

# School of Arts & Science PSYCHOLOGY DEPARTMENT PSYC 120-002

# Personal Growth and Development

**Winter 2011** 

# **COURSE OUTLINE**

The course description is online @ http://camosun.ca/learn/calendar/current/web/psyc.html

Ω Please note: the College electronically stores this outline for five (5) years only. It is strongly recommended you keep a copy of this outline with your academic records. You will need this outline for any future application/s for transfer credit/s to other colleges/universities.

#### 1. Instructor Information

(a)	Instructor:	Grace Chan			
(b)	Office Hours:	Tue/Thurs 2:30-4, Wed 3:30-4:30			
(c)	Location:	F352			
(d)	Phone:	250-370-3217	Alternative Phone:		
(e)	Email:	ChanG@camosun.bc.ca			
(f)	Website:	D2L			

#### 2. Intended Learning Outcomes

(No changes are to be made to these Intended Learning Outcomes as approved by the Education Council of Camosun College.)

Upon completion of this course the student will be able to:

- 1. Explain how and why theories of human growth and personality are developed.
- 2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
- 3. Examine critically the strengths, weaknesses and applicability of theories.
- 4. Explain how personality theories apply to one's own life.

#### 3. Required Materials

(a) Texts

Fadiman, J. & Frager, F. (2005). *Personality and personal growth*. Upper Saddle River, NJ: Pearson.

(b) Other

#### 4. Course Content and Schedule

(This section can include: class hours, lab hours, out of class requirements and/or dates for quizzes, exams, lectures, labs, seminars, practicums, etc.)

See below

#### 5. Basis of Student Assessment (Weighting)

(This section should be directly linked to the Intended Learning Outcomes.)

- (a) Assignments
- (b) Quizzes

See below

- (c) Exams
- (d) Other (e.g., Attendance, Project, Group Work)

### 6. Grading System

(No changes are to be made to this section unless the Approved Course Description has been forwarded through the Education Council of Camosun College for approval.)

# Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	Α		8
80-84	A-		7
77-79	B+		6
73-76	В		5
70-72	B-		4
65-69	C+		3
60-64	С		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

#### **Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	Incomplete: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	In progress: A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 <sup>rd</sup> course attempt or at the point of course completion.)
cw	Compulsory Withdrawal: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

# 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

#### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services, or the College web site at <a href="mailto:camosun.ca">camosun.ca</a>.

#### STUDENT CONDUCT POLICY

There is a Student Conduct Policy which includes plagiarism. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services, and the College web site in the Policy Section.

ADDITIONAL COMMENTS AS APPROPRIATE OR AS REQUIRED

# **Course Evaluation**

		1			
Tests	40%	<ul> <li>2 tests – 20% each</li> <li>tests are based on lectures and assigned readings</li> <li>tests will consist of multiple choice and short answer questions</li> <li>tests will not be cumulative</li> <li>see class schedule for test dates</li> <li>there will be a 5% per week penalty on late tests</li> </ul>			
Assignments	25%	<ul> <li>two assignments – <u>one assignment due before test #1</u></li> <li>see separate handout for guidelines, topics, &amp; due dates</li> <li>use Microsoft Word – 3-4 typed pages, Times 12 pt, double-spaced</li> <li>hand in to D2L Dropbox (online)</li> <li>there will be a 5% per week penalty on late assignments</li> </ul>			
Quizzes	15%	<ul> <li>9 quizzes - best 8 marks will count</li> <li>see class schedule for quizzes dates</li> <li>given at the beginning of class - no make-up quiz</li> </ul>			
In-Class Work (ICW)	10%	<ul> <li>in-class activities &amp; writings given throughout the course</li> <li>students <u>must</u> be in attendance to participate - no make-up</li> </ul>			
Personal Reflection Exercises (PRE)	10%	<ul> <li>10 exercises – do 5 before test #1</li> <li>see separate handout for guidelines, topics, and due dates</li> <li>use Microsoft Word – include word count – 300 words 1 mark, 150-300 words ½ mark, below 150 no mark</li> <li>hand in to D2L Dropbox (online)</li> </ul>			
Total	100%	Letter Grade:			
		Grade	Percentage	Description	
		A+	90-100%	Superior levels of achievement	
		A	85-89%	Capation levels of definevernerit	
		A-	80-84%		
		B+	77-79%	High levels of achievement	
		В	73-76%		
		B-	70-72%		
		C+	65-69%	Satisfactory level of achievement	
		С	60-64%	Sufficient level of achievement to proceed with next level of study	
		D	50-59%	Minimum level of achievement for which credit is granted	
		F	0-49%	Minimum level is not achieved	
		i		mplete until such time as the work is	
			completed, normally to a maximum of six weeks following a semester		
			<u> </u>		

# **Guidelines of student conduct:**

- 1. All students are expected to follow the College's Student Conduct Policy see below.
- 2. It is essential for students to attend all classes. You <u>must</u> be in attendance to participate in in-class activities/writings. There will be <u>no</u> make-up opportunities without a doctor's note.
- 3. Tests must be written as scheduled. Make-up tests will only be allowed with proper documentation. You must contact the instructor <u>prior</u> to the test, and provide documentation within 7 days of the missed test date to be eliqible for the make-up test.
- 4. Assignments must be typed and be handed in at the start of the class on due dates. There will a 5% per week penalty on late assignments without prearrangement and proper documentation.
- 5. Work must be used for this course only. Work copied (identical or plagiarized) between students will be given 0% for all students involved.
- Late work will only be accepted in extreme cases. The instructor reserves
  the right not to give make-up tests, and to refuse or penalize late
  assignments. Please schedule your time to meet all due dates.

# **ACADEMIC CONDUCT POLICY**

There is an Academic Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html

# LEARNING SUPPORT AND SERVICES FOR STUDENTS

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# Psychology 120 - 02 - Winter 2011 <u>Class Schedule</u>

Week	Date	Topic	Reading	Quizzes (8 best)	Assignments (two required – one before Test	Personal Reflection Exercises (Choose 10 - do 5 before Test #1)
1	Jan 11 T	Introduction / What is Personality?	Introduction		#1)	o bollor root mily
	13	Personality /				
	Th	Freud				
2	18 T	Freud	Ch 1			
	20 Th	Freud				
3	25 T	Adler	Ch 3	Freud	Freud	Freud
	27 Th	Adler				
4	Feb 1 T	Horney	Ch 4	Adler	Adler	Adler
	3 Th	Horney				
5	8 T	Erikson	Ch 6	Horney	Horney	Horney
	10 Th	Erikson				
6	15 T	Erikson				
	17 Th	Review		Erikson	Erikson	Erikson
7	22 T	TEST #1				
	24 Th	Reading Break				
8	Mar 1 T	Jung	Ch 2			
	3 Th	Jung				
9	8 T	Jung				
	10 Th	James	Ch 7	Jung	Jung	Jung
10	15 T	James				
	17 Th	Skinner	Ch 8	James	James	James
11	22 T	Skinner				
	24 Th	Skinner Bandura				
12	29 T	Rogers	Ch 11	Skinner	Skinner	Skinner
	31 Th	Rogers				
13	Apr 5 T	Maslow	Ch 12	Rogers	Rogers	Rogers
	7 Th	Maslow				
14	12 T	Review		Maslow	Maslow	Maslow
	14 Th	TEST #2				

