



**School of Arts & Science
PSYCHOLOGY DEPARTMENT**

**PSYC 120-01
Personal Growth and Development
Winter 2009**

COURSE OUTLINE - Revised

This course offers the student an academic and experiential introduction to models of personal growth. Topics include: psychoanalytic, behaviouristic, humanistic, and transpersonal approaches.

Ω Please note: this outline will be electronically stored for five (5) years only. It is strongly recommended students keep this outline for your records.

1. Instructor Information

(a)	Instructor:	Bill Wong, PhD		
(b)	Office Hours:	12:30-13:20 (M,T,W,Th); other times by appointment		
(c)	Office:	F106E		
(d)	Phone:	3347	Alternative Phone:	
(e)	Email:	wongw@camosun.bc.ca		
(f)	Website:	http://online.camosun.ca		

2. Intended Learning Outcomes

Upon completion of this course the student will be able to:

1. Explain how and why theories of human growth and personality are developed.
2. Describe the major theories in a manner that reflects a good understanding of the affiliated terms and concepts.
3. Examine critically the strengths, weaknesses and applicability of theories.
4. Explain how personality theories apply to one's own life.

3. Required Materials

- (a) Fadiman, J. & Frager, F. (2005). *Personality and personal growth*. Upper Saddle River, NJ: Pearson.
- (b) More to follow – will circulate or mention in class

4. Course Content and Schedule

- Course schedule
 - W, F 10:00-11:20, F306
 - See page 4 for course content

5. Basis of Student Assessment (Weighting)

Task	Important notes	Value
In class activities	<ul style="list-style-type: none"> Five (5) short in-class activities will be given throughout the course (dates listed on p. 4 of this syllabus) In-class activities are marked Pass/Marginal/Fail – up to 3% each You <u>must</u> be in attendance to participate - <u>no make-up opportunities</u> Instructions will be provided beforehand 	15%
Exam 1	<ul style="list-style-type: none"> Based on: class material, introduction, chaps 1 & 3 Questions requiring M/C & short answers Instructions will be provided January 30, 2009 	15%
Exam 2	<ul style="list-style-type: none"> Based on: class materials, chapters 4, 6, & 8 Questions requiring M/C & short answers March 4, 2009 	15%
Assignments	<ul style="list-style-type: none"> Instructions will be provided Two assignments: <ul style="list-style-type: none"> Assignment 1: due Feb 13 & Assignment 2: due Apr 1 see separate handout for guidelines there will be a 10% net per day penalty on late assignments (work submitted 2 days after deadline will not be accepted) 	30%
Final exam	<ul style="list-style-type: none"> Based on class materials, chaps 9, 11, PDF (Kelly), & 12 Date: set by Camosun 	25%
TOTAL		100%

6. Grading System

(No changes are to be made to this section, unless the Approved Course Description has been forwarded through EDCO for approval.)

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at camosun.ca for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. <i>(For these courses a final grade will be assigned to either the 3rd course attempt or at the point of course completion.)</i>
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services and on the College web site in the Policy Section.

8. Important information

College Policies	Camosun has policies on grading, academic offences, resolution procedures, and consequent sanctions. Please familiarize yourself with these policies (see 2008-2009 College calendar).
Attendance, assignments (e.g., papers) and exams	Attendance is important because it keeps you in contact with the course materials and any changes that may occur throughout the semester. A missed exam or assignment will result in a mark of zero. Unfortunately, make-up exams will not be offered. If there is a serious medical or compassionate reason that you would like considered, contact the instructor <u>before</u> the test or due date. Time management issues and competing priorities are NOT sufficient reasons. Documentation to support your claim is <u>always</u> required (e.g., physician's note explaining why you could not attend the exam). It is critical that you do <u>not</u> make any travel or other plans for the exam period until finals are set by the registrar's office. No alternate final exam date(s) will be offered.

9. Class Schedule

Date	Reading (before class)	Topic (note: exams and final based on text and class material)
Jan 7		<ul style="list-style-type: none"> • Course overview – answer questions
Jan 9	Introduction Chap 1	<ul style="list-style-type: none"> • Introduction: What is personality? • Freud
Jan 14		<ul style="list-style-type: none"> • Freud
Jan 16		<ul style="list-style-type: none"> • Freud
Jan 21	Chap 3	<ul style="list-style-type: none"> • In class activity #1 - Freud • Adler
Jan 23		<ul style="list-style-type: none"> • Adler
Jan 28		<ul style="list-style-type: none"> • Adler (conclude if needed) • In class activity #2 - Adler • Prepare for Exam 1
Jan 30		<ul style="list-style-type: none"> • Exam 1 – Introduction, chapters 1 & 3
Feb 4	Chap 4	<ul style="list-style-type: none"> • Horney
Feb 6		<ul style="list-style-type: none"> • Horney
Feb 11	Chap 6	<ul style="list-style-type: none"> • In class activity #3 - Horney • Erikson
Feb 13		<ul style="list-style-type: none"> • Assignment #1 due • Erikson
Feb 18	Chap 8	<ul style="list-style-type: none"> • Skinner
Feb 20		<ul style="list-style-type: none"> • <i>Reading break – no classes</i>
Feb 25		<ul style="list-style-type: none"> • Skinner
Feb 27		<ul style="list-style-type: none"> • Skinner
Mar 4		<ul style="list-style-type: none"> • Exam 2 – Chapters 4, 6, & 8
Mar 6	Chap 9	<ul style="list-style-type: none"> • Cognitive psychology
Mar 11		<ul style="list-style-type: none"> • Cognitive psychology
Mar 13		<ul style="list-style-type: none"> • Cognitive psychology • In class activity #4 - Cognitive
Mar 18	Chap 11	<ul style="list-style-type: none"> • Rogers
Mar 20		<ul style="list-style-type: none"> • Rogers
Mar 25	PDF chapter	<ul style="list-style-type: none"> • In class activity #5 - Rogers • Kelly
Mar 27		<ul style="list-style-type: none"> • Kelly
Apr 1		<ul style="list-style-type: none"> • Assignment #2 due • Maslow
Apr 3	Chap 12	<ul style="list-style-type: none"> • Maslow
Apr 8		<ul style="list-style-type: none"> • Course summary
TBA by Camosun		<ul style="list-style-type: none"> • Final exam on chaps 9, 11, PDF (Kelly), & 12 • Wait for exam date before making travel plans