



COURSE OUTLINE

The course description is online @ <http://camosun.ca/learn/calendar/current/web/psyc.html>

Ω Please note: the College electronically stores this outline for five (5) years only.
It is **strongly recommended** you keep a copy of this outline with your academic records.
You will need this outline for any future application/s for transfer credit/s to other colleges/universities.

1. Instructor Information

(a)	Instructor:	Grace Chan	
(b)	Office Hours:	Wed 12:30-2:30, Friday 1:30-2:30	
(c)	Location:	F352	
(d)	Phone:	3217	Alternative Phone:
(e)	Email:	chang@camosun.bc.ca	
(f)	Website:	D2L	

2. Intended Learning Outcomes

(No changes are to be made to these Intended Learning Outcomes as approved by the Education Council of Camosun College.)

Upon completion of this course the student will be able to:

1. Explain how and why theories of human growth and personality are developed.
2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
3. Examine critically the strengths, weaknesses and applicability of theories.
4. Explain how personality theories apply to one's own life.

3. Required Materials

- (a) Texts See below
- (b) Other

4. Course Content and Schedule

(This section can include: class hours, lab hours, out of class requirements and/or dates for quizzes, exams, lectures, labs, seminars, practicums, etc.)

See below

5. Basis of Student Assessment (Weighting)

(This section should be directly linked to the Intended Learning Outcomes.)

- (a) Assignments
- (b) Quizzes See below
- (c) Exams
- (d) Other (e.g., Attendance, Project, Group Work)

6. Grading System

(No changes are to be made to this section unless the Approved Course Description has been forwarded through the Education Council of Camosun College for approval.)

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at camosun.ca for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 rd course attempt or at the point of course completion.)
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services, or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services, and the College web site in the Policy Section.

ADDITIONAL COMMENTS AS APPROPRIATE OR AS REQUIRED

Psychology 120-01 - Winter 2015
Personal Growth and Development

Instructor: Grace Chan
Office: F352
**Office Hours: see posted times
or by appointment**

Phone: 250-370-3217
E-mail: chang@camosun.bc.ca
D2L mail (preferred)

Text:

Fadiman, J. & Frager, F. (2013/2014). *Personality and personal growth*. (7th edition/custom edition) Upper Saddle River, NJ: Pearson.

Calendar Description

This course offers the student an academic and experiential introduction to models of personal growth. Topics: psychoanalytic, behaviouristic, humanistic, and transpersonal approaches.

Course Objectives & Intended Learning Outcomes

Learning theories of personality, models of personal growth and development, students will be able to apply the concepts for self understanding and growth. Upon completion of this course, the student will be able to:

1. Explain how and why theories of human growth and personality are developed.
2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
3. Examine critically the strengths, weaknesses and applicability of theories.
4. Explain how personality theories apply to one's own life.

Class organization

Classes will combine lectures, readings, discussion and experiential exercises to assist the integration of specific theories or concepts. **Your participation in class activities is essential to meeting class objectives.**

***Note:** This course is an exploration of theories and of oneself. All participants are expected to maintain confidentiality about personal information learned about other students.

