



**School of Arts & Science
Psychology**

**Psyc 164 001: Behaviour Management
Winter, 2010**

COURSE OUTLINE

Instructor Information

Instructor: Katrina Gantly
Office hours: M 12:30 PM – 2:30 PM
T/Th 1:30 PM – 2:30 PM
Office: Fisher 308A
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Website: <http://online.camosun.ca/>



Course Description and Intended Learning Outcomes

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

Upon completion of this course the student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

D2L (Desire 2 Learn)

The course materials (web-notes, focus topics, course outline and grades) are available on my website, and were developed using D2L. The first time you go to the site, please follow these steps:

- Type <http://online.camosun.ca/> into your address bar
- In the upper left corner you will see a little box titled "Login"
- **Your Username:** Your username to log on to Desire2Learn is your first name, followed by a dot (.) followed by your last name and the day of the month your birthday falls on. For example, if your name is Mick Jagger and your birth date is July 5, your username is **mick.jagger05**
- **Your Password:** The first time you log on, your password will be your date of birth in *mmddyy* format. You will be prompted to change your password the first time you log on.
- **Any courses in which you are enrolled that are using D2L will appear on the page. Click Psyc 164:001 to access the web-page for this course.**

Recommended Materials

Texts: Martin and Pear (2007) Behavior Modification: What it is and How to do it (8th edition)

Optional Materials: Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/3 - 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend. ***Important...due to the number of students coming and going during the first week of class, I will provide hard-copies of all notes and assignments.

Course Content and Schedule

Psyc 164: 001 - Mondays 10:00 AM – 12:50 PM Young 201

Evaluation Methods:

- 1. Seminar Assignments:** There will be 10 of these in total asking you to apply behavioural concepts to a case study (presented and completed in class). The top 8 scores count for 10% each toward your final grade for a total of 80% from assignments.
- 2. Research Paper:** I will give you a separate detailed hand-out concerning the project and paper during the second class. It will be worth 20% of your grade.

Summary of Evaluation:

Assignments: 8 assignments X 10% each = 80% of total grade

Paper: 20% of total grade

Tentative Schedule of Topics, Assignments and Papers

	Lecture 10 - 12	Seminar 12 – 12:50
Week Two Jan 11	Introduction to Course, Expectations, Discussions of Topics, etc. Intro to Behavior Modification	Assignment 1: Bronfenbrenner – influences on behaviour
Week Three Jan 18	Observing and Recording Behavior Reinforcement Conditioned Reinforcement	Assignment 2 Naturalistic Observations and Interobserver Reliability – graphing change

Week Four Jan 25	Extinction Punishment Differential Reinforcement and Sick Social Cycle	Assignment 3 Case study analysis and applications
Week Five Feb 1	Putting it all together: Foundational Behaviour Concepts	Application of Procedures to Research Paper
Week Six Feb 8	Stimulus Control: Discrimination and Generalization Prompting and Transfer of Stimulus Control	Assignment 4 Case study analysis and applications
Week Seven Feb 15	Shaping Chaining Antecedent Control Procedures	Assignment 5 Application Exercises
Week Eight Feb 22	Putting it all together: Applying antecedents to behaviour	Application of Procedures to Research Paper
Week Nine March 1	Respondent Conditioning Fear and Anxiety Reduction Procedures	Assignment 6 Application Exercises
Week Ten March 8	Self-Management Behavioural Contracts Understanding Problem Behaviour Through Functional Assessment	Assignment 7 Application Exercises
Week Eleven March 15	Putting it all together: Functional Assessment Applied to Problem Behaviour	Assignment 8 Application Exercises
Week Twelve March 22	Habit Reversal Procedures Token Economy	Assignment 9 Application Exercises
Week Thirteen March 29	Cognitive Behaviour Modification and Mindfulness – Review of procedures and discussion of project	Assignment 10 Application Exercises
Week Fourteen April 5	No Class: EASTER MONDAY	FINAL PROJECT DUE BY FRIDAY APRIL 9TH, 4:00 PM

Grading System

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 rd course attempt or at the point of course completion.)
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

***Please feel free to email me or come to office hours if you need any extra help.

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services and on the College web site in the Policy Section.

Welcome to Psychology 164...I'm looking forward to a great term with you!