



**School of Arts & Science  
Psychology**

**Psyc 164: Behaviour Management  
Winter, 2007**

---

**COURSE OUTLINE**

---

**Instructor Information**

**Instructor:** Katrina Gantly

**Email:** gantly@camosun.bc.ca

**Office hours:** W 9:30 AM – 1:30 PM

**Website:** <http://webct.camosun.bc.ca>

**Office:** Fisher 106E

**Office Phone:** (250) 370-3374

---

**Course Description and Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

Upon completion of this course the student will be able to:

1. Articulate basic behaviour change principles and procedures.
  2. Apply those principles and procedures.
  3. Describe the factors influencing effective applications.
  4. Describe potential pitfalls of ineffective applications.
  5. Evaluate behaviour change programs, both scientifically and practically.
- 

**Web CT**

The course materials (web-notes, focus topics, course outline and grades) are available on my website, and were developed using webct. The first time you go to the site, please follow these steps:

- Type <http://webct.camosun.bc.ca> into your address bar
- A screen with a little graduate icon will appear in the left hand corner. Click on "Log in to my Web CT"
- A screen will appear that says "Web CT ID" . In the box, enter your Camosun College student ID number (e.g. C0123456)
- Beside "password" enter changeme
- Click log-in. It will prompt you to immediately change your password. Complete that, then log-in.
- A small information bar will appear along the top of the screen. It will say "Psyc 164: Instructor: Katrina Gantly". Click on the Psyc 164. This will take you to my homepage.

\*\*\*After this, it is much simpler. You'll login using your camosun ID and new password, it will immediately take you to the web-page.

\*\*\*During the first week of classes, students are often adding or dropping classes. In order to access WebCT, you must be added to the course list by our distributed education team. Because this sometimes takes a few days, for the first week I will bring hardcopies of any documents to class for you. If you experience any difficulties logging into WebCT, please let me know and I'll help you in any way I can.

---

## Required Materials

**Texts:** Behavior Modification: What it is and How to Do It (8<sup>th</sup> edition) by Garry Martin and Joseph Pear. It is published by Prentice Hall and we will be using the 8<sup>th</sup> edition.

**Optional Materials:** Web-notes from my website (listed above). They will be available in MS Word format for students who are interested in printing out overhead material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/2 of the information presented in lecture. Therefore, if you miss a class, please make sure that you can get the notes from a friend.

---

## Course Content and Schedule

<b>Course Meeting Times:</b>	<b>Lecture</b>	<b>Tuesdays 1:30 – 2:20 in Young 310</b>
	<b>Seminar A</b>	<b>Tuesdays 2:30 – 4:20 in Fisher 200</b>
	<b>Seminar B</b>	<b>Thursdays 1:30 – 3:20 in Wilna Thomas 203</b>

### Evaluation Methods:

- 1. Tests:** There will be four of these in total, covering approximately 5/6 chapters each. They will not be cumulative. These tests will count for 15% each for a total of 60% from tests. Format for these tests will be a variation of 1/3 marks from multiple choice, true/false, matching, etc., 1/3 marks from short answers (1-3 sentences long) and 1/3 marks from paragraph answers (5-7 sentences long).
- 2. In-class Assignments:** There will be five of these in total asking you to apply behavioural concepts to a case study (presented in class). They will count for 5% each toward your final grade for a total of 25% from assignments.
- 3. Research Paper:** I will ask you to review three primary sources of research within the field of Behaviour Analysis, on a topic of your choosing. You will summarize these studies, then conduct a Functional Assessment of Behaviour on either your own or someone else's behaviour. Your findings, along with your article summaries, will be presented in a paper (approximately 5 pages) and will be worth 15% of your final grade.

### Summary of Evaluation:

<b>Tests:</b>	<b>4 X 15% each =</b>	<b>60% of total grade</b>
<b>Assignments:</b>	<b>5 assignments X 5% each =</b>	<b>25% of total grade</b>
<b>Paper:</b>		<b>15% of total grade</b>

Tentative Schedule of Topics, Tests, Assignments and Papers

	Lecture	Seminar
Week One Jan 9/11	Course Outline, Expectations, Introductions Chapter 1: Introduction	Naturalistic Observations
Week Two Jan 16/18	Chapter 3: Getting a Behaviour to Occur More Often with Positive Reinforcement Chapter 4: Developing and Maintaining Behaviour with Conditioned Reinforcement	Application Exercises
Week Three Jan 23/25	Chapter 5: Decreasing a Behaviour with Extinction Chapter 13: Establishing a Desirable Behaviour by Using Escape and Avoidance Conditioning	In-Class Assignment 1
Week Four Jan 30/Feb 1	Chapter 6: Developing Behavioural Persistence Through Intermittent Reinforcement  Catch up and Review Class	Test One: Covering Chapters 1, 3, 4, 5, 6 and 13 in text, web-notes and lecture material
Week Five Feb 6/8	Chapter 7: Types of Intermittent Reinforcement to Decrease Behaviour Chapter 12: Eliminating Inappropriate Behaviour Through Punishment	NO SEMINARS THIS WEEK FOR A OR B. READING BREAK
Week Six Feb 13/15	Chapter 8: Stimulus Discrimination and Stimulus Generalization Chapter 9: Developing Appropriate Behaviour with Fading	Application Exercises In-Class Assignment 2
Week Seven Feb 20/22	Chapter 10: Getting a New Behaviour to Occur: An Application of Shaping Chapter 11: Getting a New Sequence of Behaviours to Occur with Behavioural Chaining	Application Exercises In-Class Assignment 3
Week Eight Feb 27/Mar 1	Catch up and Review Class	Test Two: Covering Chapters 7- 12 in text, web-notes and lecture material
Week Nine Mar 6/8	Chapter 14: Respondent Conditioning Chapter 16: Generality of Behaviour Change	Application Exercises In-Class Assignment 4
Week Ten Mar 13/15	Chapter 15: Respondent and Operant Together Antecedent Control Procedures (based on Chapters 17 and 18)	Application Exercises In-Class Assignment 5

Week Eleven Mar 20/22	Chapter 24: Token Economies Catch up and Review	Test Three: Covering Chapters 14-18 and 24 in text, web-notes and lecture material
Week Twelve Mar 27/29	Behaviour and Functional Assessment (based on Chapters 19-21)	Application Exercises and Consultation re: Final Papers
Week Thirteen Apr 3/5	Chapter 22: Research in Behaviour Modification	Application Exercises Research Paper is Due
Week Fourteen Apr 10/12	Cognitive-Behavioural / Clinical Applications (based on Chapters 26 and 27)	Test Four: Covering Chapters 19-22, 26 and 27 in text, web-notes and lecture material

## Grading System

The following percentage conversion to letter grade will be used:

A+ = 95 - 100%	B = 75 - 79.49%	D = 50 - 59.49%
A = 90 - 94.49%	B- = 70 - 74.49%	F = 0.0 - 49.49%
A- = 85 - 89.49%	C+ = 65 - 69.49%	
B+ = 80 - 84%	C = 60 - 64%	

## Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Registrar's Office or the College web site at <http://www.camosun.bc.ca>

### ACADEMIC CONDUCT POLICY

There is an Academic Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

[www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html](http://www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html)

**[Welcome to Psychology 164...I'm looking forward to a great term with you!](#)**