



School of Arts & Science
Biology Department

Biology 153 Anatomy and Physiology for Nursing 2

COURSE OUTLINE Winter 2013

INTRODUCTION

This course is a continuation of BIOL 152. It examines anatomy and physiology of organ systems not previously studied. Additional topics include an introduction to microbiology and infection control, nutrition, pregnancy and childbirth. Physiological principles and application to nursing practice are emphasized.

LEARNING OUTCOMES

Upon completion of Biology 153, the student will be able to:

1. Use knowledge of normal anatomy and physiology to differentiate normal from abnormal.
2. Use and understand correct anatomical and physiological terminology as it relates to the cardiovascular, digestive, respiratory, lymphatic, immune, urinary and reproductive systems.
3. Use knowledge of anatomy and physiology as a basis for further study of pathophysiology.
4. Apply knowledge of anatomy and physiology gained through laboratory activities in a variety of settings.
5. Use concepts related to basic anatomy, physiology, nutrition and microbiology in order to explain maintenance of health and prevention of disease.

Comprehension of material covered in the prerequisite courses, Biology 12 or 080, Biology 152 and Chemistry 11 is necessary in order to understand concepts taught in Biology 153. Students are expected to review this prerequisite material, if necessary, as it too is testable.

INSTRUCTOR

Peggy Hunter

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Tutorial: M 3:30 – 4:30 (F310)
F 11:30 – 12:30 (F322)

Office Hours: M 1:30 – 3:30 pm
W 2:30 – 3:30 pm
R 10:00 – 11:00 am

TEXTBOOKS – Required

Martini and Ober. (2011). *Visual Anatomy and Physiology*, Pearson Education Inc. San Francisco.

Department of Biology. (2013). *Biology 153 Anatomy & Physiology II Laboratory Manual*, Camosun College, Victoria. **Labs will be posted on D2L. Please download and print them off as they appear.**

TEXTBOOKS – Optional

(Some students find these resources helpful with their preferred study/learning styles, but they are not required. Please consult your instructor if you have any questions about these optional texts.)

Engelkirk, P.G. and Burton, G.R.W. (2007). *Burton's Microbiology for the Health Sciences*. Lippincott Williams & Wilkins.

*Kapit, W. and Elson, L. (2002). *The Anatomy Coloring Book*. New York, NY: Harper & Row. (*or other similar publication)

Krieger, P.A. (2009). *A Visual Analogy Guide to Human Physiology*. (2nd Ed.) Morton Publishing Company, Colorado.

N.B. You will obtain information from several sources including lectures, class discussions, textbooks, videos, labs and clinical courses. Do not rely exclusively on any one, or only some of the sources.

LAB REQUIREMENTS

1. Students are required to wear **closed shoes** (e.g. no flip flops, sandals, or shoes with holes) **and a laboratory coat** during all lab sessions. (Cloth coats are preferable but disposable ones are acceptable.) If you forget your lab coat when one is required, you may rent one for \$5. Without proper protective clothing and shoes, you will not be permitted to attend that lab.
2. Binder for laboratory manual, notes and assignments.
3. This semester, instead of purchasing a lab manual, **labs will be posted on D2L for you to download**. Please print these labs and complete the prelab before coming to class.

GRADING SCHEME

The following grades will be applied to examinations and other forms of evaluation in this course:

A+ = 90 - 100%	B+ = 77 - 79%	C+ = 65 - 69%	D = 50 - 59%
A = 85 - 89%	B = 73 - 76%	C = 60 - 64%	F = 0 - 49%
A- = 80 - 84%	B- = 70 - 72%		

EVALUATION

There will be two theory examinations and two laboratory examinations. Examination questions in Biology 153 will incorporate critical thinking and problem-solving. Marks will also be awarded for prelab work, quizzes and assignments. Examinations will be given at times indicated on the Course Schedule. Assignments will be due at times as announced in class. Please see STUDENT RESPONSIBILITIES.

Prelabs	5%
Assignments and quizzes	10%
Midterm Lecture Exam (Feb. 20, 5:00 – 6:20 pm)	25%
Lab Exam I (midterm)	10%

Lab Exam II (final)
Final Comprehensive Theory Exam

15%
35%
TOTAL 100%

IMPORTANT TO NOTE!

Exams must be written at the scheduled times. If a student is unable to attend an exam because of a genuine medical or other emergency, the instructor must be notified in advance of the examination. Upon submission of acceptable supporting documentation, the following accommodations will be available:

- if the Midterm Lab Exam is missed, the Final Lab Exam will be extended and will count for 25% of the final grade
- if a student is unable to take the final laboratory examination and provides acceptable documentation, an oral laboratory examination may be given
- if the Midterm Lecture Exam is missed, a make-up Lecture Exam will be scheduled during week 11.

