



**School of Arts & Science
PSYCHOLOGY DEPARTMENT
PSYC 256-001/X01
Introduction to Counselling
2007W**

COURSE OUTLINE

The Approved Course Description is available on the web @ _____

Ω Please note: this outline will be electronically stored for five (5) years only.
It is strongly recommended students keep this outline for your records.

1. Instructor Information

(a)	Instructor:	Kai-Lee A. Klymchuk		
(b)	Office Hours:	Wednesday 4:00-4:30; Thursday 4:30-5:30		
(c)	Location:	WT 226/F306		
(d)	Phone:	370 3221	Alternative Phone:	
(e)	Email:	klymchukk@camosun.bc.ca		
(f)	Website:			

2. Intended Learning Outcomes

(No changes are to be made to this section, unless the Approved Course Description has been forwarded through EDCO for approval.)

Upon completion of this course the student will be able to:

1. Demonstrate basic and advanced communication skills.
2. Conceptualize and evaluate counseling values, beliefs, attitudes and issues.
3. Conduct a structured interview within the context of a helping/counseling relationship.
4. Apply the Skilled Helper model in counseling or helping relationships.
5. Use self-awareness as an integral part of the helping process.

The outcomes will be measured by a combination of examinations, assignments, presentations, group work, and discussions.

3. Required Materials

(a)	Texts	Egan, G. (2002). <u>The skilled helper: A problem-management and opportunity-development approach to helping</u> (8 th ed.). Belmont, CA: Thomson Brooks/Cole.
(b)	Other	Shebib, B. (2003). <u>Choices: Interviewing and counselling skills for Canadians</u> (2nd ed.) (Library Toronto: Prentice Hall. Reserve) Atkinson, D.R., & Hackett, G. (2004). <u>Counseling diverse populations</u> (3rd ed.). New York: McGraw Hill.

4. Course Content and Schedule

(Can include: class hours, lab hours, out of class requirements and/or dates for quizzes, exams, lectures, labs, seminars, practicums, etc.)

DATE	TOPIC	READINGS	ASSIGNMENTS
Jan 11	Introduction to course and assignments		
Jan 18	The Skilled Helper Model; Issues in Professional Helping	Ch. 1-2	Choose Personal Change Project & Group Presentation Topics
Jan 25	The Helping Relationship	Ch. 3	PCP Selection – Submission Due
Feb 1	Active Listening	Ch. 4	
Feb 8	Reading Break- No Classes		
Feb 15	Empathy	Ch. 5	Tape #1 due; bring tape to class
Feb 22	Probing – Summarizing	Ch 6	
Mar 1	Exam #1 Challenging	Exam: Chs 1-6 Class: Ch. 7 & 8	
Mar 8	Difficult Clients	Ch 9	Tape #2 due; bring tape
Mar 15	Stage I – The Story	Ch 10	Group Meeting
Mar 22	Stage II – Goal-Setting	Ch 11 & 12	Presentation Outline Due Group Meeting
Mar 29	Stage III – Strategies	Ch 13	PCP Report due
April 5	Group Presentations		
April 12	Exam #2 Final Day of Class	Chs 7-13	

5. Basis of Student Assessment (Weighting)

(Should be linked directly to learning outcomes.)

(a)	Assignments	Skill Tape Exercises (2 @ 15 marks)= 30 marks Personal Change Project = 15 marks
(b)	Quizzes	
(c)	Exams	2 exams 20% x 2= 40 marks
(d)	Other (eg, Attendance, Project, Group Work)	Group Presentation on a Helping Issue = 15 marks

6. Grading System

(No changes are to be made to this section, unless the Approved Course Description has been forwarded through EDCO for approval.)

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
95-100	A+		9
90-94	A		8
85-89	A-		7
80-84	B+		6
75-79	B		5
70-74	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at camosun.ca or information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at camosun.ca for information on conversion to final grades, and for additional information on student record and transcript notations.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

--

There are a variety of services available for students to assist them throughout their learning. This information is available in the College calendar, at Student Services or the College web site at camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy **which includes plagiarism**. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, at Student Services and on the College web site in the Policy Section.

ADDITIONAL COMMENTS AS APPROPRIATE OR AS REQUIRED