

CAMOSUN COLLEGE PSYCHOLOGY DEPARTMENT  
PSYCHOLOGY 080  
INTRODUCTION TO PSYCHOLOGY

INSTRUCTOR Gary Anderson

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TEXT Sternberg, Robert. (1997). *Pathways to Psychology*. Fort Worth, TX: Harcourt Brace.

SCHEDULE M/W 1:00-2:00, repeats T/TH 6-7 on CKMO 103.1 FM or 102.1 FM Shaw Cable

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**GOAL** This course is an introduction to some of the more interesting areas of psychology. Hopefully the students will be encouraged to take further psychology courses after exploring various issues. A broad range of topics of interest to the students will be covered.

**FORMAT** There will be two 60 minute radio shows per week (24 shows in all) which will be a combination of lecture, interviews and discussion. Each show will cover several related topics in separate segments. The instructor will be available for questions and comments by Email, telephone, and in person at scheduled hours. Seminars will be scheduled periodically throughout the course.

<b>EVALUATION</b>	Research paper	20%
	Class assignments (6)	60%
	Final exam	20%

**RESEARCH PAPER** A three to four page paper on any topic of interest to the student from the field of psychology. Students are encouraged to consult the instructor about their topic choices.

**CLASS ASSIGNMENTS (6)** Class assignments will be similar to take home quizzes. Each quiz will cover the material in the assigned reading and from the radio shows. The assignments will be short answer (paragraph length) with 10 questions per assignment.

**FINAL EXAM** The final exam will be comprehensive (covering all of the course material) and will be on both the text readings and the radio shows.

Details for each assignment will be provided.

<b>GRADING</b>	A+	95-100	Superior levels of achievement
	A	90-94	
	A-	85-89	
	B+	80-84	High levels of achievement
	B	75-79	
	B-	70-74	
	C+	65-69	Satisfactory level
	C	60-64	
	D	50-59	Minimum level of achievement
	F	<50	

INTRODUCTION TO PSYCHOLOGY  
PSYCHOLOGY 080  
PROGRAM SCHEDULE

	Monday/Tuesday	Wednesday?Thursday
Week 1	Orientation Session	
Week 2	Introduction What is psychology? History of psychology?	Fields of psychology Humour Sports
Week 3	Schools of psychology 1 Psychodynamic Behaviourism Humanistic	Schools of psychology 2 Cognitive Biological Socio-cultural
Week 4	Brain How it works Brain study methods Brain damage	Perception and Learning How we see Subliminal perception Learning
Week 5	Memory How it works Amnesia Improving your memory	Intelligence What is it IQ and race science Artificial intelligence
Week 6	Mind-Body Mind-body relationship Stress Psychoneuroimmunology	Consciousness ESP Dreams Hypnosis
Week 7	Language Basis of language Animal language Linguistic relativity	Development 1 Twins Teratogens Attachment
Week 8	Development 2 Piaget Teen thinking Identity	Development 3 Adult development Aging Death and dying
Week 9	Abnormal 1 What is crazy Bipolar depression Autism	Abnormal 2 Phobias Idiot Savant Drug addiction
Week 10	Abnormal 3 Psychotherapy Behaviour modification Somatic therapy	Identity The self Self esteem Multiple personality
Week 11	Relationships Attraction and love Communication Conflict	Social Influence Obedience Cults Media
Week 12	Social psychology Prejudice Altruism Social change in Russia	Diversity Gender Homosexuality Cross cultural
Week 13	Psychology and the Arts Literature Art Music	Final Show Smoking Happiness Course review
Week 14	Final Exam to be scheduled	

READING AND ASSIGNMENTS

Monday

Wednesday

Assignments

Week 1			Orientation
Week 2	Introduction Ch 1, all	Fields of Psychology	
Week 3	Schools 1 Ch 12, p 351-364	Schools 2 Ch 12, p 364-372	
Week 4	Brain Ch 2, all	Perception and Learning Ch 4, p 108-112, p121-130 Ch 5, p 139-142 Ch 6, all	#1 due Mon.
Week 5	Memory Ch 7, all Ch 14, p 441	Intelligence Ch 9, p 253-274	Seminar Mon.
Week 6	Mind - Body Ch 15, p 448-465	Consciousness Ch 5, p 142-151	#2 due Mon.
Week 7	Language Ch 8, p 238-248	Development 1 Ch 3, p 70-89	
Week 8	Development 2 Ch 3, p 90-94	Development 3 Ch 3, p 95-96	#3 due Mon.
Week 9	Abnormal 1 Ch 13, all	Abnormal 2 Ch 5, p 151-158	
Week 10	Abnormal 3 Ch 14, all	Identity Ch 10, p 284-291 Ch 11, p 327-333 Ch 13, p 398-399	#4 due Mon.
Week 11	Relationships Ch 10, p 291-295	Social Influence Ch 10, p 295-304	
Week 12	Social Psychology Ch 10, p 304-313	Diversity Ch 11, p 322-324	#5 due Mon.
Week 13	Psychology & the Arts Ch 9, p 275-277	Review Show Ch 5, p 156 Ch 15, p 451	
Week 14			#6 due Mon.
Week 15	FINAL EXAM TBA		Research paper due Mon.

COURSE DATES