

## School of Arts & Science Psychology

Psyc 164: Behaviour Management Fall, 2006

## **COURSE OUTLINE**

## **Instructor Information**

 Instructor:
 Katrina Gantly

 Office hours:
 W 9:30 – 11:30 AM

 F 10:30 – 11:30 AM
 Fisher 106E

 Office Phone:
 (250) 370-3374

Email: gantly@camosun.bc.ca

Website: http://webct.camosun.bc.ca

## **Course Description and Intended Learning Outcomes**

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bedwetting, tantrums, non-compliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

Upon completion of this course the student will be able to:

- 1. Articulate basic behaviour change principles and procedures.
- 2. Apply those principles and procedures.
- 3. Describe the factors influencing effective applications.
- 4. Describe potential pitfalls of ineffective applications.
- 5. Evaluate behaviour change programs, both scientifically and practically.

## Web CT

The course materials (web-notes, focus topics, course outline and grades) are available on my website, and were developed using webct. The first time you go to the site, please follow these steps:

- > Type http://webct.camosun.bc.ca into your address bar
- A screen with a little graduate icon will appear in the left hand corner. Click on "Log in to my Web CT"
- A screen will appear that says "Web CT ID". In the box, enter your Camosun College student ID number (e.g. C0123456)
- > Beside "password" enter changeme
- Click log-in. It will prompt you to immediately change your password. Complete that, then log-in.
- A small information bar will appear along the top of the screen. It will say "Psyc 164: Instructor: Katrina Gantly". Click on the Psyc 164. This will take you to my homepage.

\*\*\*After this, it is much simpler. You'll login using your camosun ID and new password, it will immediately take you to the web-page.

\*\*\*During the first week of classes, students are often adding or dropping classes. In order to access WebCT, you must be added to the course list by our distributed education team. Because this sometimes takes a few days, for the first week I will bring hardcopies of any documents to class for you. If you experience any difficulties logging into WebCT, please let me know and I'll help you in any way I can.

## **Required Materials**

**Texts:** Behavior Modification: What it is and How to Do It (8<sup>th</sup> edition) by Garry Martin and Joseph Pear. It is published by Prentice Hall and we will be using the 8<sup>th</sup> edition.

**Optional Materials:** Web-notes from my website (listed above). They will be available in MS Word format for students who are interested in printing out overhead material prior to class. Please note that in the event that I am unable to post the notes to the website at least 24 hours prior to class, that I will bring a hardcopy of the notes to class with me. It is important to state that web-notes ONLY cover information from overheads/Power Point...they represent only about 1/2 of the information presented in lecture. Therefore, if you miss a class, please make sure that you can get the notes from a friend.

## **Course Content and Schedule**

Course Meeting Times:	Wednesdays and Fridays 12:30 PM – 1:50 PM
Course Room:	Wed (Young 216) and Fri (Young 201)

#### Evaluation Methods:

- 1. Tests: There will be four of these in total, covering approximately 5/6 chapters each. They will not be cumulative. These tests will count for 15% each for a total of 60% from tests. Format for these tests will be 1/3 marks from multiple choice, true/false, matching, etc., 1/3 marks from short answers (1-3 sentences long) and 1/3 marks from paragraph answers (5-7 sentences long).
- 2. In-class Assignments: There will be five of these in total asking you to apply behavioural concepts to a case study (presented in class). They will count for 5% each toward your final grade for a total of 25% from assignments.
- 3. Research Paper: I will ask you to review three primary sources of research within the field of Behaviour Analysis, on a topic of your choosing. You will summarize these studies, then conduct a Functional Assessment of Behaviour on either your own or someone else's behaviour. Your findings, along with your article summaries, will be presented in a paper (approximately 5 pages) and will be worth 15% of your final grade.

#### Summary of Evaluation:

Tests:	4 X 15% each =	60% of total grade
Assignments:	5 assignments X 5% each =	25% of total grade
Paper:		15% of total grade

## Tentative Schedule of Topics, Tests, Assignments and Papers

Tentative Sch	edule of Topics, <mark>Tests</mark> , <mark>Assignments</mark> and	a Papers
Week One	Wednesday	Friday
Sept 6/8	Course Outline, Expectations, Introductions Chapter 1: Introduction	Chapter 3: Getting a Behaviour to Occur More Often with Positive Reinforcement
	Wednesday	Friday
Week Two Sept 13/15	Chapter 4: Developing and Maintaining Behaviour with Conditioned Reinforcement	Chapter 5: Decreasing a Behaviour with Extinction
Week Three	Wednesday	Friday
Sept 20/22	Chapter 13: Establishing a Desirable Behaviour by Using Escape and Avoidance Conditioning	Chapter 6: Developing Behavioural Persistence Through Intermittent Reinforcement
Week Feur	Wednesday	Friday
Week Four Sept 27/29	Catch up and Review Class In-Class Assignment 1	Test One: Covering Chapters 1, 3, 4, 5, 6 and 13 in text, web-notes and lecture material
	Wednesday	Friday
Week Five Oct 4/6	Chapter 7: Types of Intermittent Reinforcement to Decrease Behaviour	Chapter 12: Eliminating Inappropriate Behaviour Through Punishment
	Wednesday	Friday
	Chapter 8: Stimulus Discrimination and Stimulus Generalization	Chapter 9: Developing Appropriate Behaviour with Fading
	Wednesday	Friday
Week Seven Oct 18/20	Chapter 10: Getting a New Behaviour to Occur: An Application of Shaping In-Class Assignment 2	Chapter 11: Getting a New Sequence of Behaviours to Occur with Behavioural Chaining
	Wednesday	Friday
Week Eight Oct 25/27	Catch up and Review Class In-Class Assignment 3	Test Two: Covering Chapters 7- 12 in text, web- notes and lecture material
	Wednesday	Friday
Week Nine Nov 1/3	Chapter 16: Generality of Behaviour Change	Chapter 14: Respondent Conditioning
Wook Top	Wednesday	Friday
Week Ten Nov 8/10	Chapter 15: Respondent and Operant Coming Together	Antecedent Control Procedures (based on Chapters 17 and 18) In-Class Assignment 4
	Wednesday	Friday
Week Eleven Nov 15/17	Chapter 24: Token Economies	Catch up and Review In-Class Assignment 5
Wook Twoke	Wednesday	Friday
Week Twelve Nov 22/24	Test Three: Covering Chapters 14-18 and 24 in text, web-notes and lecture material	Behaviour and Functional Assessment (based on Chapters 19-21)
Week Thirteen	Wednesday	Friday
Nov 29/ Dec 1	Research Paper is Due Behaviour and Functional Assessment (based on Chapters 19-21)	Chapter 22: Research in Behaviour Modification
Wook Fourteen	Wednesday	Friday
Week Fourteen Dec 6/8	Cognitive-Behavioural / Clinical Applications (based on Chapters 26 and 27)	Test Four: Covering Chapters 19-22, 26 and 27 in text, web-notes and lecture material

## Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
95-100	A+		9
90-94	А		8
85-89	A-		7
80-84	B+		6
75-79	В		5
70-74	B-		4
65-69	C+		3
60-64	С		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

## **Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at **camosun.ca** or information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
cw	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy E-1.5 at **camosun.ca** for information on conversion to final grades, and for additional information on student record and transcript notations.

# Recommended Materials or Services to Assist Students to Succeed Throughout the Course

## LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Registrar's Office or the College web site at <a href="http://www.camosun.bc.ca">http://www.camosun.bc.ca</a>

## ACADEMIC CONDUCT POLICY

There is an Academic Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html

Welcome to Psychology 164...I'm looking forward to a great term with you!