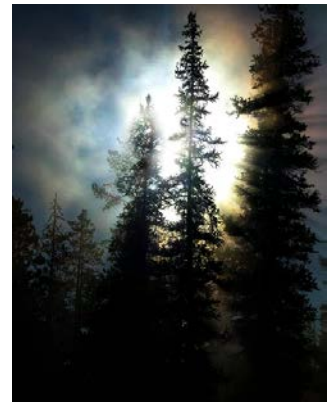




**CAMOSUN COLLEGE**  
**Arts and Sciences**  
**Psychology**

**PSYC 164 (D01) Behaviour Management**  
**Winter, 2015**



**COURSE OUTLINE**

---

The course description is online @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

---

**1. Instructor Information**

- |                         |  |
|-------------------------|--|
| <b>(a) Instructor</b>   | Katrina Gantly   |
| <b>(b) Office hours</b> | By appointment   |
| <b>(c) Location</b>     | Paul 233   |
| <b>(d) Phone</b>        | 250-370-3202   |
| <b>(e) E-mail</b>       | <a href="mailto:gantly@camosun.bc.ca">gantly@camosun.bc.ca</a> |
| <b>(f) Website</b>      | <a href="http://online.camosun.bc.ca">online.camosun.bc.ca</a> |



**2. Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

**Upon completion of this course the student will be able to:**

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

### 3. Required Materials

**Text:** *Behavior Modification: Principles and Procedures* (5<sup>th</sup> edition) by Raymond Miltenberger. Wadsworth, 2012.

**Other:** Overviews, weekly task descriptions, power-points, videos, discussions, etc. all found under the "Contents" tab in the D2L menu.

### 4. Course Content and Schedule

Week	Topics for Lecture	Assignments	Due Dates
<b>1 Jan 5 Module 1</b>	Course Outline, Expectations, Intro to ABA	Intro to Research Paper	
<b>2 Jan 12 Module 2</b>	Observing/Recording Behaviour, Graphing And Measuring Behaviour Change	<b>Assignment 1:</b> Case Study	
<b>3 Jan 19 Module 3</b>	Reinforcement (positive and negative) , Avoidance and Sick Social Cycle	<b>Assignment 2:</b> Case Study	
<b>4 Jan 26 Module 4</b>	Punishment	<b>Assignment 3:</b> Case Study	<b>Assignments 1-3 due January 31st</b>
<b>5 Feb 2 Module 5</b>	Extinction and Differential Reinforcement	<b>Assignment 4:</b> Case Study	
<b>6 Feb 9 Module 6</b>	Stimulus Control, Prompting and Fading	<b>Section 1 of Research Paper Due</b>	<b>Research Paper Section 1 Due by February 15th</b>
<b>7 Feb 16 Module 7</b>	Shaping, Chaining	<b>Assignment 5:</b> Case Study	
<b>8 Feb 23 Module 8</b>	Antecedent Control Procedures	<b>Assignment 6:</b> Case Study	<b>Assignments 4-6 due February 28th</b>
<b>9 Mar 2 Module 9</b>	Respondent Conditioning Fear and Anxiety Reduction Procedures	<b>Assignment 7:</b> Case Study	
<b>10 Mar 9 Module 10</b>	Cognitive Behaviour Therapy, Acceptance And Commitment Therapy and Mindfulness	<b>Assignment 8:</b> Case Study	
<b>11 Mar 16 Module 11</b>	Addictions and Mental Health	<b>Section 2 of Research Paper Due</b>	<b>Research Paper Section 2 Due by March 22nd</b>
<b>12 Mar 23 Module 12</b>	Self-Management , Behavioural Contracts And Habit Reversals	<b>Assignment 9:</b> Case Study	
<b>13 Mar 30 Module 13</b>	Biobehaviourism and Problem-Solving	<b>Assignment 10:</b> Case Study	<b>Assignments 7-10 due March 31st</b>
<b>14 Apr 6 Module 14</b>	Functional Assessment	Course is finished.	

## 5. Basis of Student Assessment (Weighting)

**Assignments:** There will be 10 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, video, your own behaviour, etc.). The **top eight scores count for 9% each toward your final grade for a total of 72% from assignments.**

**Research Paper:** I will post a separate, detailed file concerning the paper during the first week of class. It **will be worth 20% of your grade.**

**Discussions:** There will be four of these during the term, asking you to analyze a current event, reflect on a larger social issue, etc. These will be less than a paragraph each and will be posted in the "discussions" section. **Each of these contributions will be worth 2% for a total of 8% of your total grade.**

## 6. Grading System

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://www.camosun.bc.ca/policies/policies.html>

