

COURSE SYLLABUS



COURSE TITLE:	SPMA300 Leadership in Sport and Fitness
CLASS SECTION:	Single section
TERM:	Fall 2022
COURSE CREDITS:	3
DELIVERY METHOD(S):	F2F

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME:	Michael Pardy
EMAIL:	pardym@camosun.bc.ca
OFFICE:	PISE building Level 3 Room 306A
HOURS:	Wednesdays 1230 to 1330 or by prior arrangement

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

PREREQUISITE(S):	A C or higher in either BUS150 or in KIN115
CO-REQUISITE(S):	N/A
EXCLUSION(S):	N/A

COURSE LEARNING OUTCOMES / OBJECTIVES

Students will examine a range of leadership styles and examine, develop and understand their own leadership philosophy and potential. Students will review and analyze the various ethical issues and philosophical perspectives related to sport and fitness, and link to leadership in the field. Students will identify and describe the conceptual and technical competencies considered essential to providing effective leadership in sport and fitness.

- Compare the main leadership types and styles and their related impact on individuals and diverse groups and cultures.

- Describe the concept of emotional intelligence and the link to effective leadership skills and qualities.
- Identify and articulate their own desired personal style of leadership and the steps or process involved in developing those skills and qualities.
- Outline and critique the current ethical approaches in sport and fitness with respect to acceptable professional behaviors.
- Identify and articulate various leadership styles globally.
- Identify and analyze the relationship between ethics and leadership.
- Demonstrate personal understanding of leadership traits required of leaders to appreciate diversity and conflict management in a globally connected world.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Burton, L., Borland, J and Kane, G. (2020). Sport leadership in the 21st. Jones & Bartlett Learning. Burlington, MA

The text is available in print and as an ebook through the Camosun bookstore.

Additional readings and resources will be assigned throughout the course and made available through the D2L site.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Classes are scheduled as follows:

- Wednesdays 1030 to 1220 in CBA209
- Fridays 1030 to 1220 in PISE329B

Dates	Topics	Readings and Notes	Activities and Assignments
	Introduction and Overview		
Week 1 Sept 5-11	Leadership in context Introduce Mindfulness Challenge and Training Buddies		
Week 2 Sept 12-18	Eras of leadership theory Leadership in the 21 st century The leadership way	Burton et al Ch 1, 2, 3	Mindfulness Challenge begins September 12
	The Personal Side of Leadership		
Week 3 Sept 19-25	The personal side of leadership <ul style="list-style-type: none"> • Personality • Self-awareness • Values and attitudes Leading with the heart and the mind <ul style="list-style-type: none"> • Mental models 		Complete the following assessment: <ul style="list-style-type: none"> • ITPmetrics Personality Assessment Weekly Mindfulness Challenge Logs (Week 1) due September 21 in class

Dates	Topics	Readings and Notes	Activities and Assignments
	<ul style="list-style-type: none"> Systems thinking Personal mastery Emotional intelligence Developing a leader' mind – reflective action Introduce Field-side Chat including setting up groups		
Week 4 Sept 26-Oct 2	Courage and moral leadership <ul style="list-style-type: none"> Ethics and ethical dilemmas Ethical decision-making Leading up and down <ul style="list-style-type: none"> Followership 	Burton et al Ch 6	Weekly Mindfulness Challenge Logs (Week 2) due September 28 in class
Leadership as Relationship			
Week 5 Oct 3-9	Leading teams <ul style="list-style-type: none"> Motivation Communication Power and influence 	Burton et al Ch 4, 10	Weekly Mindfulness Challenge Logs (Week 3) due October 5 in class
Week 6 Oct 10-16	The dark side of leadership <ul style="list-style-type: none"> Pathologies of leaders and followers 		Weekly Mindfulness Challenge Logs (Week 4) due October 12 in class
Leadership as Social Architect			
Week 7 Oct 17-23	Creating vision and strategic direction Shaping culture and values Leading change	Burton Ch 7, 8, 9	Weekly Mindfulness Challenge Logs (Week 5) due October 19 in class
Week 8 Oct 24-30	Leadership and crisis management	Burton et al Ch 5	Weekly Mindfulness Challenge Logs (Week 6) due October 26 in class
Week 9 Oct 31-Nov 6	TBD Flex Week		Weekly Mindfulness Challenge Logs (Week 7) due November 2 in class
Issues and Applications in Leadership in Sport and Fitness			
Week 10 Nov 7-13	Sport and politics <ul style="list-style-type: none"> Nationalism Peace building Development 	Burton et al Ch 11	Weekly Mindfulness Challenge Reflection Due November 13 th online
Week 11 Nov 14-20	Identity, diversity and inclusion <ul style="list-style-type: none"> Race Genders Abilities 	Burton et al Ch 12, 13, 14	
The Leadership Challenge			
Week 12 Nov 21-27	Field-side Chat Team Presentations The Leadership Challenge <ul style="list-style-type: none"> Model the way Inspire a shared vision 		Field-side Chat with and Exemplary Leader Due November 23 rd in class presentations

Dates	Topics	Readings and Notes	Activities and Assignments
	<ul style="list-style-type: none"> Challenge the process Enable others to act Encourage the heart 		
Week 13 Nov 28-Dec 4	The Leadership Challenge continue		
Week 14 Dec 5-11	Review		Leadership Quest Due December 11 online

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION		WEIGHTING
Professionalism and Contributions to our Learning Community (Individual)	Ongoing	10%
Mindfulness Challenge (Individual)	Weeks 2-9	30%
Field-side Conversation with an Exemplary Leader (Group)	Week 12	30%
Leadership Quest (Individual)	Week 14	30%
	TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

See D2L

SCHOOL OR DEPARTMENTAL INFORMATION

N/A

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College

property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your

courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures"

(<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of

when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.