

# COURSE SYLLABUS



COURSE TITLE: PSYC-250: Psychopathology

CLASS SECTION: 001

TERM: Winter 2022

COURSE CREDITS: 3

DELIVERY METHOD(S): On campus

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

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For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>

*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Cate Pelling, MA, R.C.C.

EMAIL: [pellingc@camosun.ca](mailto:pellingc@camosun.ca)

OFFICE: F308B

HOURS: Wednesday 1:30-2:20 pm; Friday 12:30- 1:30 pm; Thursdays 12:30-1:30 pm (at Interurban) or by appointment

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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This introductory course on abnormal psychology includes a modern integration of theoretical perspectives, classification of psychological disorders, specific disorders (anxiety, mood, sexual, schizophrenia, personality, substance-abuse related), assessment, and treatment methods. Students have access to study material and exercises via computers/internet.

PREREQUISITE(S):

CO-REQUISITE(S):

Not Applicable

EXCLUSION(S):

Not Applicable

## COURSE LEARNING OUTCOMES / OBJECTIVES

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Upon completion of this course a student will be able to:

1. Explain the history of abnormal psychology (psychopathology) and the Canadian Mental Health System.
2. Describe the current paradigms and theories that aim to explain the cause and treatment of mental disorders.
3. Explain the nature of the Diagnostic and Statistical Manual and the classification of mental disorders.
4. Describe procedures and methods of assessing mental health.
5. Describe current research methods used in the study of abnormal psychology.
6. Describe current models of cause and treatment for the following categories of mental disorders: anxiety, somatoform, eating, mood, schizophrenic, substance-abuse, personality, sexual and gender disorders.
7. Identify key concepts in the field of health psychology and psycho-neuro-immunology.
8. Describe the relationship between the field of abnormal psychology (psychopathology) and the Canadian legal and criminal justice systems.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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Text: Barlow, D.H., Durrand, V.M., Hoffman, S.G., Lalumiere, M.L. (2021). *Abnormal Psychology: An Integrative Approach* (6<sup>th</sup> Canadian Edition). Toronto, Ontario, Nelson Education

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK or DATE RANGE	TOPIC	READING & ACTIVITIES
Jan 12	Introduction	
Jan 19	Abnormal Behavior in a Historical Context Mental Health: Legal & Ethical Issues	Chapters 1 & 17
Jan 26	An Integrative Approach to Psychopathology Clinical Assessment & Diagnosis	Chapters 2 & 3 <b>QUIZ #1</b>
Feb 2	Anxiety	Chapter 5 <b>QUIZ #2</b> <b>Lab #1 (I)</b>
Feb 9	Mood Disorders & Suicide	Chapter 8 <b>QUIZ #3</b>
Feb 16	Obsession, Trauma, and Dissociation	Chapters 6 & 7 <b>Lab #2 (G)</b>

WEEK or DATE RANGE	TOPIC	READING & ACTIVITIES
Feb 23	<i>READING WEEK</i>	
Mar 2	<b>MIDTERM (chapters 1-3; 5-8; 17)</b>	
Mar 9	Sex and Gender	Chapter 11
Mar 16	Substance Use & Impulse Control	Chapter 12 <b>Lab #3 (I) Bonus ?</b>
Mar 23	Personality	Chapter 13 <b>QUIZ #4</b>
Mar 30	Eating & Sleeping	Chapters 9 & 10 <b>Lab #4 (G)</b>
Apr 6	Psychosis	Chapter 14 <b>QUIZ #5</b>
Apr 13	Class Presentations	<b>QUIZ #6</b>

**\*\*\*\*Final Paper due at 2:30 pm on April 20th\*\*\*\***

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## EVALUATION OF LEARNING

DESCRIPTION		WEIGHTING
Assignments	Final Paper + 5 min presentation	25%
Quizzes	Best five of six quizzes	25%
Exams	Midterm	25%
Labs	Four labs	20%
Participation		5%
	<b>TOTAL</b>	<b>100%</b>

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](#) policy for more information.

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

## COURSE GUIDELINES & EXPECTATIONS

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### Examinations and Quizzes:

There is 1 midterm examination in this course. It is comprised of multiple choice questions, T/F questions, matching questions, and short answer/fill in the blank questions. The midterm may also include questions **based on class activities and exercises**. The midterm is worth 25% of the final grade.

There are six quizzes in the course. **There are no make-up quizzes. *Students who miss a quiz must communicate with the instructor before the next class.*** Quizzes are based on specific chapters. The best five of six quiz marks will make up 25% of the final grade. Students are encouraged to take advantage of practice quizzes available online from the text publisher.

### Labs:

There are four labs in the course. ***Two group labs and two individual labs.*** All four labs count toward your final grade. Labs are due at the beginning of the class on assigned due dates. Labs need to be typewritten and should be 500-750 words in length.

**Final Paper:** 2500-3000 words; APA. This is an academic/research-based paper on a topic of your choice. The paper is due during the first week of final exams but it may be submitted before the due date. Students will also do a brief overview of their research paper in a 5 minute presentation to the class.

While students may send an electronic copy of a lab or final paper to meet a deadline, ***a hard copy is required for marking purposes.*** Late assignments will be penalized 3% per day. Assignments submitted more than a week after the due date will not be accepted unless there is a documented reason for the late submission.

### Participation

5% Participation mark is based on:

- attendance
- attentiveness in class
- respectful behavior and conduct toward others and being mindful of the shared learning environment
- participation in class activities
- being prepared for class (doing course readings before class; D2L content)

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/services/accessible-learning/) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized

Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.