Course Evaluation

Tests	60%	<ul style="list-style-type: none"> • 3 tests – test #1 -21%, test #2 -20%, test #3 -19% • tests are based on lectures and assigned readings • tests will consist of multiple choice and short answer questions • tests will not be cumulative • see class schedule for test dates 																																				
Quizzes	10%	<ul style="list-style-type: none"> • 10 quizzes - best 8 marks will count • see class schedule for quizzes dates • given at the beginning of class - <u>no make-up quiz</u> 																																				
In-Class Case Studies & Activities (Seminar)	15%	<ul style="list-style-type: none"> • in-class case studies and activities • students must be in attendance to participate - <u>no make-up</u> 																																				
Personal Reflection Exercises (PRE)	15%	<ul style="list-style-type: none"> • 5 personal reflection exercises • see separate handout for guidelines, topics, and due dates • hand in to D2L Dropbox (online) – <u>no late</u> 																																				
Total	100%	<p><u>Letter Grade:</u></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;">Grade</th> <th style="text-align: center;">Percentage</th> <th style="text-align: center;">Description</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">A+</td> <td style="text-align: center;">90-100%</td> <td>Superior levels of achievement</td> </tr> <tr> <td style="text-align: center;">A</td> <td style="text-align: center;">85-89%</td> <td></td> </tr> <tr> <td style="text-align: center;">A-</td> <td style="text-align: center;">80-84%</td> <td></td> </tr> <tr> <td style="text-align: center;">B+</td> <td style="text-align: center;">77-79%</td> <td>High levels of achievement</td> </tr> <tr> <td style="text-align: center;">B</td> <td style="text-align: center;">73-76%</td> <td></td> </tr> <tr> <td style="text-align: center;">B-</td> <td style="text-align: center;">70-72%</td> <td></td> </tr> <tr> <td style="text-align: center;">C+</td> <td style="text-align: center;">65-69%</td> <td>Satisfactory level of achievement</td> </tr> <tr> <td style="text-align: center;">C</td> <td style="text-align: center;">60-64%</td> <td>Sufficient level of achievement to proceed with next level of study</td> </tr> <tr> <td style="text-align: center;">D</td> <td style="text-align: center;">50-59%</td> <td>Minimum level of achievement for which credit is granted</td> </tr> <tr> <td style="text-align: center;">F</td> <td style="text-align: center;">0-49%</td> <td>Minimum level is not achieved</td> </tr> <tr> <td style="text-align: center;">I</td> <td colspan="2">Standing incomplete until such time as the work is completed, normally to a maximum of six weeks following a semester</td> </tr> </tbody> </table>	Grade	Percentage	Description	A+	90-100%	Superior levels of achievement	A	85-89%		A-	80-84%		B+	77-79%	High levels of achievement	B	73-76%		B-	70-72%		C+	65-69%	Satisfactory level of achievement	C	60-64%	Sufficient level of achievement to proceed with next level of study	D	50-59%	Minimum level of achievement for which credit is granted	F	0-49%	Minimum level is not achieved	I	Standing incomplete until such time as the work is completed, normally to a maximum of six weeks following a semester	
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Guidelines of student conduct:

1. All students are expected to follow the College's Student Conduct Policy - see below.
2. It is essential for students to attend all classes. You must be in attendance to participate in in-class activities/writings. There will be no make-up opportunities without a doctor's note.
3. Tests must be written as scheduled. Make-up tests will only be allowed with proper documentation. You must contact the instructor prior to the test, and provide documentation within 7 days of the missed test date to be eligible for the make-up test.
4. There will a 5% per week penalty on late assignments without prearrangement and proper documentation.
5. Work must be used for this course only. Work copied (identical or plagiarized) between students will be given 0% for all students involved.
6. Late work will only be accepted in extreme cases. The instructor reserves the right not to give make-up tests, and to refuse or penalize late assignments. Please schedule your time to meet all due dates.

ACADEMIC CONDUCT POLICY

There is an Academic Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html

LEARNING SUPPORT AND SERVICES FOR STUDENTS

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Psychology 120 -01– Winter 2015
Class Schedule

Week	Date Lecture Wed	Topics	Readings	Seminar Friday	PRE Due Sun 11:59pm	
1	Jan 7-9	Introduction/ What is Personality?	Introduction	#1		
2	Jan 14-16	Freud	Ch 1	#2 Freud Quiz		
3	Jan 21-23	Adler	Ch 3	#3 Adler Quiz	Personal Reflection A Jan 25	
4	Jan 28-30	Horney	Ch 4	#4 Horney Quiz		
5	Feb 4-6	Test #1 Erikson		#5		
6	Feb 11-13	Erikson	Ch 5	<i>Reading Break</i>	Personal Reflection B Feb 15	
7	Feb 18-20	Jung	Ch 2	#6 Erikson Quiz		
8	Feb 25-27	James	Ch 6	#7 Jung Quiz	Personal Reflection C Mar 1	
9	Mar 4-6	Test #2 Skinner		#8 James Quiz		
10	Mar 11-13	Skinner	Ch 7	#9 Skinner Quiz		
11	Mar 18-20	Bandura	Ch 8	#10 Bandura Quiz	Personal Reflection D Mar 22	
12	Mar 25-27	Rogers	Ch 9	#11 Roger Quiz		
13	Apr 1-3	Maslow	Ch 10	<i>Good Friday</i>	Personal Reflection E Apr 5	
14	Apr 8-10	Test #3		#12 Maslow Quiz Final Reflection (3 points)		