This exam will cover all topics up to and including week 10.

Vacation plans and scheduled flights do not constitute an emergency.

Concerning spelling

Mastering the usage of anatomical and physiological terminology will be important to you for several reasons. Correct usage (pronunciation and spelling) will:

- foster self confidence
- help to earn the respect of your professional colleagues
- reduce the chances of practical mistakes which may cause harm or embarrassment

Consider the difference between the terms **peroneal** and **perineal**.

You will be expected to use acceptable pronunciation and correct spelling for presentations, assignments and exams. **Penalties for spelling errors will be applied.** If writing is illegible, no marks will be given.

STUDENT RESPONSIBILITIES

1. Students are expected to hand in any required reports on time.
2. Assignments are due at the beginning of class. **Late assignments receive a penalty of 10% per day.**
3. Attendance is important to ensure success. If unable to attend a session, the student is responsible for arranging with a classmate to obtain information such as notes, handouts and announcements.
4. Examinations must be written as scheduled. Exceptions may be made for emergencies at the discretion of the instructor and only if documentation of the illness or emergency acceptable to the department is received. The student must notify the instructor **in advance** of the examination.
5. Any evaluation of work for in-class/lab assignments, reports and/or participation will not be given if a student is not present for any reason.
6. Students are expected to work independently on reports unless instructed that the evaluation is based on group effort and evaluation
7. Students must know and follow all Safety Rules and Procedures.
8. Students must sign the Safety Contract before participating in any laboratory activity.
9. Failure to follow the Safety Rules and Procedures will result in penalties at the discretion

of the instructor.

10. Students **must turn off cell phones and pagers** during lectures and laboratory sessions.
11. All laboratories start punctually. Information necessary for performing the laboratory correctly and safely is given at the beginning of the lab.

ACADEMIC MISCONDUCT

Academic misconduct includes but is not limited to the following acts:

1. Giving or receiving unauthorized information to or from another student during any examination or test.
2. Obtaining or providing, without authorization, questions or answers relating to any examination or test prior to the time of the examination or test.
3. Using unauthorized sources of information during any examination or test.
4. Asking or arranging for another person to take any examination or test in one's place.
5. Plagiarizing, that is, appropriating the work of another or parts or passages of another's writing, or the ideas or language of the same, and passing them off as the product of one's own mind or manual skill.

According to Camosun College policy, the consequence for academic misconduct is an 'F' grade for the work involved or for the course as a whole.

ACADEMIC CONDUCT POLICY

There is an Academic Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://camosun.ca/about/policies/education-academic/e-2-student-services-&-support/e-2.5.pdf>

BIOLOGY 153 COURSE SCHEDULE WINTER 2013

The following is a **tentative** schedule of lectures and labs. Changes may be announced in class.

		<i>Lecture</i>	<i>Lab Activity</i>
1	Jan 7 – 14	Blood vessels, blood pressure	Introduction
2	Jan 14 – 18	Capillary exchange Hematology	LAB 1: Lab Safety (Review) Blood vessels, blood pressure
3	Jan 21 – 25	Hematology	LAB 2: Hematology
4	Jan 28 – Feb 1	Lymphatic System Immunology	LAB 3: Microbiology 1
5	Feb 4 – 8	Immunology	LAB 4: Microbiology 2
6	Feb 11 Feb 12 – 15	Family Day (College Closed) Digestive System	LAB 5: Lymphatic System
7	Feb 18-20 Feb 20 Feb 21-22	Digestive system MIDTERM LECTURE EXAM * READING BREAK	NO LABS MIDTERM 5:00 - 6:30 PM (F100)
8	Feb 25 – Mar 1	Digestive system Metabolism	MIDTERM LAB EXAM
9	Mar 4 – 8	<i>Metabolism</i>	LAB 6: Digestive System A&P
10	Mar 11 – 15	Respiratory System	LAB 7: Nutrition and Metabolism
11	Mar 18 – 22	Respiratory System Urinary system	LAB 8 : Respiratory System A&P
12	Mar 25 – 29 Mar 29	Urinary System Good Friday (College closed)	LAB 9: Urinary System A&P
13	April 1 Apr 1 – 5	Easter Monday (College closed) Fluid Acid Base Balance Reproductive System	LAB 10: Reproductive System
14	Apr 8 – 12	Reproductive System	FINAL LAB EXAM
	Apr 15 – 20, 22, 23	FINAL COMPREHENSIVE EXAM (Date TBA) Do NOT make any travel plans during the exam period!	

(* the midterm will be scheduled **outside of normal class time in the evening** on Wednesday, February 20th from 5:00-6:20 pm, rooms to be announced)