

# School of Arts & Science PSYCHOLOGY DEPARTMENT PSYC 164

# Behaviour Management Fall, 2011

#### **COURSE OUTLINE**

The course description is online @ <a href="http://camosun.ca/learn/calendar/current/web/psyc.html">http://camosun.ca/learn/calendar/current/web/psyc.html</a>

Please note: the College electronically stores this outline for five (5) years only.

It is strongly recommended you keep a copy of this outline with your academic records.

You will need this outline for any future application/s for transfer credit/s to other colleges/universities.

#### **Instructor Information**

Instructor:	Katrina Gantly		
Office Hours:	T 1-2:30 and		
	W 11:30 – 1 as well as online Th 9 – 11:00 PM		
Location:	Paul 233		
Phone:	250-370-3202		
Email:	gantly@camosun.bc.ca OR/ littlegremlin11@gmail.com		
Website:	online.camosun.ca		

#### **Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

#### Upon completion of this course the student will be able to:

- 1. Define and diagram procedures used in behaviour analysis.
- 2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
- 3. Describe ethical considerations when choosing to use any behaviour modification procedure.
- 4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
- Analyze and describe the behavioural procedures used in a variety of research and applied examples.
- 6. Write an APA style research paper reviewing current research in behaviour analysis.

#### **Recommended Materials**

Texts: Behavior Modification: What it is and How to do it by Martin and Pear (2011)

Other: **Web-notes** from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get

the notes from a friend. \*\*\*Important...due to the number of students coming and going during the first week of class, I will provide hard-copies of all notes and assignments.

#### **Course Content and Schedule**

PSYC 164: 001 Wednesday and Friday 10:00 - 11:20 AM in Fisher 206

### Tentative Schedule of Lectures, Tests, Assignments and Paper

Week	Wednesday	Friday
Sept 6-9	Course Outline, Expectations, Intro to ABA	Discussion of Research Paper
		Observing/Recording Behaviour
Sept 12-16	Graphing and Measuring Behaviour change	Assignment 1: Naturalistic Observations and
	Reinforcement	Interobserver Reliability – graphing change
Sept 19-23	Extinction/Avoidance	Differential Reinforcement
	Punishment	Sick Social Cycle
		Assignment 2: Case Study Analysis
Sept 26-30	Test 1: Please see Focus Topics for details	Research Paper Applications
Oct 3 – 7	Stimulus Control	<b>Assignment 3: Case Study Analysis</b>
	Prompting and Fading	
Oct 10-14	Shaping	<b>Assignment 4: Case Study Analysis</b>
	Chaining	
	Antecedent Control Procedures	
Oct 17-21	Test 2: Please see Focus Topics for details	Research Paper Applications
Oct 24-28	Respondent Conditioning	<b>Assignment 5: Case Study Analysis</b>
	Fear and Anxiety Reduction Procedures	
Oct 31 -	Self-Management	<b>Assignment 6: Case Study Analysis</b>
Nov 4	Behavioural Contracts	
Nov 7-11	Test 3: Please see Focus Topics for details	Research Paper Applications
Nov 14-18	Habit Reversals	Research Paper Summary
	Token Economies	
Nov 21-25	Functional Assessment	Research Paper Due
Nov 28 –	Cognitive Behaviour Therapy	Biobehavioural Psychology
Dec 2	Mindfulness	Problem-Solving
Dec 5-9	Learning and Memory Strategies	Test 4: Please see Focus Topics for details.

#### **Basis of Student Assessment (Weighting)**

- 1. **Tests:** There will be four in total, covering approximately 5-7 chapters each. They will not be cumulative. These tests will count for 12.5% each for a total of 50% from tests. Format for these tests will be a variation of 1/3 marks from multiple choice, true/false, matching, etc., 1/3 marks from short answers (1-3 sentences long) and 1/3 marks from paragraph answers (5-7 sentences long).
- 2. Seminar Assignments: There will be 6 of these in total asking you to apply behavioural concepts to a case study (presented and completed in class). They count for 5% each toward your final grade for a total of 30% from assignments.
- 3. **Research Paper:** I will give you a separate detailed hand-out concerning the project and paper during the first seminar class. It will be worth 20% of your grade.

# **Summary of Evaluation:**

Tests: 4 X 12.5% each = 50% of total grade

Assignments: 6 assignments X 5% each = 30% of total grade

Paper: 20% of total grade

### **Grading System**

#### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

### **Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description	
1	Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.	
IP	In progress: A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 <sup>rd</sup> course attempt or at the point of course completion.)	
CW	Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.	

# Recommended Materials or Services to Assist Students to Succeed Throughout the Course

#### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services, or the College web site at <a href="mailto:camosun.ca">camosun.ca</a>.

# STUDENT CONDUCT POLICY

There is a Student Conduct Policy which includes plagiarism. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services, and the College web site in the Policy Section.