



**School of Arts & Science
PSYCHOLOGY DEPARTMENT**

**PSYC 164-001
Behaviour Management
Winter, 2008**

COURSE OUTLINE

Instructor Information

Instructor: Katrina Gantly

Email: gantly@camosun.bc.ca

Office hours: T/TH 9:00 AM – 11:30 PM

Website: <http://webct.camosun.bc.ca>

Office: Fisher 314F

Office Phone: (250) 370-3202

Course Description and Intended Learning Outcomes

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

Upon completion of this course the student will be able to:

1. Articulate basic behaviour change principles and procedures.
2. Apply those principles and procedures.
3. Describe the factors influencing effective applications.
4. Describe potential pitfalls of ineffective applications.
5. Evaluate behaviour change programs, both scientifically and practically.

Web CT

The course materials (web-notes, focus topics, course outline and grades) are available on my website, and were developed using webct. The first time you go to the site, please follow these steps:

- Type <http://webct.camosun.bc.ca> into your address bar
- A screen with a little graduate icon will appear in the left hand corner. Click on "Log in to my Web CT"
- A screen will appear that says "Web CT ID". In the box, enter your first name followed by a period, followed by your last name and the day you were born (no spaces!) For example, if I was born on the 24th I would log in as [katrina.gantly24](#) Beside "password" enter changeme
- Click log-in. It will prompt you to immediately change your password. Complete that, then log-in.
- A small information bar will appear along the top of the screen. It will say "Psyc 164: Instructor: Katrina Gantly". Click on the Psyc 164. This will take you to my homepage.

***After this, it is much simpler. You'll login using your name/birthdate and new password, it will immediately take you to the web-page.

***During the first two weeks of classes, students are often adding or dropping classes. In order to access WebCT, you must be registered in the course; therefore, if you are currently on the waitlist, it will take a few days to add you into the system. I will bring hardcopies of any documents

to class for you during these first two weeks. If you experience any difficulties logging into WebCT, please let me know right away and I'll help you in any way I can.

Required Materials

Texts: Miltenberger, R.G. (2008) Behavior Modification: Principles and Procedures (4th edition) Thomson Wadsworth.

Optional Materials: Web-notes from my website (listed above). They will be available as PowerPoint slides for students who are interested in printing out lecture material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/2 of the information presented in lecture, and do not include assignments, diagrams, practice examples, etc. Therefore, if you miss a class, please make sure that you can get the notes from a friend.

Course Content and Schedule

Course Meeting Times:	Lecture	Tuesdays 11:30 – 1:20 in Young 310
	Seminar A	Tuesdays 1:30 – 2:20 in Fisher 310
	Seminar B	Thursdays 11:30 – 12:20 in Wilna Thomas 201
	Seminar C	Thursdays 12:30 – 1:20 in Wilna Thomas 201

Evaluation Methods:

- 1. Tests:** There will be four of these in total, covering approximately 5-7 chapters each. They will not be cumulative. These tests will count for 12.5% each for a total of 50% from tests. Format for these tests will be a variation of 1/3 marks from multiple choice, true/false, matching, etc., 1/3 marks from short answers (1-3 sentences long) and 1/3 marks from paragraph answers (5-7 sentences long).
- 2. Seminar Assignments:** There will be 6 of these in total asking you to apply behavioural concepts to a case study (presented and completed in class). They count for 5% each toward your final grade for a total of 30% from assignments.
- 3. Research Paper:** I will give you a separate detailed hand-out concerning the project and paper during the first seminar class. It will be worth 20% of your grade.

Summary of Evaluation:

Tests:	4 X 12.5% each =	50% of total grade
Assignments:	6 assignments X 5% each =	30% of total grade
Paper:		20% of total grade

Tentative Schedule of Topics, Tests, Assignments and Papers

	Lecture	Seminar
Week One Jan 7-11	Course Outline, Expectations, Introductions Chapter 1: Introduction to Behavior Modification	Discussion of Research Paper and Project
Week Two	Chapter 2: Observing and Recording	

Jan 14-18	Behavior Chapter 3: Graphing Behavior and Measuring Change Chapter 4: Reinforcement	Naturalistic Observations and Interobserver Reliability – graphing change (Assignment 1)
Week Three Jan 21 - 25	Chapter 5: Extinction Chapter 6: Punishment Chapter 15: Differential Reinforcement Sick Social Cycle	Case study analysis and applications (Assignment 2)
Week Four Jan 28 – Feb 1	Test One: Covering Chapters 1-6, 15 in text, web-notes and lecture material	Literature Review for Final Project
Week Five Feb 4 - 8	Chapter 7: Stimulus Control: Discrimination and Generalization Chapter 10: Prompting and Transfer of Stimulus Control	Case study analysis and applications (Assignment 3)
Week Six Feb 11 - 15	Chapter 9: Shaping Chapter 11: Chaining	Application Exercises (Assignment 4)
Week Seven Feb 18 - 22	Chapter 12: Behavioural Skills Training Procedures Chapter 13: Understanding Problem Behaviour Through Functional Assessment	Application Exercises (Assignment 5)
Week Eight Feb 25 - 29	Test Two: Covering Chapters 7, 9-13 in text, web-notes and lecture material	Applied Work for Final Project
Week Nine Mar 3 -7	Chapter 8: Respondent Conditioning Chapter 24: Fear and Anxiety Reduction Procedures	Case Analysis and Applications (Assignment 6)
Week Ten Mar 10 - 14	Chapter 20: Self-Management Chapter 21: Habit Reversal Procedures	Applied Work for Final Project
Week Eleven Mar 17 - 21	Test Three: Covering Chapters 8, 20, 21 and 24 in text, web-notes and lecture material	Behavioural Rationale and Formatting the Final Project
Week Twelve Mar 24 - 28	Chapter 22: Token Economy Chapter 23: Behavioural Contracts	Final Project Due
Week Thirteen Mar 31 – Apr 4	Chapter 25: Cognitive Behaviour Modification	Presentation of Donations to Charity
Week Fourteen Apr 7 - 11	Test Four: Covering Chapters 22, 23 and 25 in text, web-notes and lecture material	

Grading System

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4

65-69	C+		3
60-64	C		2
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.	1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at camosun.ca for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that, due to design may require a further enrollment in the same course. No more than two IP grades will be assigned for the same course. <i>(For these courses a final grade will be assigned to either the 3^d course attempt or at the point of course completion.)</i>
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

***Please feel free to email me or come to office hours if you need any extra help.

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services and on the College web site in the Policy Section.

[Welcome to Psychology 164...I'm looking forward to a great term with you!](#)

