19%
TOTAL		100%

6. Grading System

(No changes are to be made to this section unless the Approved Course Description has been forwarded through the Education Council of Camosun College for approval.)

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
1	Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	In progress: A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 rd course attempt or at the point of course completion.)
cw	Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

About your grade

- A. If you are not satisfied with a grade I have given, you have the right to ask me to regrade the work. Work that I review may receive the same grade, a lower grade, or a higher grade.
- B. I reserve the right to ask you to resubmit work, or to show me extra material related to it.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services, or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy which includes plagiarism. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services, and the College web site in the Policy Section.

8. Important information

College Policies	Camosun has policies on grading, academic offences, resolution procedures, and consequent sanctions. Please familiarize yourself with these policies (see 2015-2016 College calendar).
Attendance, assignments (e.g., papers) and exams	Attendance is important because it keeps you in contact with the course materials and any changes that may occur throughout the semester. A missed exam or assignment will result in a mark of zero. Unfortunately, make-up exams will not be offered unless there is a serious medical or compassionate reason that you would like considered. Contact the instructor before the test or due date. Time management issues and competing priorities are NOT sufficient reasons. Documentation to support your claim is always required (e.g., physician's note explaining why you could not attend the exam). A reduction in assignment/exam grade may also apply, depending on the situation.

STUDENT RESPONSIBILITIES

I expect students to follow certain standards of conduct:

- 1. All students are expected to follow the College's Student Conduct Policy
- 2. There will be <u>no</u> make-up opportunities without a doctor's note (or equivalent). It is up to you to follow up and make arrangements to catch up on missed assignments/exams.
- Exams must be written as scheduled. Make-up tests will only be allowed with proper documentation. You must contact the instructor <u>prior</u> to the test. The instructor will determine the alternate exam date and time.
- Assignments that are copied (identical or plagiarized) between students will be given 0% for ALL students with identical work.
- 5. Work must be used for this course only.
- 6. It is college policy that "If an instructor remains convinced that there has been a violation [such as plagiarism or cheating], he or she may assign a grade of F for the work involved, or for the course."

9. Class Schedule

Week	Date	Reading (before class)	Topic (note: exams and writing activities based on text AND class material)	Important due dates
1	Jan 12	-	Course overview – ice breaker & questions	
	Jan 14	Intro	Introduction: Personality and growth	
		(pp. 2-7)	 Evaluation framework 	
2	Jan 19	Chap 1	Psychodynamic: S. Freud	
	Jan 21		• Freud	Freud Quiz = 2%
3	Jan 26		• Freud	
	Jan 28		Case study analysis #1 – FreudNeoFreudian: A. Adler	Case study #1 = 5%
4	Feb 2	Chap 3	A. Adler	
	Feb 4		Case study analysis #2 - Adler	Case study #2 = 5%
5	Feb 9		 Exam 1 – Based on: Intro, chapters 1 & 3, class material A study guide will be posted on D2L beforehand 	Exam 1 = 27%
	Feb 11		NeoFreudian: K. Horney	
6	Feb 16	Chap 4	Horney	
	Feb 18	'	Reading Break – no class held	
7	Feb 23	Chap 5	Psychosocial: E. Erikson	K. Horney Quiz = 1%
	Feb 25		• Erikson	
8	Mar 1	Chap 7	Behavioural: B.F. Skinner / J.B. Watson	Erikson Quiz = 2%
	Mar 3	-	Skinner	
9	Mar 8		Skinner	Skinner Quiz = 2%
	Mar 10		Skinner (conclude)	
10	Mar 15		 Exam 2 – Chapters 4, 5, & 7, class material A study guide will be posted on D2L beforehand 	Exam 2 = 27%
	Mar 17	Chap 8	Cognitive: A. Bandura / A. BeckPractice P-B-E model	
11	Mar 22		Cognitive psychology	
	Mar 24		Case study analysis #3 – BanduraCognitive psychology	Case study #3 = 5%
12	Mar 29	Chap 9	Humanistic: C. Rogers	
	Mar 31		Rogers (conclude)	
13	Apr 5	Chap 10	Case study analysis #4 - RogersHumanistic: A. Maslow	Case study #4 = 5%
	Apr 7		Maslow	
14	Apr 12		Course summary	
	Apr 14		 Exam 3 on chapters 8, 9, & 10, class material No study guide provided: all up to you! 	Exam 3 (19%)

There is no 'other' final exam as the above exams/assignments total 100%



^{*}I reserve the right to make changes to this course outline.