

COURSE SYLLABUS



COURSE TITLE: PSYC-250: Psychopathology

CLASS SECTION: 001

TERM: Fall 2023

COURSE CREDITS: 3

DELIVERY METHOD(S): on campus

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

INSTRUCTOR DETAILS

NAME: Cate Pelling

EMAIL: pellingc@camosun.ca

OFFICE: Fisher 308B

HOURS: Tuesdays 11:30 am – 12:30 pm, Fridays 11:00 am – 12 noon, or by appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

This introductory course on abnormal psychology includes a modern integration of theoretical perspectives, classification of psychological disorders, specific disorders (anxiety, mood, sexual, schizophrenia, personality, substance-abuse related), assessment, and treatment methods. Students have access to study material and exercises via computers/internet.

PREREQUISITE(S):

All of:

- C in PSYC 110

And one of:

- C in PSYC 120; C in PSYC 130; C in PSYC 164; C in PSYC 171

CO-REQUISITE(S):

Not Applicable

EXCLUSION(S):

Not Applicable

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

1. Explain the history of abnormal psychology (psychopathology) and the Canadian Mental Health System.
2. Describe the current paradigms and theories that aim to explain the cause and treatment of mental disorders.
3. Explain the nature of the Diagnostic and Statistical Manual and the classification of mental disorders.
4. Describe procedures and methods of assessing mental health.
5. Describe current research methods used in the study of abnormal psychology.
6. Describe current models of cause and treatment for the following categories of mental disorders: anxiety, somatoform, eating, mood, schizophrenic, substance-abuse, personality, sexual and gender disorders.
7. Identify key concepts in the field of health psychology and psycho-neuro-immunology.
8. Describe the relationship between the field of abnormal psychology (psychopathology) and the Canadian legal and criminal justice systems.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Text: Barlow, D.H., Durrand, V.M., Hoffman, S.G., Lalumiere, M.L. (2023). *Psychopathology: An Integrative Approach to Understanding, Assessing, and Treating Psychological Disorders* (7th Canadian Edition). Toronto, Ontario, Nelson Education

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

DATES	TOPIC	READING & ACTIVITY
Sept 5	Introduction	
Sept 8	Psychopathology in Historical Context	Chapter 1
Sept 12	An Integrative Approach to Psychopathology	Chapter 2
Sept 15	Mental Health and the Law	Chapter 17
Sept 19	Clinical Assessment & Diagnosis	Quiz #1 Chapter 3
Sept 22	Clinical Assessment & Diagnosis	Chapter 3
Sept 26	Anxiety	Lab #1 (I) Chapter 5
Sept 29	Anxiety	Chapter 5
Oct 3	Mood Disorders	Quiz #2 Chapter 8

DATES	TOPIC	READING & ACTIVITY
Oct 6	Mood Disorders	Chapter 8
Oct 10	Pre-occupation & Obsession	Lab #2 (G) Chapter 6
Oct 13	Pre-occupation & Obsession	Chapter 6
Oct 17	Trauma and Dissociation	Quiz #3 Chapter 7
Oct 20	Trauma and Dissociation	Chapter 7
Oct 24	MIDTERM (Chapters 1-3, 5-8 & 17)	
Oct 27	Substance-Use & Impulse Control	Chapter 12
Oct 31	Substance-Use & Impulse Control	Lab 3 (I) Chapter 12
Nov 3	Personality	Chapter 13
Nov 7	Personality	Chapter 13
Nov 10	Research: Final Paper	
Nov 14	Psychosis	Quiz #4 Chapter 14
Nov 17	Psychosis	Lab #4 (G) Chapter 14
Nov 21	Eating Disorders	Chapter 9
Nov 24	Eating Disorders	Chapter 9 Final Paper Reference List
Nov 28	Sexual Dysfunction & Paraphilic Disorders (pp 314-341)	Chapter 11
Dec 1	Sleep Disorders	Quiz #5 Chapter 10
Dec 5	Class Presentations	
Dec 8	Class Presentations	
Dec 12	Final Paper Due at noon	

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Final Paper	20%
Research Question/Reference List	5%
5 minute presentation	5%
Quizzes (best four of five quizzes)	20%
Midterm	25%
Four labs	20%
Participation	5%
	TOTAL
	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

Examinations and Quizzes:

There is 1 midterm examination in this course. It is comprised of multiple choice questions, T/F questions, matching questions, and short answer/fill in the blank questions. The midterm may also include questions **based on class activities and exercises**. The midterm is worth 25% of the final grade.

There are five quizzes in the course. **There are no make-up quizzes. Students who miss a quiz need to communicate with the instructor before the next class.** Quizzes are based on specific chapters. The best four of five quiz marks will make up 20% of the final grade. Students are encouraged to take advantage of practice quizzes available online from the textbook publisher.

Labs:

There are four labs in the course. **Two group labs and two individual labs.** All four labs count toward your final grade. Labs are due at the beginning of the class on assigned due dates. Labs need to be typewritten and should be approximately 750 words in length. Some class time will be set aside for students to work on their labs.

Final Paper: 2500-3000 words; APA. This is an academic/research-based paper on a topic of your choice. The paper is due during the first week of final exams but students may submit the paper before the due date.

Students will identify their paper topic and submit a preliminary reference list for their final paper on Nov 24th. This submission is worth 5% of your final grade.

On Dec 5th and 8th, students will provide an informal 5-minute presentation to the class in which they provide an overview of their research.

While students may send an electronic copy of a lab assignment or final paper to meet a deadline, **a hard copy is required for marking purposes.**

Late assignments will be penalized 3% per day. Assignments submitted more than a week after the due date will not be accepted unless there is a documented reason for the late submission.

Participation

5% Participation mark is based on:

- attendance
- attentiveness in class
- respectful behavior and conduct toward others and being mindful of the shared learning environment
- participation in class activities
- being prepared for class (doing course readings before class; D2L content)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/

Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information, see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

Changes to this syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.