

COURSE SYLLABUS



COURSE TITLE: PSYC-250-Psychopathology

CLASS SECTION:

TERM: 2024F

COURSE CREDITS: 3

DELIVERY METHOD(S): on campus

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Ləkʷəŋən (Songhees and Kosapsum) and WSÁNEĆ peoples. We honour their knowledge and welcome to all students who seek education here.

INSTRUCTOR DETAILS

NAME: Cate Pelling, MA, R.C.C.

EMAIL: pellingc@camosun.ca

OFFICE: Fisher 308B

HOURS: Tuesdays 1:50 - 2:20 pm; Fridays 11:45 – 12:15 pm or by appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

This introductory course on abnormal psychology includes a modern integration of theoretical perspectives, classification of psychological disorders, specific disorders (anxiety, mood, sexual, schizophrenia, personality, substance-abuse related), assessment, and treatment methods. Students have access to study material and exercises via computers/internet.

PREREQUISITE(S):

All of:

C in PSYC 110

And one of:

C in PSYC 120

C in PSYC 130

C in PSYC 164

C in PSYC 171

CO-REQUISITE(S):

EQUIVALENCIES:

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

Explain the history of abnormal psychology (psychopathology) and the Canadian Mental Health System.

Describe the current paradigms and theories that aim to explain the cause and treatment of mental disorders.

Explain the nature of the Diagnostic and Statistical Manual and the classification of mental disorders.

Describe procedures and methods of assessing mental health.

Describe current research methods used in the study of abnormal psychology.

Describe current models of cause and treatment for the following categories of mental disorders: anxiety, somatoform, eating, mood, schizophrenic, substance-abuse, personality, sexual and gender disorders.

Identify key concepts in the field of health psychology and psycho-neuro-immunology.

Describe the relationship between the field of abnormal psychology (psychopathology) and the Canadian legal and criminal justice systems.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Text: Barlow, D.H., Durrand, V.M., Hoffman, S.G., Lalumiere, M.L. (2023). *Psychopathology: An Integrative Approach to Understanding, Assessing, and Treating Psychological Disorders* (7th Canadian Edition). Toronto, Ontario, Nelson Education

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

DATES	TOPIC	READING & ACTIVITY
Sept 3	Introduction	
Sept 6	Psychopathology in Historical Context	Chapter 1

DATES	TOPIC	READING & ACTIVITY
Sept 10	An Integrative Approach to Psychopathology	Chapter 2
Sept 13	Mental Health and the Law	Chapter 17
Sept 17	Clinical Assessment & Diagnosis	Quiz #1 Chapter 3
Sept 20	Clinical Assessment & Diagnosis	Chapter 3
Sept 24	Anxiety	Lab #1 (I) Chapter 5
Sept 27	Anxiety	Chapter 5
Oct 1	Mood Disorders	Quiz #2 Chapter 8
Oct 4	Mood Disorders	Chapter 8
Oct 8	Pre-occupation & Obsession	Lab #2 (G) Chapter 6
Oct 11	Pre-occupation & Obsession	Chapter 6
Oct 15	Trauma and Dissociation	Quiz #3 Chapter 7
Oct 18	Trauma and Dissociation	Chapter 7
Oct 22	MIDTERM (Chapters 1-3, 5-8 & 17)	
Oct 25	Substance-Use & Impulse Control	Chapter 12
Oct 29	Substance-Use & Impulse Control	Lab 3 (I) Chapter 12
Nov 1	Personality	Chapter 13
Nov 5	Personality	Chapter 13
Nov 8	Research Block	
Nov 12	Psychosis	Quiz #4 Chapter 14
Nov 15	Psychosis	Lab #4 (G) Chapter 14

DATES	TOPIC	READING & ACTIVITY
Nov 19	Eating Disorders	Chapter 9
Nov 22	Eating Disorders	Chapter 9
Nov 26	Sexual Dysfunction & Paraphilic Disorders (pp 314-341)	Chapter 11
Nov 29	Sleep Disorders	Quiz #5 Chapter 10
Dec 3	Class Presentations	Research Assignment due
Dec 6	Class Presentations	
	<i>Final Exam: Scheduled during the exam period</i>	

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Research Assignment	10%
Class Presentation	5%
Quizzes (best four of five quizzes)	20%
Midterm	23%
Final Exam	17%
Four labs	20%
Participation	5%
	TOTAL
	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

Examinations and Quizzes:

There is a midterm and a final examination in this course. The exams are comprised of multiple choice questions, T/F questions, matching questions, and short answer/fill in the blank questions. The exams may also include questions **based on class activities and exercises**. The midterm is based on the first seven chapters covered in the course; the final exam is based on final six chapters covered in the course.

There are five quizzes in the course. **There are no make-up quizzes.** *Students who miss a quiz need to communicate with the instructor before the next class.* Quizzes are based on specific chapters. The best four of five quiz marks will make up 20% of the final grade. Students are encouraged to take advantage of practice quizzes available online from the textbook publisher.

Labs:

There are four labs in the course. ***Two group labs and two individual labs.*** All four labs count toward your final grade. Labs are due at the beginning of the class on assigned due dates. Labs need to be typewritten and should be approximately 750 words in length.

Research Assignment:

Students will identify a research topic focused on a chapter in the textbook. The instructor ***must*** approve a research topic before the student begins their research.

Some class time has been set aside for students to conduct their research.

Students will identify 7 academic references relevant to their research topic and provide a brief (one or two paragraph) synopsis of each academic paper. **This write-up is due at the start of class on Dec 3rd.**

During the first week of December, students will do an informal 5 minute presentation of their research findings.

While students may send an electronic copy of a lab or research assignment to meet a deadline, **a hard copy is required for marking purposes.**

Late assignments will be penalized 3% per day. Assignments submitted more than a week after the due date will not be accepted unless there is a documented reason for the late submission.

A marking rubric will be provided in advance for all of the labs and for the research assignment.

Participation

5% Participation mark is based on:

- attendance
- attentiveness in class
- respectful behavior and conduct toward others and being mindful of the shared learning environment
- participation in class activities
- being prepared for class (doing course readings before class; D2L content)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre
Career Services	camosun.ca/services/co-operative-education-and-career-services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student-services
International Student Support	camosun.ca/international
Learning Skills	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	camosun.ca/services/office-student-support
Ombudsperson	camosun.ca/services/ombudsperson
Registration	camosun.ca/registration-records/registration
Technology Support	camosun.ca/services/its
Writing Centre	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

Camosun College is committed to achieving full accessibility for persons with disabilities. Part of this commitment includes arranging appropriate academic accommodations for students with disabilities to ensure they have an equitable opportunity to participate in all of their academic activities. If you are a student with a documented disability and think you may need accommodations, you are strongly encouraged to contact the Centre for Accessible Learning (CAL) and register as early as possible. Please visit the CAL website for more information about the process of registering with CAL, including important deadlines:

<https://camosun.ca/cal>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal (see [Medical/Compassionate Withdrawals policy](#)). Please visit <https://camosun.ca/services/forms#medical> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education.

To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the change

