



**School of Arts & Science
Psychology**

**Psyc 164: Behaviour Management
Fall, 2008**

COURSE OUTLINE

Instructor Information

Instructor: Katrina Gantly **Email:** gantly@camosun.bc.ca
Office hours: T/TH 12:30 – 2:30 PM **Website:** <http://sites.google.com/site/psychology164/>
Office: Fisher 314C
Office Phone: (250) 370-3202

Course Description and Intended Learning Outcomes

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

Upon completion of this course the student will be able to:

1. Articulate basic behaviour change principles and procedures.
2. Apply those principles and procedures.
3. Describe the factors influencing effective applications.
4. Describe potential pitfalls of ineffective applications.
5. Evaluate behaviour change programs, both scientifically and practically.

Recommended Materials

Texts: Miltenberger, R.G. (2008) Behavior Modification: Principles and Procedures (4th edition) Thomson Wadsworth.

Optional Materials: Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend. ***Important...due to the number of students coming and going during the first week of class, I will provide hard-copies of all notes and assignments. Invitations to the website will occur at the end of the first week.

Course Content and Schedule

Course Meeting Times:	Lecture	Tuesdays 9:30 – 11:20 in Fisher 202
	Seminar A	Thursdays 9:30 – 10:20 in Fisher 214
	Seminar B	Thursdays 10:30 – 11:20 in Fisher 214

Evaluation Methods:

1. **Tests:** There will be four of these in total, covering approximately 5-7 chapters each. They will not be cumulative. These tests will count for 12.5% each for a total of 50% from tests. Format for these tests will be a variation of 1/3 marks from

multiple choice, true/false, matching, etc., 1/3 marks from short answers (1-3 sentences long) and 1/3 marks from paragraph answers (5-7 sentences long).

2. Seminar Assignments: There will be 6 of these in total asking you to apply behavioural concepts to a case study (presented and completed in class). They count for 5% each toward your final grade for a total of 30% from assignments.

3. Research Paper: I will give you a separate detailed hand-out concerning the project and paper during the first seminar class. It will be worth 20% of your grade.

Summary of Evaluation:

Tests: 4 X 12.5% each = 50% of total grade
Assignments: 6 assignments X 5% each = 30% of total grade
Paper: 20% of total grade

Tentative Schedule of Topics, Tests, Assignments and Papers

	Lecture	Seminar
Week One Sept 2/4	Course Outline, Expectations, Introductions Chapter 1: Introduction to Behavior Modification	Naturalistic Observations and Interobserver Reliability – graphing change (Assignment 1)
Week Two Sept 9/11	Chapter 2: Observing and Recording Behavior Chapter 3: Graphing Behavior and Measuring Change Chapter 4: Reinforcement	Discussion of Research Paper and Project
Week Three Sept 16/18	Chapter 5: Extinction Chapter 6: Punishment Chapter 15: Differential Reinforcement Sick Social Cycle	Case study analysis and applications (Assignment 2)
Week Four Sept 23/25	Test One: Covering Chapters 1-6, 15 in text, web-notes and lecture material	Literature Review for Final Project
Week Five Sept 30/Oct 2	Chapter 7: Stimulus Control: Discrimination and Generalization Chapter 10: Prompting and Transfer of Stimulus Control	Case study analysis and applications (Assignment 3)
Week Six Oct 7/9	Chapter 9: Shaping Chapter 11: Chaining	Application Exercises (Assignment 4)
Week Seven Oct 14/16	Chapter 12: Behavioural Skills Training Procedures Chapter 13: Understanding Problem Behaviour Through Functional Assessment	Application Exercises (Assignment 5)
Week Eight Oct 21/23	Test Two: Covering Chapters 7, 9-13 in text, web-notes and lecture material	Applied Work for Final Project
Week Nine Oct 28/30	Chapter 8: Respondent Conditioning Chapter 24: Fear and Anxiety Reduction Procedures Chapter 20: Self-Management	Case Analysis and Applications (Assignment 6)

Week Ten Nov 4/6	Test Three: Covering Chapters 8, 20 and 24 in text, web-notes and lecture material	Behavioural Rationale and Formatting the Final Project
Week Eleven Nov 11/13	Remembrance Day: College Closed	No seminar: Self-directed – Final Paper
Week Twelve Nov 18/20	Chapter 21: Habit Reversal Procedures Chapter 22: Token Economy Chapter 23: Behavioural Contracts	Final Project Due
Week Thirteen Nov 25/27	Chapter 25: Cognitive Behaviour Modification	Presentation of Donations to Charity
Week Fourteen Dec 2	Test Four: Covering Chapters 22, 23 and 25 in text, web-notes and lecture material	

Grading System

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at camosun.ca for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. (For these courses a final grade will be assigned to either the 3 ^d course attempt or at the point of course completion.)

CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.
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7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

***Please feel free to email me or come to office hours if you need any extra help.

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services and on the College web site in the Policy Section.

[Welcome to Psychology 164...I'm looking forward to a great term with you!](#)